

# 3rd Eldoret Orthopaedic Symposium

## Thursday November 6<sup>th</sup>

08.00-08.30 Registration and welcome

Drs Lelei, Muteti  
Chairman KOA

### **Distal femoral fractures** (Drs Lelei and Ayumba, moderators)

08.30-09.30 Distal femoral fractures - group discussion

Faculty

09.30-09.45 Extraarticular femoral fractures

Dr Ekholm

09.45-10.00 Intraarticular femoral fractures

Dr Enocson

### **10.00-10.20 TEA BREAK**

10.20-10.35 Periprosthetic femoral fractures

Dr Enocson

10.35-11.30 Complications - group discussion

Dr Ekholm

### **Knee injuries** (Drs Andersson, and Ongaro, moderators)

11.30-11.50 Anatomy and biomechanics of the knee

Dr Muteti

11.50-12.10 MR vs arthroscopy for knee diagnosis

Dr Abuya

12.10-12.30 Clinical evaluation

Dr Makokha

### **12.30-13.30 LUNCH**

13.30-13.50 Knee extensor mechanism injuries

Dr Nyabera

13.50-14.20 Low energy knee ligament injuries

Dr Christer

14.20-14.40 High energy knee ligament injuries

Dr Muteti

14.40-15.00 Discussion

### **15.00-15.20 TEA BREAK**

15.20-15.40 Sports related knee conditions

Dr Bargoria

15.40-16.10 Rehabilitation of knee injuries

Ms Wanjiru,

Ms Wanyonyi

16.10-16.30 Knee pain in children

Dr Kilonzo

16.30-17.00 Discussion

**18.30- DINNER (Courtesy ...)**

## Friday November 7<sup>th</sup>

**Tibial fractures** (Drs Muteti and Vadgama, moderators)

|             |  |                     |
|-------------|--|---------------------|
| 08.30-10.00 | Proximal tibia and tibial shaft- group discussions | Faculty             |
| 10.00-10.30 | Complex proximal tibia fractures                   | Drs Enocson, Ekholm |
| 10.30-10.45 | Tibial shaft fractures                             | Dr Ligeyo           |

**10.45-11.05 TEA BREAK**

|             |  |             |
|-------------|--|-------------|
| 11.05-11.20 | Classification of soft tissue injuries               | Dr Nthumba  |
| 11.20-11.50 | Soft tissue coverage of the tibia                    |             |
|             | Fasciocutaneous flaps                                | Drs Nthumba |
|             | Myocutaneous flaps                                   | Dr Ashraf   |
| 11.50-12.50 | Group discussion - complications in tibial fractures | Dr Enocson  |

**12.50-14.00 LUNCH**

|             |   |            |
|-------------|---|------------|
| 14.00-14.30 | Anatomy and surgical approaches to the distal tibia | Dr Njoroge |
| 14.30-15.15 | Group discussions – distal tibia                    | Faculty    |

**15.15-15.35 TEA BREAK**

|             |   |            |
|-------------|---|------------|
| 15.35-15.50 | Malleolar fractures – my preferred approach         | Dr Lelei   |
| 15.50-16.10 | Timing of fracture fixation of open tibia fractures | Dr Ekholm  |
| 16.10-16.40 | Surgical management of pilon fractures              | Dr Enocson |
| 18.30-19.00 | Orthopaedic training in Kenya in the future         | Prof Gakuu |

**19.00- DINNER (Courtesy: Orthomedics)**

**Saturday November 8<sup>th</sup>**

**Tibial fractures, ctd** (Dr Nyabera, moderator)

|             |   |            |
|-------------|---|------------|
| 08.30-08.50 | Bone loss and malunion                                    | Dr Muchiri |
| 08.50-09.10 | Compartment syndrome                                      | Dr Nthumba |
| 09.10-09.30 | Mangled extremity –<br>reconstruction or early amputation | Dr Nthumba |

**09.30-09.50 TEA BREAK**

|             |  |            |
|-------------|--|------------|
| 09.50-11.30 | Group discussion – complications in tibial fractures | Dr Enocson |
| 11.30-12.00 | Vote of thanks, dismissal                            |            |

