I strik even so the note at. I had rayseria cupie 60 spearing to an June will serve.

as the must with be that D' Heran ind make a fermal appeal to con (as on the occasion) In las here in the war. I get geing to wa Have + Stary with trang the carrie expents belonging to the Marine out vac stag tay a to That was the regular Elteran , as the office wistemental in collecting the for a two ways

BarA!

don't work a light.

Cas 1/8/23. et once.

1 2.2.

1/911/23

a silly guerrel between & Haran Magastinay. they ahow have

any acut of Dr.

parais put n

juling the of?

S. Jaran nos activo

Kut out the wichles Vojar as I can

Lu, ha, uo claim

gra &. Haran ) or the of of oramics.

many con we

ungged only

init want to be

Amo when he

they be the us to butter upon When the at you the Shacen the 65 house gre, and 6 ukita dai gadi letter with enclosure to give Than the land Whatemains for

Lange Lange Con le par What fire there was entita oppingue the 65 hours 420, and 6 1914 comme to my free Shave the lan letter with enclosure

Emily the use both way Win sax dies sacque 1914 come to by the same the 65 hound 420, and 6 enkita op in grandin I have the land Lette with enclosure has

though by feel were 8 permitted & dear ent the publisher Whom the R. the mandragifts prior to their being offered " the graves of the Regard Comy hadeal Cotte " for form of the You want Chicagoute 3. Their arricebilty an annut of morale. will peor of interest may be deduced from will be assummented which can . Sypus the fact that it is already being drawn as a formed and as that of Jubical bushers. Thyfine under the respective rames of these be published . Egother with my Ciarles , in Whe have furnished raplice. That end

me helind bush V. L. Vaux.

10. The huden Waselany zolace.

A the hatin Tithen of Butter East office.

in termetion with a sound contribution

entitled "Mabile, (watering, o hustro of Kife

( no Rouge Colony) " Mich has to delle,

# EAST AFRICA PROTECTORATE.

## MPORTANT.

P. M. O's Office,

Nairobi.

29th October, 1917.

- Of other

I have the honour to inform you that I would feel very grateful were you to favour this office with what details you can on the following points in reference to such East African tribes dwelling on their own tribal lands or reserves as you have knowledge of If you are acquainted with the customs and needs of more than one tribe—as you, no doubt, are—I would be greatly obliged if you would kindly tabulate your information accordingly:—

## I. Dwellings.

How do members of the tribe live? Do families occupy one bouse or hull or a number? In the latter case, does more than one family occup, any one village? Of what materials are the houses (or hull) built? Are they lighted and ventilated? How are the villages laid out? What lattine arrangements exist? How is garbage and waste unsposed of?

How is food stored? Is any food allowed to be about the buts or houses? Are dependents maintained and, if so, are these related or not to these patrons? How are livestock and poultry housed?

Do you consider that the villages of the tribe can be full out and the houses arranged on a better plan than what now obtains, or that the condition of their immediate surroundings can be improved? Can their food stores be made rat-proof?

### II. Disease.

What is the attitude of the members of the tribe towards infectious disease? Are precautions practised in regard to it?

What are the prevailing diseases amongst the tribe?

Is venereal disease prevalent? When did it make its first appearance? Is its significance and possible consequence understood?

Can you give a list of the domestic medicines used by the tribe? Do Medicine Men exist and if so, have they much influence? If the latter, do they take any prominent part in coremonics? Are they controlled by the Chiefs in whose territories they reside? Do they teach any Theological system and, if so, what is its nature?

Have visitors or returning labourers been known to have introduced disease into the tribal community and, if so, of what nature?

## III. Disposal of the Dead.

How are the dead disposed of? Are Chiefs, Elders, men women, or children buried and, if so, in what manner? Do any coremonies take place in connection with these matters?

What do you estimate the take rate of the tribe to be and what are its chief causes?

Has the tribe any opinions on the subject of after existence and, if so, of what nature? Do any views obtain regarding the attitude of the dead towards the living?

What do you think is the usual length of life of the men and women of the tribe? How does the tribe regard deformed members, or are such not reared?

## EAST AFRICA PROTECTORATE.

## MPORTANT.

P. M. O's Office,

Nairobi,

29th October, 1917.

Sir.

I have the honour to inform you that I would feel very grateful were you to favour this office with what details you can on the following points in reference to such East African tribes dwelling on their own tribal lands or reserves as you have knowledge of. If you are acquainted with the customs and needs of more than one tribe—as you, no doubt, are—I would be greatly obliged if you would kindly tabulate your information accordingly.

### I. Dwellings.

How do members of the tribe live? Do families occupy one house (or hut) or a number? In the latter case, does more than one family occup, any one village? Of what mell are the houses for huts built? Are they lighted and ventilated? How are the villages and out? What lattine arrangements exist?? How is garbage and water disposed of?

How is food stored? Is any food allowed to its about the huts or houses? An dependents maintained and, if so, are these related or not to their patrons?—How are livestock and poultry housed?

Do you consider that the villages of the tribs can be into and the bouses arranged as a better plan than what now obtains, or that the condition of their immediate surroundings can be improved? Can their food stores be made ret-proof?

#### II. Disease.

What is the attitude of the members of the tribe towards infectious disease? Are precautions practised in regard to it?

What are the prevailing diseases amongst the tribe?

Ly venereal disease prevalent? When did it make its first appearance? Is its significance and possible consequence understood?

Can you give a list of the domestic medicines used by the tribe? Do Medicine Men exist and, if so, have they much influence? If the latter, do they take any prominent part in ceremonies? Are they controlled by the Chiefs in whose territories they reside? Do they teach any Theological system and, if so, what is its nature?

Have visitors or returning labourers been known to have introduced disease into the tribal community and, if so, 37 what nature?

## III. Disposal of the Dead.

How are the dead disposed of? Are Chiefs, Elders, men women, or children buried and, if so, in what manner? Do any coremonies take place in connection with these matters?

What do you estimate the date rate of the tribe to be and what are its chief causes?

Has the tribe any opinions on the subject of after existence and, if so, of what nature? Do any views obtain regarding the attitude of the dead towards the living?

What do you think is the usual length of life of the men and women of the tribe? How does the tribe regard deformed members, or are such not reared?

## IV. Fertility.

What is the estimated birth-rate of the tribe and what is its estimated infanty mortality? What is the estimated proportion of male to female births? Are anti-conception or abortive measures known or practised and, if so, what are they? Do women often die in childbirth? For what length of time is the child nursed by the mother after birth? Is the artificial feeding of infants known or practised?

At what age does menstruation begin and cease? What is the usual duration of the appearance? Do disorders ever accompany it? Do any mental manifestations ever mark its appearance or disappearance?

Have you any details regarding the system of midwifery in vogue among the tribe (e.g., the position of the patient, the food used during the time, the period of lying in, etc., 17

### V. Food.

What foodstuffs are produced and consumed by members of the tribe and what are their usual daily hours of meals? How do they cook their food? Can you give an idea of the customary constituents and variations of each meal? Do men, women, and children est together or do any of them eat apars? Does the food used by old, young, men, women, and children differ? Are any foods forbidden to be used by the tribe or any particular section thereof? Do the members of the tribe drink before, with, or after their food and; if so, what? Are ablutions performed before or after meals? How are the remnants of usual disposed of?

If the tribe consumes intoxicants how are such made and on what occasions are they used?

2 I trust that I am not troubling you tan auth by asking for the above information.

I have the honour to be,

Sir.

Your obedient servant,

J. A. HARAN,

Acting Principal Medical Officer.

## IV. Fertility.

What is the estimated birth-rate of the tribe and what is its estimated infants mortality? What is the estimated proportion of male to female births? Are anti-conception or abortive measures known or practised and, if so, what are they? Do women often die in childbirth? For what length of time is the child nursed by the mother after birth? Is the artificial feeding of infants known or practised?

At what age does menstruation begin and cease? What is the usual duration of the appearance? Do disorders ever accompany it? Do any mental manifestations ever mark its appearance or disappearance?

Have you any details regarding the system of midwifery in vogue among the tribe  $(\epsilon, g,$ , the position of the patient, the food used during the time, the period of lying-in, etc.,)?

#### V. Food.

What foodstuffs are produced and consumed by members of the tribe and what are their usual daily hours of meals? How do they cook their food? Can you give an idea of the customary constituents and variations of each meal? Do men, women, and children eat together or do any of them eat apart. Does the food used by old, young, men, women, and children differ? Are any foods forbidden to be used by the tribe or any particular section thereof? Do the members of the tribe drink before, with, or after their food and, if so, what? Are ablutions performed before or after meals? How are the remnants of meals disposed of?

If the tribe consumes intoxicants how are such made and on what quasions are they used?

I trust that I am not troubling you too much by asking for the above information.

I have the honour to be,

Sir,

Your obedient servant.

J. A. HARAN,

Acting Principal Medical Officer.

hedical Officeral Variobi 1 There is no objection to you witing direct to the Nunapal Medical Office for copies. (2) In any course the type with water 2. It is noted that go be disposed to month & an would autinit to this left pescication before publication any papers het of you Ances Color based on their materials which gas may compile. so die x aris to fore a have be on them it is uparted that you will sebont it begin and (Signed) H. J. READ

Medical Officeral Variable there is no objection to you witing died tothe Principal hidical Office (2) In any course to tys. w. with 2. It is noted that you be disposed to enough & wa much autinit to this Lept publication before publication any paper het of you drani cyne based on their materials The market which garman compile. 17th glades a wish to fout a have bas on them, it is uparted that you will sebont it depo intic (Signed) H. J. READ

REGISTERED No. H. 2149/23-4

## NOTICE TO BINDER

## PLEASE LEAVE SPACE HERE FOR INSERTION OF 6 SHEETS

Hodson A.