This research merges the study of certain aspects of two broad disciplines, namely Law and Governance. The approach of the study is to interrogate the interplay between the two disciplines within the parameters of control, management and sustainable exploitation of the marine resources within Kenya's maritime zones. The study thus undertakes a critical appraisal of the policy, legal and institutional frameworks put in place by Kenya for the management, conservation, control and sustainable exploitation of the marine resources. Eventually the study will show that the current policy, legal and institutional frameworks for the control and management of Kenya's marine resources are ineffective and need to be reformed and made more viable on the basis of proper interplay between law and governance. The study will therefore call for the establishment of functional, effective, comprehensive and integrated policy, legal and institutional frameworks for the governance of Kenya's maritime zones