Lectures

Every Monday from 7:00 a.m. - 8:00 a.m. all residents attend academic teachings on various orthopedic topics as outlined in the curriculum. The presentation is by a member of staff of the department in the orthopedic seminar room. This time is protected, as all residents are relieved from clinical duties. The staff members are in attendance to moderate the session.

Case Discussions

On Tuesday from 7:00 a.m. - 8:00 a.m. all residents attend a case presentation. One of the registrars present a detailed history and examination of a case. Staff members then guide the discussion in the area of management of the patient.

Journal Club

The department has a weekly journal club every Thursday from 7:00 am to 8:00 am. This is done in the orthopedic department seminar room. Research papers are presented by registrars and discussed. The staff members are in attendance to moderate the session. The emphasis is not only on research methodologies but also different approaches to orthopedic problems.

Grand Rounds

Grand Rounds are held at the University Lecture Theatre 2 every Thursday from 2:15pm to 3:00 p.m. It is attended by both post graduate and undergraduate students. The topics of Grand Rounds rotate through all area of orthopedics. A junior resident presents the case while a senior resident discusses the topic in detail. Consultants from both the University and Kenyatta National Hospital attend the Grand round and moderate the session

Major Ward

There are three firms in the Orthopedic Department. Every firm does a major ward round every week and daily registrar ward rounds. During this rounds, teaching and instruction of 3^{rd} and 5^{th} year undergraduate students as well as postgraduate students takes place.

Surgical Calls

The registrars are first on call in the Accident and Emergency Unit and are under supervision of Consultant surgeons to do call. In this set up they are able to get hand on exposure under supervision and manage open fractures and simple shaft fractures as they come.