



**University of Nairobi
College of Education & External Studies
School of Education
Department of Physical Education & Sport**

ANNUAL REPORT

1. Introduction

The Department has been in existence for seven years, having started the B.Ed. programme in 2006.

Already, three lots of classes have graduated with their B.Ed. degree. After four years, the Department reviewed its curriculum in a workshop held at Bandari College Mombasa in May 2011. During this workshop, other programmes were presented for review and critiquing by the academic scholars who were invited specifically to deal with curriculum review matters. The new programmes which were presented at the workshop were:

- | | | |
|----------|---|--------------------------------|
| 1. M.Ed | - | P.E and Sport |
| 2. B.Sc | - | Sports Coaching and Management |
| 3. B.Sc | - | Sports Sciences |
| 4. B.Sc. | - | Leisure and Recreation |

All the above programmes are currently in the process of approval at the various stages as required by the University.

2. Current Programme

The B.Ed degree curriculum offered at the department is in combination with one other teaching subject, leading to either a B.Ed (Arts), B.Ed (Sc) or B.Ed (P.E. option).

3. Staffing

The Department continues to grow both qualitatively and quantitatively by way of recruitment of qualified, experienced, and professionally trained teachers of physical education and sport. The University administration has been very supportive of the growth of this Department and has readily approved requests for additional staff even though we still require more staff in order to cope with the two cohorts which run parallel at both Kikuyu and Kenya Science Campus. Indeed as we await the approval of the new programmes cited above, we require additional staff to ensure their implementation.

4. Students

Interest in the subject has steadily grown from the initial two students that we started with to classes of up to thirty three students such as we have in the current first year group at Kikuyu. The growth in the numbers of students has been as a result of rigorous and vigorous recruitment campaigns that we put up during the orientation week. We use posters, brochures and fliers to reach as many students as possible. Similarly we use the old students in the department who already know the value of the subject to talk to freshers and encourage them to join the Department. However the best solution in getting students to join and study Physical Education is through JAB admissions. Since we started getting JAB admissions for B.Ed (Arts) at Kikuyu, the numbers have steadily grown. We need similar action to be taken for the admission of B.Ed. Science at Kenya Science Campus. We have already informed the new Dean of the school of education Prof. Samson Gunga and he has readily and willingly taken this request on board.

5. Experiential training and exposure

We take our B.Ed students through a series of experiential training, to equip them with knowledge and experience necessary to their career paths. These include:-

- 5.1. A compulsory outdoor pursuits course of twelve days run by the Mt. Kenya School of Adventure at “NTIRIMITI” on the slopes of Mt. Kenya.
- 5.2. The Kenya Open Golf championships which is a once a year international professional golfers association tournament. Here our students learn the various aspects of this elite sport over a four day period lasting from Thursday to Sunday.

5.3. Gymnastics Apparatus Experience

Because of a big problem we have at the University of Nairobi of lack of this facility known as a “GYMNASIUM”, we take our students to Kenyatta University once a year for real equipment and facility experience especially because they are students who on graduation may go to schools and other institutions with gymnasia and therefore they need to know atleast what happens in a real gymnasium. The best situation however is for the University to have a gymnasium of its own. To this end about three years ago – a comprehensive report was written to the Vice-Chancellor in which the issue of a multi purpose gym was spelt out. We know for a fact that the Vice-Chancellor took this matter seriously. Indeed it has been proposed that such a facility should be developed in a piece of land measuring about 20 acres belonging to the University next to the Moi International Sports Complex Kasarani. We still await the realization of this project which we know will boost the status of this Department along with the students and staff immensely.

5.4. Other Sports

Various members of staff have found it worthwhile to expose their students to high level sports competitions when opportunities present themselves in this country. Therefore our students have been exposed to sports at international level e.g: Rugby, Athletics, Acquatics, Basketball etc, etc.

6. Enrolled students

The department has 96 students enrolled currently, but it has a capacity to take in even 200 students. As the subject gets understood and appreciated, we have noticed growth in numbers enrolling for P.E. and Sport. The table below reflects the trend in student enrollment in the Department.

Year of study	B.Ed(Arts) P.E option	B.Ed(Science) P.E option
Year one	36	4
Year two	16	-
Year three	17	-
Year four	14	9
Total	83	13

The department has 6 students pursuing their doctoral degrees (Ph.D) mainly drawn from the staff of P.E. and Sport, the Sports and Games Department and the Com-Tech Department. Many more have made enquiries to do their Ph.Ds in various aspects of sports with the department. Some enquiries, have come from outside the country e.g Uganda, Tanzania, Namibia. The current Ph.D students in the department are at various stages of their studies, e.g

(i)	Submitted	-	1 student
(ii)	Writing	-	1 student
(iii)	Data collection	-	2 students
(iv)	Proposal stages	-	2 students

7. International students

The Department has 5 international students mainly from Turkey; 1 in first year, 2 in second year and 2 in third year.

8. Research activities

The following members of staff are undertaking research in various fields mainly towards their doctoral degrees.

i.	Mr. N.K. Bailasha	-	Sports Injuries
ii.	Mr. Simon Munayi	-	Intellectually challenged learning
iii.	Ms. J.W. Kamenju	-	Doping in Sports
iv.	Mr. S.M. Murithi	-	Attitude to Sport and fitness
v.	Mr. M.D. Otieno	-	Talent identification in Rugby
vi.	Mr. E. Ngetich	-	Women Sports
vii.	Ms. R. Kahiga	-	Education Evaluation

The above Ph.D students are under the supervision of Prof. J.S. Nteere and Dr. E.G. Rintaugu except Ms J.W. Kamenju who chose to do hers elsewhere.

9. International Linkages

Several attempts have been made to have linkages with Universities overseas but non has come through yet. The Department will continue to pursue the stalled ones while pursuing newer ventures.

10. Publications

11. ABSTRACTS IN BOOKS OF PROCEEDINGS OF CONFERENCES.

The following members of staff have either published or presented articles for publication as follows:

- (i) **Elijah G. Rintaugu and Jacob S. Nteere (2012)** Availability and Adequacy of Sports Facilities and Equipment in Selected Secondary Schools in Kenya.
- (ii) **Gitonga , E.R., Andanje, M., Wanderi, P.W., & Bailasha,N. (2012)** Teacher-trainees attitudes towards physical education in Kenya. Educational Rewiews and Research, 7,27:585-588.
- (iii) Gitonga, E. R, **& Nteere J.S** (2010). Participation in sports in Kenyan Universities: Can the situation improve? **Book of Abstracts 2010 East Africa Universities pre-games symposium 16th – 18th November 2010, Kenyatta University.**
Rintaugu E.G. **& Nteere, J.S.** (2010). Grand Coalition government in Kenya. The manifestos are sketchy on sports. **Book of abstracts 2010 East Africa Universities pre-games symposium 16th – 18th November 2010 Kenyatta University.**
- (iv) Gitonga, E.R. **& Nteere J.S.(2010).** Analysis of Doctoral research in the Department of Physical Education and Health Education and Department of Recreation Management and Exercise Science, Kenyatta University, Kenya. **Book of abstracts of the 17th biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES) Kenyatta University, Nairobi, Kenya, 6th – 8th June, 2010.**

- (v) **Mwisukha,A., Rintaugu, E.G., & Mwangi, P.W. (2012),** Witchcraft Practices in Kenyan Football: A Reality or Myth? International Journal of Sports technology Management and Allied Science, 1,1:1-10.
- (vi) Mwisukha, A., Rintaugu, E.G. & **Nteere, J.S** (2007) Leisure sports participation patterns of post-graduate students. The case of Kenyatta University, Nairobi Kenya. Proceedings of the **joint congress 2007 sea games and ASEAN Para games scientific congress and 5th Bangkok ASPASP International congress of sports psychology 1-4 December 2007 Bangkok**, Thailand, p.543
- (vii) **Nteere,J.S.,Rintaugu,E.G.,Murithi,M. & Kinyua,N.** (2009).The Grand coalition Government in Kenya: A recipe for sport development in Kenyan Universities. **Book of abstracts FISU conference**,Belgrade,Serbia (pp116).
- (viii) **Rintaugu, E.G.. Mwisukha, A., & Onywera, V.O (2012).** Analysis of Factors that affect the standard of soccer in Africa. The case of East African countries. Journal of Physical Education and Sport (JPES), 12, 1:135-139
- (ix) **Rintaugu, E.G., & Ngetich, E.D.K. (2012).** Motivational gender differences in sport and exercise participation among university sport science students. Journal of physical Education and Sport (JPES) 12,2:180-187.
- (x) **Rintaugu, E.G., Ngetich,E.D.K., & Kamande, I.M. (2012).** Determinants of alcohol consumption of University – student athletes: These case of University of Nairobi, Nairobi Kenya, Current Research Journal of Social Sciences, 4,5:354-361.
- (xi) **Rintaugu , E.G., Mwisukha, A.& Amusa., L.O. (2012).** Socio-demographic correlates of alcohol consumption among university athletes. African Journal of Physical Health Education Sports and Dance, 18, (4:2): 939-954.

- (xii) Rintaugu,E.G.,**Nteere,J.S** ., & Mwangi,I.K.(2011).Sports and Academic performance: Are Kenyan university athletes intellectually bankrupt?**FISU conference 13-16 August 2011,Shenzhen university china.p.154.**
- Rintaugu,E.G., & **Nteere,J.S** (2011).Motivational orientations of physical education (P.E) pre-service teachers in Kenya: Preliminary findings. **African Association of Physical, Health Education, Recreation, Sports and Dance**,13-15 sept.2011,pg.21.

ARTICLES IN PEER REVIEWED JOURNALS.

- (xiii) 1.Rintaugu,E.G & **Nteere,J.S** (2011).Motivational orientations in sport: A study of college athletes in Kenya. **International Journal of Current Research**, 3, 8:168-171.available online at <http://www.journalcra.com>
- (xiv) 2..Rintaugu,E.G.& **Nteere,J.S**.(2011).Availability and adequacy of sport facilities and equipment in selected secondary schools in Kenya. **The Fountain,Journal of School of Education**,5(1):84-96.

12. Staff of the Department

	Name	Designation	Numbers
1	Prof. Jacob S. Nteere (Ph.D)	Associate Professor	1
2	Dr. Elijah G. Rintaugu (Ph.D)	Senior Lecturer	1
3	Nicholas Bailasha (M.Ed)	Lecturer	4
4	Janet W. Kamenju (M.Sc)	Lecturer	
5	Michael D. Otieno (M.Ed)	Lecturer	
6	Simon P. Munayi M.Ed)	Lecturer	
7	Joan Theuri	Secretary	1
8	Susan Wamai	Clerk	1
9	Robert Wanjohi	Stores Clerk	1
Total			9

12 International Assignments and Responsibilities

The department has featured prominently in this area whereby members of staff offer leadership in administration or coaching at various international and national levels as follows:

Prof. J.S. Nteere - Elected the:-

- (i) African representative in the Federation of International University, Sport.
- (ii) Elected Vice President of Federation of African University Sport FASU
- (iii) Sits in the Eastern Africa University Sports Federation EAUSF as immediate past President
- (iv) Elected Treasurer of Africa Association of Sports Management ASMA

Mr. Simon Peter Munayi

Elected Secretary General of Eastern Africa University Sports Federation EAUSF

Mr. Michael David Otieno

- (i) Member of Technical Bench of Kenya Rugby Union
- (ii) The Kenya 15s Rugby Coach.