

Combination drug treatment of benign prostatic hyperplasia (BPH)

Abstract:

Combination use of alpha-adrenergic blockers (tamsulosin or alfuzocin) and 5 alpha iso-enzyme 1&2 inhibitor (dutasteride) in symptomatic benign prostatic hyperplasia (BPH) is the best first optional mode of treatment giving good results with minimal treatment adverse effects especially for those at risk for surgical intervention and those who are still sexually active.