Abstract

Although it has been said that local symptoms are uncommon and that large goiters are often well tolerated (Sloan, 1971), this is not true of our patients. Pressure effects may depend upon size and position of the gland but asymmetry of nodular thyroid and strong anterior neck muscles and fascia may cause severe compression or deviation of the trachea. In KNH, Nairobi, we have been struck by the frequency of the pressure symptoms caused by these goiter weighing less than 100gms.