

## **Benefits and Selected Health Risks of Urban Dairy Production in Nakuru, Kenya**

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### **Abstract**

Health risks from food production in urban areas are attracting increased international attention, especially in poor countries with rapid urbanization where urban farming is widely practiced to mitigate hunger and poor nutrition as well as reduce food expenditures. This study examines a selected range of health risks as compared to the benefits for an urban population for which a considerable quantity of background data are available, namely Nakuru municipality in Kenya. The research was carried out in conjunction with a related survey of crop-livestock-waste interactions in the same town, described in the previous chapter.