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The Partners HSV-2/HIV-1 Transmission Study (Partners Study) is a phase III, placebo-controlled trial of daily acyclovir for genital herpes (HSV-2) suppression among HIV-1/HSV-2 co-infected persons to reduce HIV-1 transmission to their HIV-1 susceptible partners, which requires recruitment of HIV-1 serodiscordant heterosexual couples. We describe the baseline characteristics of this cohort. Methods HIV-1 serodiscordant heterosexual couples, in which the HIV-1 infected partner was HSV-2 seropositive, had a CD4 count  $\geq 250$  cells/mL and was not on antiretroviral therapy, were enrolled at 14 sites in East and Southern Africa. Demographic, behavioral, clinical and laboratory characteristics were assessed. Results Of the 3408 HIV-1 serodiscordant couples enrolled, 67% of the HIV-1 infected partners were women. Couples had cohabitated for a median of 5 years (range 2-69) with 28% reporting unprotected sex in the month prior to enrollment. Among HIV-1 susceptible participants, 86% of women and 59% of men were HSV-2 seropositive. Other laboratory-diagnosed sexually transmitted infections were uncommon ( $<5\%$ ), except for *Trichomonas vaginalis* in 14% of HIV-1 infected women. Median baseline CD4 count for HIV-1 infected participants was 462 cells/mL and median HIV-1 plasma RNA was 4.2 log<sub>10</sub> copies/mL. After adjusting for age and African region, correlates of HIV-1 RNA level included male gender (+0.24 log<sub>10</sub> copies/mL;  $p < 0.001$ ) and CD4 count ( - 0.25 and 0.55 log<sub>10</sub> copies/mL for CD4 350-499 and  $>500$  relative to  $<350$ , respectively,  $p < 0.001$ ).

**Conclusions** The Partners Study successfully enrolled a cohort of 3408 heterosexual HIV-1 serodiscordant couples in Africa at high risk for HIV-1 transmission. Follow-up of this cohort will evaluate the efficacy of acyclovir for HSV-2 suppression in preventing HIV-1 transmission and provide insights into biological and behavioral factors determining heterosexual HIV-1 transmission.