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EAST AFR. PROT.
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PAGE 4 MAY 12

249

Date.
1912

BLACKWATER FEVER 1911

April

The Report and Map.

Previous Paper.

PRINTED FOR PARLIAMENT

D. Horn
Head
of the

H. J. R.
S. J. R.

Shall await arrival of same in return from S. & W. A.

Colonies

28th 10/4

at once

H. J. R.

10/4

This report does not entirely conform to the scheme
supplied last. A map is joined together with the
chemical notes of the cases - a theoretical consideration
of the aetiology & transmission. The report is of value.

Printed with map & documents attached to 3869
The S. & W. A. can be direct supply HF 10

T. 2

is practically the same map
as the one in the deep. I think
the map shown in the present map could
be transferred. That once

H. J. R.

12/11/12

Circulated in front of TAM's committee
(with other copies) 12 Sept 1912

Hildson

This report is rather a readable
one in future reports the outline part
should be closely followed in the present portion
the best bit care-by-care reading to
the individual cases of the disease
the information asked for whether that heading
given in the order laid down. The
information under ~~ii~~ i & ii will naturally
come into the Photo Office & will be supplemented
The case histories from being supplied by the
individual maps under iii. The maps are
valuable.

18.1.13

EAST AFRICA PROTECTORATE.

GOVERNMENT HOUSE
NAIROBI
BRITISH EAST AFRICA

April 18th, 1912.

No. 249.



Sir,

In obedience to the instructions contained in paragraph 4 of your despatch No. 30 of the 24th January 1911, I have the honour to transmit herewith a report, together with a map, on Black-water fever in this Protectorate for the year 1911.

I have the honour to be,

Sir,

Your humble, obedient servant,

ACTING GOVERNOR.

THE RIGHT HONOURABLE
LEWIS HARCOURT, P.C., M.P.,
SECRETARY OF STATE FOR THE COLONIES,
BONNIE STREET, LONDON, S.W.

Handwritten notes:
35397/10
Report
No

In Dispatch No. 37 of 12/4/1912

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Report on Blackwater Fever in British East Africa for the year 1911

1911-1912

Station	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Rindi												
Case			1									
Malindi (two rivers)						1						
Moshi						1	1		1			
Motok					1							
Mumias (la)		1										
Case									1			

The above table sets forth the distribution of Blackwater fever in regard to time and place for the year 1911. In all cases, except one, the patients were either Europeans or of European origin and, of the total, eight were males.

The majority of the cases came from either swampy or bush country, or had been travelling through country of the kind prior to their being attacked by the disease. Altitude, apparently, had no influence as such wide apart places as Uganda, Molo, Kabako and Takaungu are mentioned as having been visited or resided in previous to its manifestations.

None of the units of the above form part of a series. In some stations, however, such as Mumias and Molo, previous cases of the disease have been recorded. The former is a District headquarters, some three days north of Kisumu, and is situated in the midst of a large native population. The latter is a mission not far from Kisumu, situated on hilly ground covered with bush and undergrowth, and in touch with the local natives.

Anopheline mosquitoes are known to be present in practically all the places from which cases of Blackwater fever have been reported. Recent enquiry has shown these insects to be more widely distributed than was previously imagined. Even at Molo, Nairobi and Rindi they are present.

Eight of the nine cases occurred during the rainy season, i.e. between the months of March and September. This

constituted the season of the principal rains and is associated in its latter part with a lowering of the daily temperature.

In six of the nine, malaria had previously declared itself, while the remaining three were most probably exposed to infection, although one patient affirmed that he never had the disease and the examination of his blood did not, apparently, disprove his statement by the discovery in it of parasites or pigment.

Two of the total were second attacks. In the one case, the prior manifestation had taken place in Uganda and, in the other, in Malindi.

The ages of the patients varied between twenty four and sixty.

In three, the administration of a large dose of quinine was noted as having preceded the attack.

The majority of the patients gave histories of travel prior to the onset of the ~~illness~~ illness. Some of their journeys were of an extensive character, one man indeed having completed a hunting tour of some eleven and a half months a little prior to his illness and another a member of the staff of a museum having been constantly on the move since his arrival in the Protectorate.

In but one case would there seem to have been any systematic attempt at prophylaxis by means of quinine and even here, the measure had apparently been only adopted two months prior to the onset of the illness - which by the way was fatal. Attempts in this direction had been made by two of the remaining whilst, in another, the drug had been apparently refused even during the antecedent malarial manifestations.

In two of the cases subtertian parasites were noted as having been observed, in the one at the time of the attack and, in the other, at the end of the disease.

While mindful of the small number of cases which have come under notice during the year and of the consequent paucity of material, yet their consideration tends to a confirmation of views expressed elsewhere to the effect that sufferers from "Blackwater Fever"

ver" have been, as a rule, previously exposed to the danger of malarial infection, and that quinine, even in uninfected persons, has been known before now to give rise to haemoglobinuria. Further than this we cannot well go at the moment although, perhaps, it may be permitted to imagine that the functions of the leucocytes and blood-forming organs are not entirely known at present, that they exercise some influence on the wellbeing of the red cells, and that, when such influence has been interfered with in certain cases, whether owing to malarial or to quinine poisoning alone or uncombined, the tendency for the red cells is to break up.

Dr Johnson draws the conclusion (paragraph 15) that the haemolysis occurring in Blackwater Fever and Paroxysmal haemoglobinuria are essentially one and the same though caused by different factors. Donath and Lantieri, quoted by Barrett and York (vol. 111 of 1 Annals of Tropical Medicine and Parasitology page 37), record their opinion "that the mechanism of production of Blackwater stands in an altogether different category from that of Paroxysmal Haemoglobinuria. The presence of haemolysin or of ~~some~~ of antilysin in the plasma, which is present in the latter case, is absent in Blackwater Fever, where, therefore, search must be made for other factors"

When I was in the Uganda service, I had under my care, during the years 1898 - 1904, between fifty and sixty cases of this disease. The majority of these cases occurred in the two Indian Contingents then stationed in the country. During all this time I saw no cases of Paroxysmal Haemoglobinuria except those manifestations occurring in Blackwater Fever. What was strongly impressed on my mind was the close affinity these attacks of Blackwater Fever had to previous repeated attacks of Malarial Fever, that, in fact, they depended on a malarial factor. So much so that, on the arrival of the second Indian Contingent to relieve the first, I prophesied to the Commanding Officer that I would expect to see, towards the end of their second year of service, a certain number of his men go down with Blackwater Fever. As a matter of fact the first case occurred at the end of the eighteenth month. Between that time and the twenty-fifth month there were some

some thirteen cases.

The theory that presents itself to my mind, with regard to the factor producing Blackwater Fever, is that it depends on the liberation into the plasma of a sufficient accumulation of some toxin produced by the malarial parasite.

In conclusion, I enclose herewith the reports and observations of those Medical Officers who have either had cases of Blackwater Fever under observation during the year 1911 or had previous experience of the disease.

A. D. Mc. Lee

Nairobi.

Principal Medical Officer.

28th March 1912.

No apology seems requisite for returning to this subject after the remarks which were made in last year's report, for not only is the disease one of serious importance, but it is one which no clear ideas up to the present, exist, and therefore, it is still a question upon which one may be permitted to hold opinions.

The main theories put forward as to the causation of "blackwater" fever are :-

- (1). That it is a symptom of an acute attack of malaria
- (2). That it is a condition which is the result of chronic malarial poisoning.
- (3). That it is due to poisoning by quinine.
- (4). That it is a specific disease, owning a specific organism.

But in all that has been written upon this subject it is strange that a condition which presents, at any rate, superficially, such a great resemblance to paroxysmal hæmoglobinuria has not been differentiated from it. In all that has been said about "blackwater" fever it has been taken for granted - on the day of its christening by me - in elegant terms that the condition is a distinct entity altogether from paroxysmal hæmoglobinuria. Paroxysmal hæmoglobinuria although a well known condition in Europe may, it is conceivable, not have been familiar to those who first noticed it amid tropical surroundings. It is not inaccurate to say that every unfamiliar disease or manifestation of disease when met with in the tropics was apt to be regarded as a specially "tropical" disease, and, not only so, but as being in some way one of the innumerable results with which malaria was credited. In saying this the exact etiology of neither disease is cleared up, but at all events something would be gained by the ascertaining of whether the two states of blood destruction do differ from each other, and, if so, in what particulars.

The position appears to be capable of being stated

in the

in the following terms: (1). That there is a disease known to occur in various parts of the world which is named paroxysmal haemoglobinuria. (2). That various a number of drugs and of disease states are said to be in etiological relationship with this disease. It is not known what the actual cause of the disease is.

(3). That such a disease when first met with in tropical parts of the world was named "Blackwater" fever, a term which in itself shows that no attempt at investigating its peculiarities had been made, but that the most superficial of its characteristics had given it its name.

(4). That as the miasm connected with disease in tropical work was apt to be referred to malaria in the olden days so was this "Blackwater"?

(5). But that although malaria came to be held to be the cause and only agent in the causation of "Blackwater", it is likely that it is one of the conditions which is capable of giving rise to the disease, and that accounts for the secondary with which the diseases "Blackwater" and malaria were met with in cases which seem to point to some definite relationship.

(6). Even so, there are other factors in the production of "Blackwater" fever than malaria, but that what these other factors are, remain unexplained.

(7). Similarly, there seems in certain cases a definite relationship between secondary syphilis and paroxysmal haemoglobinuria, but there must also be other unexplained factors in such a case; or, again, in cases of haemoglobinuria which arise in connection with Raynaud's disease.

(8). Then again many drugs are known to be capable of giving rise to paroxysmal haemoglobinuria, and here also all of the factors concerned are not explained or known. Otherwise, why should chlorate of potassium or phosphorus be capable of giving rise to it in any instance and not in another.

(9). Then, why is the condition which so many of us have seen, that is called guinea gives rise to haemoglobinuria, termed "Blackwater" fever?

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fever when it is observed in Africa - but the same referred to in (1) are called paroxysmal haemoglobinuria. There is the same result in each case; the same destruction of blood corpuscles with the result that methaemoglobin is found in the urine, there is the same yellow pigmentation of the skin, the same depression, and the same symptoms and pathological anatomy even, but yet the diseases are kept separate.

(10). There is a personal predisposition in certain individuals to blackwater fever, and this predisposition is enhanced by repeated attacks of malaria.

~~1002~~ (11). Under certain conditions the toxins of malaria produce haemolysis: "Blackwater" fever.

(12). Under certain conditions other substances e.g. potassium chlorate, quinine, produce haemolysis or "Blackwater fever" or paroxysmal haemoglobinuria.

(13) Why some persons react in this way to these toxins - malarial, chemical &c. while others with an equal quantity of malarial toxin, for example, do not, is the crux of the whole question.

(14). There are many factors at work about this corpuscular fragility, this tendency under to strain or equalities for haemolysis to occur, and for the descriptions described as "Blackwater fever" - "paroxysmal haemoglobinuria" - to result. Malaria is one of them - and it may be that it is a specially potent factor, but it is only a factor; it is not the causa causans.

(15). The conditions "Blackwater fever" and paroxysmal haemoglobinuria are essentially the same; except that the factor which caused the explosion (haemolysis) in the case of "Blackwater" fever is usually malaria, and in the case of paroxysmal haemoglobinuria the factor which caused the explosion is usually not malaria.

Blackwater Fever.

E.K.G. Act 28. Survey Department - Admitted to Hospital on 18/5/11 suffering from haemoglobinuria fever. Patient arrived at Mombasa from Europe on 2nd November 1910. He came up to Nairobi for a few days and then was stationed at the coast. He went to Takaungu district on survey work; moving his camp about once every ten days. He lived in a tent and a grass banda, sleeping in the tent and working in the banda. He remained in the district of M'fanganyika for the longest time. The surrounding country is densely covered with bush, and baobab trees. There are no swamps. M'fanganyika is at the head of an arm of the sea - a creek - and is said to be unhealthy.

Atta Mahomed, an Indian, who was doing survey work in this district was taken ill in December 1910, and was moved to Mombasa where he died. The disease is said to have been blackwater fever. Mr G. succeeded him in Takaungu district.

There are a lot of small mosquitoes in the bush, they are not so frequently found in the tent or banda. So far as Mr G. recollects this is the only kind of mosquito he saw.

There are a lot ^{of} ~~of~~ tsetse (er), at any rate, he saw many large flies with crossed wings which bit him and at times drew blood from him. There are a very few ticks. Bugs, lice and fleas he has no recollection of.

In February 1911 he was severely bitten by a scorpion.

Seasonal Variation.

The rainy season commenced in April in 1911, which is about the usual time, otherwise he does not know of any facts which would fall under this head.

Personal History.

He has had mumps and he thinks he has had measles. Diphtheria he had a severe attack of when quite a child. Has had comparative little illness.

He went to Uganda in March 1907 in the Survey Dept. worked in and around Kampala, and suffered from malaria during this period, but only had one severe attack.

After his

After his arrival in Takahama 1 November 1910 he suffered from malaria, having an attack every three weeks. He took quinine during these attacks, ten to twenty grains in tablets in the twenty hours after the fever left him he did not take any more quinine.

On the afternoon of the day on which he first passed blackwater he had taken twenty grains of quinine. He was not then being treated by a medical man. He had been feeling out of sorts and trying to do his work at the same time; and had taken quinine at various times during the week. Finally, on the evening of the 17th June he took this dose of twenty grains and three hours afterwards he was passing blackwater.

Examination of blood. revealed that the red cells were anæmic in the centre in the greater number of them; many of them were small in size and there was a lack of uniformity in their size. No malarial parasites were seen at any of the examinations.

Patient was admitted to hospital on 18th of June and was discharged on 28th July having made a most satisfactory amount of progress, and having regained much of his strength as well as his appetite. He was given two weeks leave to go to Bismarck Harbour station, in order to recuperate at all costs, but on 15th July, four days after he had left hospital, he returned saying that he had not felt well since leaving and that he had had a slight rise of temperature 100°. On admission the temperature was 98° and in the evening it had risen to 102°. There were malarial parasites present in the blood. And he was given three grains of quinine hydrochloride in solution three times a day. (During the attack of blackwater fever and afterwards he had not received any quinine after his admission to hospital.)

He made an uninterrupted recovery, the quinine in three weeks about having been continued, and he was able to be discharged on 27th July, since when he has been in good health.

H.A.S., Act 24, Post Office Clerk. Admitted 10th September 1911,
Discharged 25th September 1911.

Patient was living at the time of this attack in the building known as the Herford Store in Salisburi. He had lived there since 10th August, and was taken ill on 7th September.

(a). He arrived in Entebbe from Johannesburg on 17/1/28. Two
 later he went up country to Kala where he remained until January
 when he was in Nairobi for three months, and after this went to
 Kulu for a stay of three weeks, after which he went to Jinja for two
 half months. He left Jinja on 11th July 1911 to go to Karameja
 where he remained shooting elephants for eleven and a half months. Next
 he returned to Kala for a fortnight, then on to Nairobi for ten days
 and back to Kala, after which he came to Nairobi and got employment in
 post office. One week after this he was taken ill. He had been living
 in Kulu for about a week before he came up here. He got back to
 Entebbe from Karameja on 4th July 1911. Karameja is a small
 village, there is a small amount of bush and forest.

(b). He did not meet with a case of fever or other illness
 at Karameja - one man has been up there for six years. There has been no
 case in the building in which the patient was living.

(c). There was nothing to attract his attention in the insect
 fauna in the house he lived in in Nairobi. He was bitten such as Uganda
 the "little black fly" which draws blood with its bite, called the
 "black fly" but so, also, were many other people. It is a "d" pest
 at Jinja. He slept every night under a mosquito curtain, wherever
 he might be. There are practically no tics in the countries in which
 he was.

General Variations: Nothing unusual has been noticed in this respect.

General History: He has not had an attack of malaria. After going up
 to Uganda and Karameja he took ten grains of quinine every ten days,
 and a dose of laxative vegetable tannin every two weeks. The malarial
 fever fairly regularly. In his earliest days he suffered attacks of
 measles, and scarlet fever. He has lived in South Africa all of
 his life except for two years spent in Switzerland and four years in
 Africa and Uganda.

Examination of blood: The malarial parasites seen; the red cells were
 small and some are larger than usual others small. Many red cells
 were seen. There are both macrocytes and microcytes.

The white cells

white cells are of all kinds. Polymorphonuclear and lymphocytes are
 which look nearer to monocytes than to anything else.
 Oct 27, Admitted 20th July 1911, discharged 1st August July 1911
 sent to expedition to various parts of Africa and has been in East Africa on
 several occasions collecting specimens for the museum. In the course of
 work he has been in every variety of climate to be found in East
 Africa and Uganda, and in chains and forests. In the middle of the year
 had only returned from Uganda to Nairobi a day or two when he was
 seized by an attack of malaria for which he had been treated with quinine
 in quantities which ~~never~~ never exceeded 20 grains a day, and was
 convalescing as this for only two or three days. He seemed to have shaken off
 the fever and was very anxious indeed to get up and see the world. He
 wanted to go to Europe by the first boat. In spite of all recom-
 mendations that he should be cautious and stay at home for a few days
 he went out at the earliest moment after the fever had subsided. He
 was last seen very feebly and pulled down after he was up. The quinine was
 discontinued in seven and a half grain doses every 4 days. Within a day
 he was getting out of bed and going about. He very soon had
 an attack of blackwater fever. It proved to be a very severe attack
 but he eventually recovered.

Previous History. He had had an earlier attack of blackwater fever some
 months ago. He had also had spiritus fever. I was unable to get all the
 details of his past history. Some of the places he had been to were
 their characteristic diseases, the present although a restless person to
 deal with that he seemed to be beginning to be convalescent than he
 thought he would have a chance, and so went out.
Examination of blood. There are a few subnormal sized cells to open
 pale red cells. The majority, if not all, of the red cells are pale in
 the centre. Many cells are larger than usual, and some smaller. They
 present the appearance then in secondary anemia. Schaffner's dots were
 seen in a few corpuscles. One or two red cells have taken up the blue
 stain and the protoplasm shows in a condition of fragmentation. A few
 "ring" bodies are seen. There are no nucleated red cells. There is an
 increase in the large mononuclear and there are numerous white cells
 with a nucleus that is not polymorphic nor mononuclear, but is not far
 removed

resembles from the mononuclear variety, while in the metastasis are
numerous granules which have taken up the acid stain. They almost look
like myelocytes, although not typical ones.

Sd. J.T.C. Johnson.

Table showing distribution of Blackwater Fever treated in hospital during the last five years.

	1907	1908	1909	1910	1911	Total	Deaths
January	-	-	-	-	-	-	-
February	-	-	-	-	-	-	-
March	-	-	-	-	-	-	-
April	-	-	-	-	-	-	-
May	-	-	1	-	-	1	-
June	-	-	1	1	1	3	-
July	1	-	-	-	-	1	-
August	-	-	7	1	1	9	-
September	-	-	1	-	-	1	-
October	-	-	-	-	-	-	-
November	-	-	-	-	-	-	-
December	-	-	-	-	-	-	-
Total	1	-	9	2	2	14	-

With reference to the Report on Blackwater Fever Cases asked for in the P.M.O.'s letter No 28/456/1 dated February 23rd 1911, the following details may be recorded:—

(1). Locality.

(a). The patient had until 2 days before the onset of the symptoms lived for nearly 3 years on the edge of a swamp, on the Kasuke River, Kenya Province, East Africa Protectorate.

(b). One case resembling Blackwater Fever is reported by the dwellers of the district some months previously.

(c). The locality to which the patient, an old lady of 66 years of age was moved previous to her attack, was swarming with a tiny red tick, quite common where there is much vegetation about in her own home, but she has always used a mosquito net at night. As there is a farmyard, and fats abound, there are undoubtedly flies in abundance.

(ii). Seasonal Variation.

(a). The case occurred during the latter part of the heavy rains.

(iii). Personal History.

(a). The patient had never been ill in her life before coming to East Africa. She was an Afriander, and had lived in Johannesburg. She had several attacks of malaria during her 3 years in East Africa, but disliked quinine, and refused to take it. On being taken ill with shivering and collapse, a large dose of quinine, unmeasured (probably 30 grains) was administered by her daughter-in-law, who had haemoglobinuria set in.

(b). The patient had been for 5 years at the farm on the swamp until two days before her illness, when she was driven in a ox-wagon some miles to another farm. On arrival she became ill. She has accustomed to a very hard life, and plain diet.

(c). A microscopic examination of the blood was not taken.

(Sd/-) Owen Frichard,

M.O. Kenya Province.

Health Office,
Nairuki,
1st February 1925.

Sir,

With reference to your Circular No 85 dated 23rd February 1911 I have the honour to submit to you the views which I formed during and after the treatment of 11 cases of Blackwater Fever which were in Mombasa Hospital during the years 1907, 1908, 1909, 1910.

In the year 1907 there was one case an Asiatic employed by the Uganda Railway on the section of the line between Mombasa and Mazeras. He had lived in the snakehouse at the latter place for about 4 years and had suffered from repeated attacks of Malaria. He developed his attack of Blackwater in November 1907.

The blood was examined on the day of admission to hospital which was the second day of his illness. There were numerous malarial parasites chiefly the tertian variety, and also the crescents, no other bacteria. By the fourth day the parasites had nearly all gone and his temperature which was at first 104° Fahrenheit began to drop up. By the tenth day of the illness he had practically recovered. He was treated with Quinine hypodermically 10 grains four times a day. Patient before he developed his attack of Blackwater had been in the habit of taking 5 grains of Quinine about twice a week. The District between Mombasa and Mazeras is very much overgrown with vegetation of all kinds, there are numerous swamps, places and Malaria is very common amongst Europeans, Asiatics and Africans.

During 1908 there were 3 cases in hospital all Asiatics. Two of the cases came from Voi and one from Mombasa. With regard to the Voi cases both were admitted on the third day of the illness and both showed malarial parasites in their blood.

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their blood of the tertian variety, both patients had suffered a
let from malaria and had been in the habit of taking small doses
of quinine occasionally. One of the patients had been resident at
Voi for two years and the other about a year. They occupied separ-
ate quarters. Both were treated with quinine hypodermically 10 gr
four times a day, the parasites in one case had disappeared from
the blood on the sixth day and on the eighth day the patient had
recovered, in the other case, the parasites persisted in the blood
and the patient died on the 26th day of his illness.

One case occurred in April the other in July.

The country in and about Voi is much overgrown with
bush and there are numerous swamps, the water being quite
close to the town, Mosquitoes are very prevalent at all seasons
and malaria is very common amongst the residents.

The third case occurred in an Asiatic who had been
resident at Mombasa for over four years but being employed by the
railway had often to travel between Mombasa and Voi. He had
suffered occasional attacks of malaria which he overcame by taking
small doses of quinine very regularly. He developed his illness
Blackwater in the month of October, and was admitted into hospital
on the first day of his illness. Blood examination showed
for malarial parasites of the tertian variety. These had dis-
appeared from the blood by the third day of the illness. The attack
of Blackwater was a mild one and he recovered in about 10 days.

During 1909 there were 6 cases in Hospital, and of this
number two were Europeans resident in Kilindi and four were
Asiatics two of whom were resident in Kilindi and two in
Mombasa. Four were employed by the Uganda Railway and the other
two were employed by the Mombasa Harbour. Four had been resident on
the island for over two years while two of whom had only resided
a few months. Of the 6 the four who resided at Kilindi had
suffered more or less from periodical attacks of malaria while the
other two had only had one attack each. Two of them were in the
hospital

orbit of taking quinine regularly while the other two are on quinine unless during an attack. The developed Blackwater in eight cases in July, and in September and one in November. Two cases were admitted into hospital on the first day of the illness, three admitted on the third day of the illness and one on the fourth day of the illness. The two admitted on the first day, one admitted on the third day and one on the fourth day all showed parasites in their blood, while the remaining two did not though there was some pigment. Four of the patients recovered and the other two died. All were treated with quinine hypodermically. The four employed on the railway all lived in separate houses though when travelling on the railway they lived in the same quarters at Voi. The other two resided in separate houses in Mombasa near to the native quarters where there was always a considerable amount of malaria at certain times of the year notably in November, December, January and February also during June and July.

The case in 1910 was a European employed by the East Africa Estates on a plantation at Gazi about 20 miles from the coast south of Mombasa. He had suffered a lot from malaria prior to his going on leave to England early in 1910. He returned from England in June 1910 and had three bad attacks of malaria between this time and the date of his attack of Blackwater which occurred in the end of July. He was admitted into hospital on the fourth day of his illness and the blood examination showed tertian parasites in large numbers. About the tenth day the parasites had nearly all disappeared and the urine was free from blood but about the 15th day he had a recurrence of Blackwater with parasites again in the blood which continued for several days. He was treated throughout with quinine hypodermically. At Gazi he resided in a house which was very much infected and near to a large population of natives who suffered greatly from malaria. He took 10 grs of quinine daily for months but this did not appear to prevent his attacks of malaria. He recovered from his attack of Blackwater. From the clinical history of the 11 cases it appears that

...cases of Blackwater Malaria parasite was present and the disease
seemed to yield readily with treatment by hypodermic injections of
quinine throughout. I am therefore at this time inclined to
the belief that Blackwater is a bad form of malaria and that this
bad form of malaria is present only in certain areas. I have not
seen any cases since 1910 so that on the whole my experience is
limited.

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I have the honor to be, Sir,

Your obedient servant,

(Sd) Alexander Robertson

Medical Officer of Health.

Principal Medical Officer,

Malindi.

6th September 1911.

Sir,

In accordance with Circular No 85, No 25/436/1.3.M.P. 321/11, I have the honour to supply the following information, concerning two cases of Blackwater I have attended.

Case No 1.

European Missionary, Male, 28 years - 2nd year in Africa.

Locality: Mission Station, Ajala, near Kisumu.

(a). Hilly ground, 500 feet above the level of Lake Victoria Nyanza. Covered with bush and undergrowth, insufficient clearing around house. Many streams and deep watercourses within half a mile.

(b). One case in same station previously; not in the same building.

I do not know date.

Many natives die by such intercourse with natives.

(c). Insect Fauna. *Anopheles gambiae*, *Pyretophorus Gambiae*.

(i). Seasonal variation. Case occurred in the middle of the rainy season.

(ii). Personal history.

(a). Previous diseases. Slight attacks of Sub-tertian Malaria. Not in the habit of taking quinine.

(b). Patient had travelled in the region of the lake shore.

(c). Microscopic examination of blood :-

At beginning of disease - no parasites.

At end of disease - non-pigmented sub-tertian.

Case No 2.

Englishman, Age 27, Africa 2 years.

Locality: Nusia; 1000 feet above lake.

(a). On a small hill surrounded by swamps and rivers, much undergrowth around station.

(b). Four cases have occurred there all fatal. In the months of June, July, August and September at the end of the rainy season.

(c). Insect Fauna. *Pyretophorus Gambiae*.

Myxozoa Fungus.

Trachina (Fungus of several species)

(Chryseae)

(Hagantopeta)

(Pangonia)

Ficus (Hnicipespaules).

(i). Seasonal variations. All the cases in the month of June, July, August and September.

(ii). Personal history :- Chronic Sub-tertian Malaria. Quinine Bi-Sulph grains Five daily for 2 months. Grains fifteen taken on day previous to onset of Plasmodium.

(b). Has travelled extensively over North Malawi, from the hills to the Lake shore.

(c). Not taken.

I have the honour to be,

Sir,

Your obedient servant,

(Sd) T. A. M. M. M.

Medical Officer,

Blantyre.

Principal Medical Officer,

North Africa Protectorate,

Nairobi.

Extract from Annual Medical Report Sub Assistant Surgeon Major
W. H. H. H. H.

Blackwater Fever of Female Haemoglobinuria.

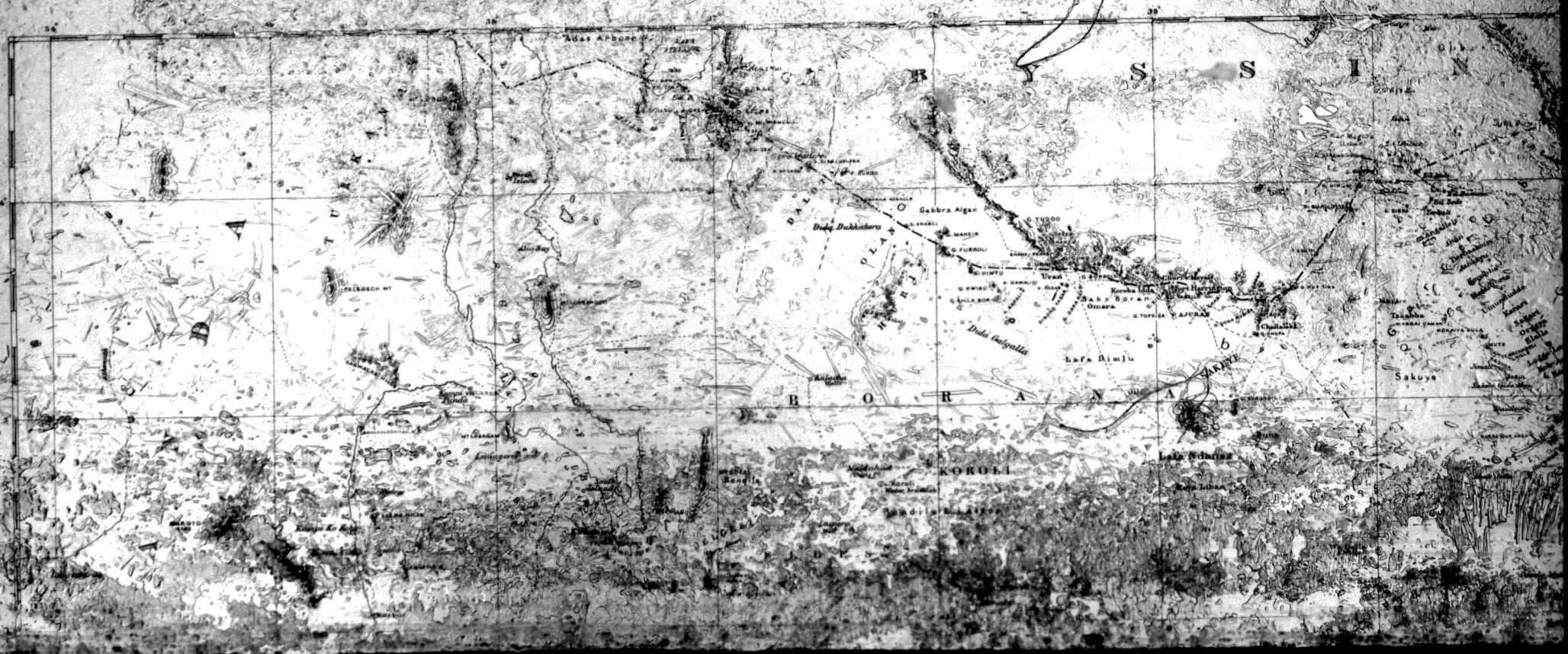
This appeared on a Non-European official European. This was his second attack since his staying here in East Africa Protectorate. First attack occurred at Nairobi and second one in Kilindi Shamba which was about 1 1/2 hours walk from the town. He had full symptoms of the disease. Temperature maximum 106, pulse 100, respiration 20, commencing with rigors. Urine Port wine colour, specific gravity 1010 and 1015, reaction highly acid. On admission into hospital he was placed on a cotton mattress bed and the hot water bottles found him. Prescribed Diet. Diaphoretic during the hot stage of fever. When temperature was down prescribed Little's Oriental Balm with Symp. Aurantii three times a day. No quinine was given in this case.

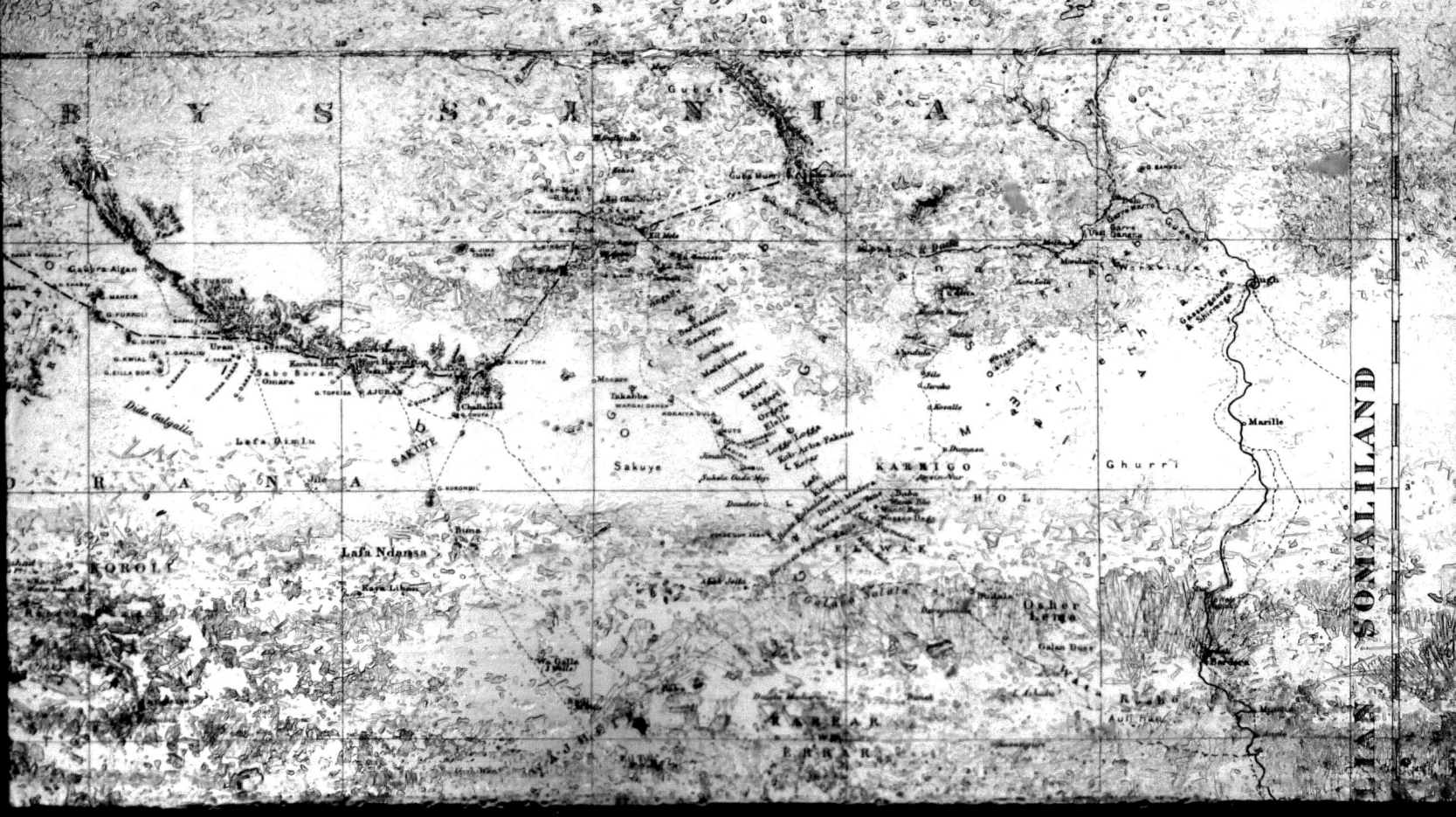
(17) KAMU WAKAH.

U.S.A.

L. A. H. A.

(enclosure in dispatch,
and G.S. GS. No. 2542)





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R A N A

K O R O I

Lafa Ndansa

S A K I Y E

Sakuye

KARRIGO

Ghurri

S O N A L L I A N D

Lafa Dimim

Messay

Shilo

Marille

Kaya Liban

Disandir

Agata-Nur

Osher
Lefige

KARRAR

Rano

ENBAR

Aul Han

Galye Algan

STURGO

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G. NABER

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G. GIMTO

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PROVISIONAL MAP



E

HIRMAN

MALINDI DISTRICT

FORMOSA RAY

MT KILIMANJARO

TAITA AND TAVETA DISTRICT

MOMBASA DISTRICT

WANJA DISTRICT

MOMBASA

ZANZIBAR ISLAND

Scale and other technical information.

PROVISIONAL MAP
OF
EAST AFRICA
PROTECTORATE

Scale: 1 inch = 23.67 Miles

REFERENCE

Boundaries International ———
Provincial ———
District ———
Railways & Stations ———
Telegraphs ———
Main roads ———

NO. 111



Communications on this subject
should be addressed to—

The Under Secretary of State,
Colonial Office,
London, S.W.,
and the following number quoted.

541
Downing Street,

19

Sir,

I am directed by the Secretary of State for the Colonies to inform you

that Mr.

whose address is

has been selected for appointment as

in

and has been instructed to attend the School of Tropical

Medicine for a course of instruction from the of

to the of next.

2. I am to request that arrangements may be made for his accommodation,
if he should so desire, at or near the School. He has been instructed to com-

J.N.1 (E.A.)

Please attach to

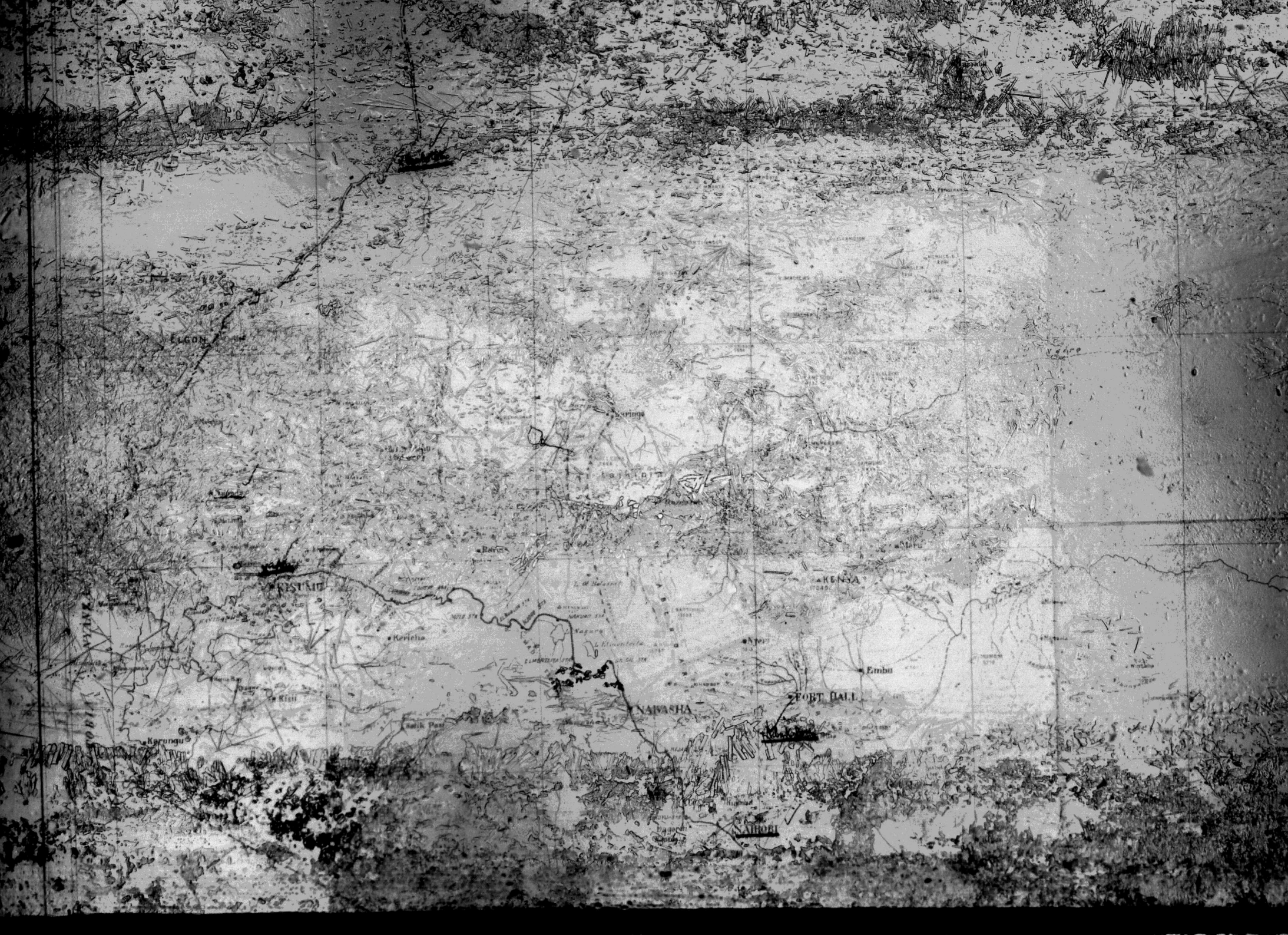
123641/12 E.A.P.

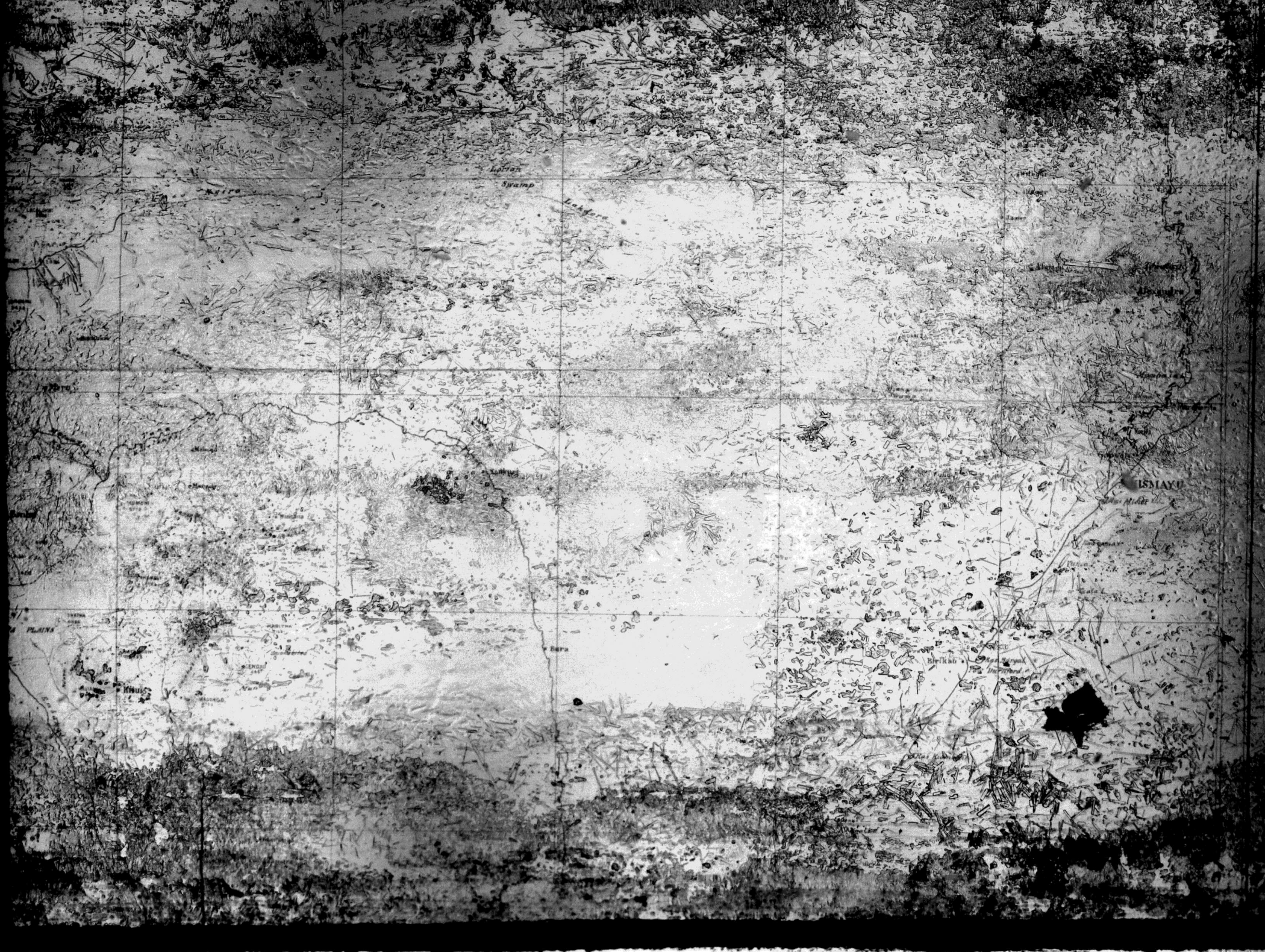
E. DOL.

18-10-12

In D. 1944







Lupian
Swamp

ISMAKU

PLAINS

River

Blitku

Blitku

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EAST AFRICA PROTECTORATE

CENTRAL PLAN (Provisional)

Scale: 1 in = 500,000 or 1 inch = 80.5 Miles

SURVEY DEPARTMENT
CADASTRAL BRANCH
January 1912

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C.O. 533 103

