

ABSTRACT

Adult crying has always been a contentious issue among all adults. Is it right for an adult to cry? How will people take an adult who cries often? What are the reactions when you spot an adult crying? These are some of the questions that run through everyone's mind when the thought of adult crying features in their mind. Many adults have learnt to conceal their tears in public but this cannot be said to be the same case when it comes to them being all alone in their homes. This being an issue in the society I set out to study more about adults who cry and how often this happens. To perform this study though I decided I would not generalize on all adults but I would base my study on personality, gender, and culture as the factors that are the variables among adults who cry. In children, crying is mainly a way in how they express their emotions that range from wanting something to being in pain. One thing though is that in adults, crying is of a different level. An adult can express his/her feelings in various ways depending on the situation hence crying in adults is incomparable to that of children because adults have adapted to some situations in life and base their aspect of crying on factors that influenced them during growth, such as the culture they passed through, the personality they have acquired and what they have learned about being of a certain gender. The following factors, personality, gender, and culture, are the most influential when it comes to crying as an adults. This can be seen in say several cultures that do not believe that a man should shed tears