

Olympic champions train UoN handball team

The University of Nairobi handball team was trained on handball defense, attack and scoring skills by World Olympic Champions, 2016, Denmark, led by their head-coach, Anders Thomsen.

Several other universities including Kenyatta University, Technical University of Kenya (TUK), St. Paul University, Nazarene University, joined the training session to learn from the world champions. The one day training program was organized by Kenya Universities Sports Association, (KUSA).

Speaking during the training session, the Danish coach observed that Kenya has talented players, who need to be coached on their defense and scoring skills to realize their potential.

“The only thing lacking in the Kenyan is strategy,” he said. “Once the Kenyan teams work on their structure and strategy, you should be as good as any other world champion. I can see a lot of talent here.”

Denmark has been able to produce world class players by having organized structure which the Kenyan teams lack. They begin by nurturing talents of school going children and developing their talents as they grow up.

The Danish team has started coaching high school students in Kenya to develop the handball talent in the country. They have been working with Alliance Girls High School and Alliance Boys High Schools. They have also coached students from Raila Educational Centre in Kibera slums.

In the near future, the World Champions plan to introduce beach handball in the country.