

Abstract

Unbowed tells the story of how a girl from the Central Highlands of Kenya became the first woman to earn a Ph.D. in East and Central Africa and head a university department in Kenya. We witness Professor Maathai's numerous run-ins with the brutally repressive Kenyan government and how she came to see planting trees as a way to empower local communities and galvanise a people to determine their own future. Called "engrossing and eye-opening, a work of tremendous dignity and rigor" by *Booklist* and "essential reading" by the London *Sunday Times*, *Unbowed* "provides uplifting proof of the power of perseverance—and of the power of principled, passionate people to change their countries and inspire the world" (*Washington Post*)