## Abstract

Feminist researchers have noted that traditional research methodologies generally ignore women's knowledge by showing bias towards the male perspective. In order to take into consideration gender and all of its complexities, feminist researchers have proposed feminist research methods, which can scientifically generate knowledge that draws distinctly on women's experience of living in a world in which women are subordinate to men, as well as address feminist political commitments. This paper will provide a critical argument for a place for feminist methodology while elaborating on why feminist research methods were considered appropriate for a study intended to document Kenyan women's experiences with food insecurity