

UNIVERSITY OF NAIROBI

ANTICANCER AND ANTIBACTERIAL PROPERTIES OF SECONDARY METABOLITES FROM THREE SELECTED MACARANGA SPECIES AND PHYTOCHEMISTRY OF FICUS THONNINGII

BY

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2023

DECLARATION

I declare that this thesis is my original work and has not been submitted elsewhere for examination, award of a degree or publication. Where other people's work or my own work has been used, this has properly been acknowledged and referenced in accordance with the University of Nairobi's requirements.

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DEDICATION

This thesis is dedicated to Almighty Allah (SWA) for His infinite mercy in my life, without who nothing is possible.

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ABSTRACT

Medicinal plants are essential in human ailment therapy even before modern civilization. The quest for and utilization of these medicinal plants has continued to receive increased interest. Cancer is a major global health issue affecting all communities irrespective of their development status. Bacteria, in addition to triggering cancer progression, continue to be a significant source of morbidity and fatality in cancer patients. The rising prevalence of drug resistance by cancerous cells and bacteria and the diverse undesirable side effects have necessitated the search for lead compounds that may be exploited in developing novel therapeutic drugs with better efficacy and less toxicity. Therefore, dichloromethane/methanol (1:1) extracts of different parts of Macaranga conglomerata, Macaranga capensis, Macaranga kilimandscharica, and Ficus thonningii were phytochemically investigated, and the isolated compounds evaluated for anticancer and antibacterial potencies. To identify and purify pure several chromatographic procedures were utilized, including column compounds, chromatography (CC) using silica gel, Sephadex LH-20, and Chromatotron. The structures of the isolated compounds were determined using spectroscopic (NMR, UV, IR, optical rotation) and spectrometric (HRESIM) techniques. Phytochemical analysis of all the plant samples led to the isolation of compounds, out of which one is novel. twenty-two Phytochemical analysis of *M. conglomerata* leaves afforded five compounds, including three flavonoids (245 – 247) and two ellagic acid derivatives (248 - 249). The stem bark of *M. conglomerata* yielded a triterpenoid (250). A triterpenoid (251), two coumarins (252-253), one ellagic acid derivative (254), and three flavonoids (255 - 257) were isolated from the stem bark of *M. capensis*. Chemical analysis of the root extract of M. Capensis afforded a sterol (258) and a phenolic oxirane (259). The stem bark of *F*. thonningii yielded seven compounds, including four flavonoids (260-263), one phenolic acid (264), one sugar (265), and one sterol (266). 6-[(2(E),7(E))-6-Isopropyl-3,9-dimethyldeca-2,7,9-trienyl] kaempferol (trivially named as conglomeratin) (245)is new. while 2,2'-(((propane-2,2-diylbis(4,1phenylene))bis(oxy))bis(methylene))bis(oxirane) (259) has not been isolated from nature before now. Saccharose (265) is reported from the genus Ficus for the first time. Methyl thiazol tetrazolium (MTT) assay was used to assess the cytotoxicity of the isolated compounds to anticancer potential. Among the tested compounds, conglomeratin (245) determine their displayed the highest cytotoxic potency against liver (HepG2) (IC₅₀ = 13.1μ M) and breast (MCF-7) (IC₅₀ = $16.2 \,\mu$ M) cancerous cells. Compound **259** also showed moderate cytotoxic potential against HepG2 (IC₅₀ = 15.6 μ M) and MCF-7 (IC₅₀ = 28.2 μ M), respectively, while

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compound **251** displayed moderate activity ($IC_{50} = 42.9 \,\mu M$) only against the HepG2 cell line. The IC₅₀ values for the reference drug doxorubicin were $0.69 \,\mu M$ (MCF-7) and $0.81 \,\mu M$ (HepG2). Using the iodonitrotetrazolium (INT) colorimetric test, the antibacterial properties of the extracts and pure compounds were assessed. The minimal inhibitory concentration (MIC) values for the three (*M*. conglomerata. Macaranga species *M. capensis*, and *M*. kilimandscharica) extracts ranged from 4 to 128 µg/mL against Gram-positive (Staphylococcus aureus) and Gram-negative (Escherichia coli, Enterobacter aerogenes, Klebsiella pneumoniae, Providencia stuartii and Pseudomonas aeruginosa) microorganisms. Almost all the extracts displayed a bactericidal impact on the tested bacteria with a minimal bactericidal concentration (MBC)/minimal inhibitory concentration (MIC) ratio of less than 4. Compound 245 showed significant and moderate activities towards *P. aeruginosa* (MIC = $7.8 \mu g/mL$) and *S. aureus*, *E. coli* and *K. pneumoniae* (MIC = $62.5 \,\mu/mL$), while compound **248** displayed selectivity for *K*. pneumoniae (MIC = $7.8 \mu g/mL$), and compound **246** was potent against *P. aeruginosa* (MIC = $1.0 \,\mu$ g/mL). The MIC values for the reference drug ciprofloxacin ranges from $1.0 - 15.6 \,\mu$ g/mL for all the microorganisms. The current study has revealed that compounds from the Macarana species exhibited strong to moderate anticancer potentials and broad-spectrum antibacterial activities. Hence, they should as candidates for therapeutic agents in drug be exploited development.



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LIST OF ABBREVIATIONS/ACRONYMS AND SYMBOLS

A549	Human Lung Adenocarcinoma Cells	MCF-7	Human Breast Carcinoma Cells	
CC	Column Chromatography	HepG2	Human Liver cancer Cells	
CD ₃ OD	Deuterated Methanol	т	Multiplet	
CDCl ₃	Deuterated Chloroform	m/z	Mass to Charge Ratio	
CH_2Cl_2	Dichloromethane	MeOH	Methanol	
COSY	Correlation Spectroscopy	MHz	Mega Hertz	
d	Doublet	MS	Mass Spectrometry	
dd	Double Doublets	NMR	Nuclear Magnetic Resonance	
DEPT	Distortionless Enhancement by Polarization Transfer	NOESY	Nuclear Overhauser and Exchange Spectroscopy	
TEDFund	Tertiary Education Trust Fund	TLC	Thin Layer Chromatography	
HMBC	Heteronuclear Multiple Bond Correlation	UV	UltraViolet	
HRESIMS	High-Resolution Electrospray Ionization Mass Spectrometry	WHO	World Health Organization	
HSQC	Heteronuclear Single	δ	Chemical Shift	
Hz	Hertz	µg/mL	Microgram Per Milliliter	
IC ₅₀	Half- maximum Inhibitory Concentrat	S	Singlet	
IR	Infrared Radiation	μM	Micro Molar	
MTT	Methyl Thiazol Tetrazolium	MIC	Minimal Inhibitory Concentration	
DMSO-d6	Deuterated Dimethylsulfoxide	MBC	Minimal Bactericidal Concentratio n	
MDR	Multi-Drug Resistant	CCM	Complete Culture Medium	
EMEM	Eagle's Minimum Essential Me dium	ATCC	American Type Culture Collection	
INT	Iodonitrotetrazolium	MHB	Mueller Hinton Broth	
МНК	Ministry of Health Kenya	AMP	Ampicillin	
СҮР	Cyprofloxacin	ATM	Aztreonam	
CEF	Cefepime	CHL	Chloramphenicol	
KAN	Kanamycin	NAL	Nalidixic acid	

NOR	Norfloxacin	STR	Streptomycin
TET	Tetracycline	FLX	Flomoxef
IM/CS	Imipenem/Cilastatin Sodium	GEN	Gentamicin
brs	Broad singlet		

LIST OF PUBLICATIONS

Ibrahim Hashim, Leonidah Kerubo Omosa, Vaderament-Alexe Nchiozem-Ngnitedem, John Mmari Onyari, Shital Mahindra Maru, Michel-Gael Fofack Guefack, Armelle Tsafack Mbaveng and Victor Kuete (2021). Antibacterial Activities and Phytochemical Screening of Crude Extracts from Kenyan *Macaranga* Species Towards MDR Phenotypes Expressing Efflux Pumps. *Pharmacognosy Communications*, 11(2): 119-126, DOI: 10.5530/pc.2021.2.22

Ibrahim Hashim, John Mmari Onyari, Leonidah Kerubo Omosa, Shital Mahindra Maru, Vade rament-A Nchiozem-Ngnitedem and Rajshekhar Karpoormath (2022). Conglomeratin: a new antibacterial flavonol derivative from *Macaranga conglomerata* Brenan (Euphorbiaceae). *Natural Product Research*, 36(23): 6012-6020, DOI: 10.1080/14786419.2022.2061481

Ibrahim Hashim, Leonidah Kerubo Omosa, John Mmari Onyari, Shital Mahindra Maru and Justus Mukavi (2022). Chemical constituents from the stem bark of *Ficus thonningii* and their chemotaxonomic significance. *European Journal of Medicinal Plants*, 33(10): 19-27, DOI: 10.9734/EJMP/2022/v33i1030493

CHAPTER 1: INTRODUCTION

1.1: Background

Medicinal plants have been essential in human ailment therapy even before moderncivilization. these medicinal plants has continued to receive increased The quest for and utilization of interest, particularly in developing countries. Medicinal herbs are increasingly being used in industrialized nations for therapeutic and preventative purposes, particularly for the treatment of hard-to-treat diseases. In fact, almost 60 % of people worldwide utilize herbal medicines to (El-Seedi et al., 2013; Alves-Silva et al., 2017). These developments meet their health needs are related to medicinal herbs' availability and affordability in emerging nations and the accessibility of traditional medicine practitioners to the population. These phenomena are observable in rural areas where patients can pay for the services of herbal practitioners as local standard practice stipulates. The primary elements influencing the rising interest in medicinal plants in industrialized countries are their natural origin and lower or non-existent toxicity when compared to the adverse consequences of manufactured medications (Lowe et al., 2021). In Africa, nearly 80 % of the population resort to fork remedies for diseases, including pain, malaria, infertility, diabetes, cancers, and microbial infections (Ozioma and Chinwe, 2019). Njoroge et al. (2010) stated that about 90 % of Kenyans had utilized medicinal plants to treat one ailment or the other at least once in their lifetime. This is invariably connected to the cultural acceptability and effectiveness of the plants in improving hard-to-treat diseases besides their cheapness and local availability.

Plants generate a vast array of phytochemicals with a wide range of structures. These phytochemicals are referred to as secondary metabolites, as opposed to primary metabolites, needed in the development of plants. Phytochemicals (natural products) such as alkaloids, phenolic compounds and terpenoids all contribute significantly to how plants interact with their

surrounding ecosystems. They may function as hormones or substances that defend plants from pathogens and phytophagous or as floral pigments capable of enticing pollinators. Natural products facilitate basic plant development processes and are historically utilized for medications (Springob and Kutchan, 2009).

Phenolic compounds such as resveratrol (1) and epigallocatechin-3-gallate (2) found in Arachis hypogea respectively, were both reported to be effective anticancer and and green tea, antibacterial agents (Vestergaard and Ingmer, 2019; Priya and Satheeshkumar, 2020; Wu and Brown, 2021). Plant-derived secondary metabolites such as Urgineanin A(3) and homoisopogon A (4) isolated from Urginea depressa and Ophiopogon japonicus, respectively, revealed promising anticancer against multidrug-resistant cancerous cells (Dai activities et al., 2013; Dang et al., 2017; Bitchagno et al., 2020). Furthermore, ferruginin A (5) and candidone (6) from *Harungana* madagascariensis and Milicia excelsa, respectively, were found to display significant antibacterial activities against multidrug-resistant bacteria (MIC = 4–64 µg/mL) (Mbaveng *et al.*, 2015; Tankeo *et al.*, 2016).





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Many other plants traditionally utilized for cancer and bacterial infection treatment may be sources of lead compounds needed to develop medications against these diseases. Plants in the genera *Macaranga* and *Ficus* are examples of such plants. Prenylated flavonoids, which possess diverse pharmacological activities, including anticancer and antibacterial properties, are commonly found in *Macaranga* and *Ficus* genera plants (Kuete *et al.*, 2011; Mai *et al.*, 2020; Vu *et al.*, 2021; Pagna *et al.*, 2022). In this study, therefore, crude extracts and isolated compounds from three *Macaranga* species, *Macaranga* conglomerata, *Macaranga* capensis, and *Macaranga* kilimandscharica found in Kenya, were examined for potential utilization in cancer and bacterial infection treatment. Additionally, *Ficus thonningii* was phytochemically investigated.

1.2: Statement of the Problem

Cancer is a major global issue affecting all communities irrespective of their health development status. Globally, the burden of cancer has been rising in terms of new cases and fatalities. In 2020, for instance, the global total cancer deaths increased to about 10 million (Sung et al., 2021) from 9.6 million mortality recorded in 2018 (Bray et al., 2018). Moreover, cancer and cardiovascular diseases are presently considered the main causes of mortality globally (Bray et al., 2021). The prevalence rate of cancer in developing nations such as Kenya has shown a steady increase despite the government's strategic plans to control the menace of cancer. In 2017, for instance, the Kenyan Ministry of Health reported about 39,000 new cancer patients and 27,000 cancer mortality (MHK, 2017; 2022). However, within one year, the indices of cancer in Kenya had risen to 47,887 and 32,987 for new cancer patients and mortality, respectively (WHO, 2018). The most common malignancy among women was breast cancer, responsible for 15.5 % of cancer fatalities globally among female patients in 2020 (Sung et al., 2021). It was the leading type of cancer in females in Africa and Kenya, with an estimated incidence of 186,598 and 6,799, respectively, in 2020. In Kenya, breast cancer

accounted for 11.5% (3,107) of all cancer-related fatalities, making it the second most common cancer-related cause of death. Nevertheless, one of the most typical tumours among men is liver cancer. In 2020, it accounted for 10.4 % of overall cancer mortality in males (Ferlay *et al.*, 2021). Liver cancer was reported as the third leading cause of mortality in Africa (66,944) (GLOBOCAN, 2020; Ferlay *et al.*, 2021; Sung *et al.*, 2021; MHK, 2022).

Microbes such as bacteria are among the main components that exponentially contribute to cancer initiation and development. Infectious agents, especially bacteria, account for 16.1 % of malignant tumors globally (Khatun et al., 2021). Chronic inflammation brought on by bacterial infections causes cancer to develop and ultimately results in death. For instance, *Helicobacter pylori*, a bacterium found in the stomach, attacks the DNA of the host cells, controls the immune system, and induces inflammation that can activate cell growth and result stomach cancer (Dekaboruah et al., in 2020; Khatun et al., 2021). Another noteworthy illustration is Fusobacterium nucleatum which is associated with colorectal and oral cancers (Sethi et al., 2019; Harrandah et al., 2021). The bacterium was found to be capable of releasing toxins and carcinogenic metabolites and is responsible for inflammatory diseases of the digestive tract (dos Reis et al., 2019). Apart from triggering the cancer progression, bacteria remain a significant source of mortality and fatality in cancer patients.

Chemotherapeutic drugs are the most commonly available and frequently utilized cancer therapy option, yet these drugs are not selective and can damage normal cells. Moreover, most chemotherapy drugs such as doxorubicin (7) now in use cause significant side effects, leading to increased mortality (Elasbali *et al.*, 2022) and treatment resistance in malignant cells (Lu *et al.*, 2015; Christowitz *et al.*, 2019; Li *et al.*, 2021). Further, antibiotic efficacy loss due to bacterial antibiotic resistance has hampered the cancer therapeutic effectiveness (Nanayakkara

et al., 2021). Ciprofloxacin is an example of such antibiotic (**8**) (Hamed *et al.*, 2018; Pang *et al.*, 2019). Due to the rising prevalence of drug resistance by cancerous cells and bacteria, it has become imperative to identify lead compounds that may be exploited in developing novel therapeutic drugs. This can be achieved by investigating the potential of historically used medicinal plants such as *Macaranga* and *Ficus* species. Most of these compounds derived from natural sources, particularly medicinal plants, are effective and selective against malignant cells and bacteria, with little or no side effects (Kuete *et al.*, 2011; Vu *et al.*, 2021).



1.3: Objectives of the Study

1.3.1: General Objective

This study's general objective was to isolate the secondary metabolites from three selected *Macaranga* species and *Ficus thonningii* with potential anticancer and antibacterial applications.

1.3.2: Specific Objectives

The specific objectives of this study were:

- i) To determine the secondary metabolites of *Macaranga conglomerata*, *Macaranga capensis*, *Macaranga kilimandscharica*, and *Ficus thonningii*.
- To assess the cytotoxic potency of the isolated compounds from the selected Macaranga species.
- iii) To evaluate the antibacterial activities of the selected *Macaranga* species's crude extracts and isolated compounds.

1.4: Justification of the Study

Prenylated flavonoids and stilbenes have recently received increasing interest in cancer chemoprevention and chemotherapy due to their characteristic structures' diversity and broad-ranging bioactivities on multi-target tissues (Nema *et al.*, 2012; Chen *et al.*, 2014). The high antioxidant, anti-inflammatory, and apoptosis-inducing ability of these metabolites are linked to their pharmacological potentials with minimal side effects(Sirerol *et al.*, 2016). Furthermore, natural metabolites (such as flavonoids) have the capability of interacting with the different constituents of bacterial cell structure, making them better antibacterial agents (Pistelli and Giorgi, 2012; Borges *et al.*, 2016).

Previous investigation revealed that the genera *Macaranga* and *Ficus* contain prenylated flavonoids and stilbenes with potent pharmacological activities. Diterpenes, coumarins, and tannins were also reported from the two genera (Kamarozaman *et al.*, 2019; Insanu *et al.*, 2020; Salehi *et al.*, 2021). The cancer cell line A2780 was sensitive to macarecurvatin B (**9**) (IC₅₀ = 0.83 μ M) isolated from *M. recurvate* (Tanjung *et al.*, 2012). Lonchocarpol A (**10**) from *M. Hurifolia* demonstrate potent antibacterial efficacy with MIC values of 7.65 and 0.18 μ M towards *S. typhi* and *K. pneumoniae*, respectively (Pagna *et al.*, 2022).



Furthermore, myrsininone A (11) isolated from the fruits of *F. aurata* exhibited broadspectrum antibacterial properties, with MIC ranges between 1.25 to 20.00 μ g/mL (Shao *et al.*, 2022).

Although several *Macaranga* species have been recognized to have pharmacological potential and a variety of traditional uses, the anticancer and antibacterial efficacy of crude extracts and compounds from the three selected Macaranga species have not received any attention. Furthermore, a literature survey indicated that little been done to isolate secondary has metabolites in F. thonningii. The antibacterial activity of Ficus thonningii leaves extract was reported by Kone and his colleagues (Koné et al., 2004). However, the systematic phytochemical studies of F. thonningii from East Africa has hitherto not been reported. Based on the established paucity of data, the anticancer and antibacterial potentials of the selected Macaranga species and the phytochemical constituents of F. thonningii were investigated.

CHAPTER 2: LITERATURE REVIEW

2.1: Cancer

In a broader perspective, an assembly of syndromes known as cancer are defined by uncontrolled and abnormal cell development capable of invading and spreading to different bodily regions. Cancer is considered the leading cause of fatality and a global impediment to longevity (WHO, 2020; Sung *et al.*, 2021). Globally, about 10 million cancer deaths and over 19 million new cases of the disease were reported in 2020 (Sung *et al.*, 2021). The rapid and growing cancer occurrence and lethality are associated with the prevalence of the risk factors that are linked to socio-economic development (Lortet-tieulent *et al.*, 2020). Malignant diseases have emerged as a public health menace in Africa. Africa, in 2020, accounted for 1.1 million of the World's cancer cases and 712 800 cancer deaths (which equates to approximately 2000 cancer mortality per day).

In contrast to other World regions (except Asia), the share of cancer mortality in Africa (7.2 %) is higher than that of the incidence (5.7 %) (Sung *et al.*, 2021). Barriers to early detection and quality cancer treatment, less healthy diets and cancer types are the main contributing factors associated with Africa's high cancer fatality rate. Infectious diseases, smoking, diet, unhealthy lifestyles, occupational and behavioural risks, and obesity are attributed to Africa's rising cancer rate (Sylla and Wild, 2012; Makhafola and McGaw, 2017). The most diagnosed form of cancer in the African region are the female breast, lung colorectum, prostate and stomach, with female breast cancer leading the cause of cancer incidence (186 598), whereas lung cancer account for the highest cancer mortality (Sung *et al.*, 2021).

To stem the ever-growing burden of cancer on the public's health system, particularly in Africa, affordable and quality treatment modalities are required, besides early detection and diagnosis policies. Treatments and palliative care are the essential components of a comprehensive cancer

management approach. Whereas surgery, radiotherapy, chemotherapy, targeted therapy, immunotherapy, or their combination are the leading cancer treatment strategies worldwide, palliative care aims to improve cancer patients' life quality through surgical and radiological 2006; Yildizhan et al., 2018). However, these palliation and pain management (Ngoma, treatment strategies are often associated with different side effects; the most notable being severe pain and secondary cancer formation (Huang et al., 2017). Chemotherapy remains the most promising option in cancer management, but the regimen is confronted with drug resistance by different cancerous cells. The resistance is borne either by increasing medication release outside the cells or by reducing its cell's absorption (Mansoori et al., 2017). The drug resistance results in tumour relapse, followed by a metastatic process (Kuczynski et al., 2013; Housman et al., 2014). Therefore, it has become necessary to look for selective chemo-agents from natural sources, especially those with low disease resistance, fewer side effects, high medicinal attributes, and cost-effectiveness.

2.1.1: Anticancer Drugs of Natural Origin

Bioactive molecules derived from various natural sources have the potential to be medicinally significant. The utilization of medication from natural sources, predominantly plants, is as old as human civilization across the globe. Nature remains a trove of possible chemotherapeutic medicines and lead compounds (Khazir *et al.*, 2014). More than 60 % of today's cancer medications originate from plants or microbes (Newman and Cragg, 2012). Potent analogues and prodrugs are developed using phytochemicals isolated from natural sources as a paradigm via chemical techniques such as total or combinatorial synthesis (Basmadjian *et al.*, 2014; Cragg and Pezzuto, 2016). As of 2012, approximately 80 % of the 236 new chemical entities approved as chemotherapeutic drugs were derived from or inspired by natural products (Khazir *et al.*, 2014).

Plant-derived agents like vincristine (12) and vinblastine (13) from *Catharanthus roseus*, as well as etoposide (14) from *Podophyllum peltatum* (Lee and Xiao, 2011) are among the most effective cancer chemotherapeutics on the market today (Cragg and Pezzuto, 2016). Other anticancer agents of plant origin in clinical use include gimatecan (15) from *Camptotheca acuminate* (Pecorelli *et al.*, 2010) and cabazitaxel (16) from *Taxus brevifolia* (Paller and Antonarakis, 2011).



Microorganisms are also regarded as promising sources of natural chemotherapeutic agents due to their vast dispersion and diversity. Furthermore, harsh environment-resistant microbes release compounds that may have medicinal uses. Mitomycin (**17**), epirubicin (**18**), and valrubin (**19**) are all *Streptomyces sp.* derived anticancer agents used to treat breast and bladder cancers (Ormrod *et al.*, 1999; Kuznetsov *et al.*, 2001; Khazir *et al.*, 2014).





2.1.2: Phytochemicals with Anticancer Potentials

Scientific evidence suggests that phytochemicals and derivatives are promising options for improving treatment efficiency and reducing adverse reactions in cancer patients. Several of these metabolites have been evaluated for cytotoxicity. By scavenging free radicals, suppressing tumour growth, and acting as anti-angiogenic agents, they have overlapping and supporting mechanisms that slow cancer development (Choudhari *et al.*, 2020; Khan *et al.*, 2022). Among them was alpinumisoflavone (**20**) (IC₅₀ = 9.60 μ M), a pyranoisoflavone isolated from *Ficus chlamydocarpa*, which induced apoptosis in drug-sensitive drugs CCRF-CEM leukaemia cells (Kuete *et al.*, 2016). Morusin (**21**) (IC₅₀ = 0.64 μ M), atalantoflavone (**22**) (IC₅₀ = 1.25 μ M), and 3'-geranyl-3-prenyl-2',4',5,7- tetrahydroxyflavone (**23**) (IC₅₀ = 1.32 μ M), all reported from *Morus alba*'s leaves, demonstrated potent cytotoxic efficacy against human cervical cancer cells (HeLa) (Dat *et al.*, 2010).



Chou *et al.* (2010) isolated cryptocaryanone A (**24**) from *Cryptocarya chinensis* which showed cytotoxic activities against MCF-7 ($IC_{50} = 5.1 \mu M$), SF-268 ($IC_{50} = 5.0 \mu M$), and NCI-H460 ($IC_{50} = 4.3 \mu M$). Two isoflavones, durmilone (**25**) and 6,7,3'-trimethoxy-4',5'- methylenedioxyisoflavone (**26**) from *Lonchocarpus bussei* displayed significant cytotoxic activities against leukaemia CCRF-CEM cells with $IC_{50} = 0.54$ and 6.27 μM , respectively (Adem *et al.*, 2019).



A diterpene, 7-(2-oxohexyl)-11-hydroxy-6,12-dioxo-7,9(11),13-abietatriene[=7-(2-oxohexyl)taxodione] (27), isolated from *Salvia austriaca*, was tested using MTT assays for its cytotoxicity effect against three tumour cancerous cells (Kuźma *et al.*, 2012). The compound

had a considerable impact in preventing the proliferation of all the tested tumour cells, considering the IC₅₀ values of 0.63 μ M (HL-60), 0.66 μ M (NALM-6) and 0.72 μ M (WM-115). Antiproliferative activities of diterpenoids from *Salvia yunnanensis* against HeLa cells: salyunnanin D (**28**) (IC₅₀ = 7.92 μ M), salyunnanin E (**29**) (IC₅₀ = 0.86 μ M), and danshenol A (**30**) (IC₅₀ = 5.74 μ M) were reported (Wu *et al.*, 2014). Bourjotinolone B (**31**) was evaluated for cytotoxicity against A-549 cell lines after its isolation from *Toona sinensis* (Tang *et al.*, 2016). It displayed potent inhibition and selectivity on A-549 cells, including inducing apoptosis.



Three alkaloids, maculine (**32**) (IC₅₀ = 9.5 μ M), 5-methoxymaculine (**33**) (IC₅₀ = 7.9 μ M), and flindersiamine (**34**) (IC₅₀ = 8.9 μ M), reported from *Oricia suaveolens* inhibited the activities of lung adenocarcinoma A-549 cell line (Wansi *et al.*, 2008).





2.2: Bacterial Infections

Infectious diseases caused by bacteria and viruses continue to pose a serious threat to public health, claiming 500,000 individual lives annually and accounting for 25 % of all deaths worldwide (Nii-trebi, 2017; Sebola *et al.*, 2020). In developing countries, infectious diseases account for about 45 % of mortality, and approximately 90 % of these deaths are mainly due to bacterial infections (Al-judaibi, 2014; Nii-trebi, 2017). Infections resulting from antibiotic-resistant pathogens have become a significant concern. The WHO has identified antibiotic resistance as a serious problem to global health, with an estimated 700,000 fatalities annually (Aslam *et al.*, 2018; Koulenti *et al.*, 2019). Fighting pathogen-caused diseases and complications arising from chemotherapy, dialysis, or organ transplanting has been impaired due to the continuing trend of loss of effective antibiotics.

Resistance-causing bacterial infections have become more common, and certain bacteria strains are now almost immune to antibiotics (Breijyeh et al., 2020). According to research, certain bacteria have been linked to human cancers, and bacterial infection is responsible for about 15% of cancers globally, making it a serious health concern (Mager, 2006; Sebola et al., 2020). For Helicobacter Salmonella typhi, Chlamydia pneumoniae, instance. pylori. Chlamydia trachomatis, and Streptococcus bovis are associated with gastric cancer (Nokhandani et al., 2021), gallbladder cancer (Kumar et al., 2006), lung cancer (Littman et al., 2004; Manton et cervical carcinoma (Castanheiraa et al., 2021), and colon cancer al., 2009), (Cheng *et al.*, 2020), respectively. Chronic infections, immune evasion and suppression, and in some cases, producing toxins that alter the normal cell growth, which results in tumour initiation and promotion, thereby causing and facilitating mutations, are the mechanisms by which bacterial agents can cause cancer (Mager, 2006; Elsland and Neefjes, 2018).

2.2.1: Multidrug resistance in Bacteria

Bacterial resistance to antibiotic drugs has become a major health challenge in both developing and developed nations due to an increased rate of disease incidents, death, and prolonged hospital stay or medical procedures (Sebola *et al.*, 2020). Overuse of antibiotics, lack of quality and affordable medicine, increase in the number of immunodepressed patients, and incorrect prescriptions are contributing factors in the emergence of resistant bacterial strains (Sebola *et al.*, 2020; WHO, 2017). Bacteria can acquire antibiotic resistance from other bacteria or via genetic mutation. Through mutations, bacteria can produce enzymes or other chemically active substances that can render antibiotics ineffective. In some instances, the mutations enable the bacteria to remove the antibiotic-attacked target cells or block the entrance points via which the antibiotics enter the cells (Tanwar *et al.*, 2014; Reygaert, 2018; Breijyeh *et al.*, 2020).

Six dangerous bacteria species, including *Enterobacteriaceae* (mainly *E. coli*, *Salmonella spp.*, and *Klebsiella pneumoniae*), *Acinetobacter spp.*, *Pseudomonas aeruginosa*, *Enterococcus spp.*, *Mycobacterium tuberculosis*, and *Neisseria gonorrhoeae*, are resistant to almost all antibiotics (WHO, 2014, 2017). *Staphylococcus aureus* is also classified as a highly antibiotic-resistant pathogenic bacteria (Chua and Gubler, 2013; WHO, 2017).

2.2.2: Natural Product Derived Antibiotic Drugs

Natural products are used to develop therapeutic agents for almost every disease (Patridge *et al.*, 2016). Plant metabolites have remained the origin of potent therapeutics against pathogenic microbes (Rossiter *et al.*, 2017). Only three of the nine classes of antibiotics (sulfonamides, fluoroquinolones, and oxazolidinones) are synthetically developed, leaving the other six isolated from nature. These classes of antibiotic drugs from nature include penicillin G (**35**), tetracycline (**36**), erythromycin (**37**), gentamicin (**38**), and clindamycin (**39**) (Patridge *et al.*, 2016; Rossiter *et al.*, 2017).



Bacterial resistance to these drugs and their derivatives has increased due to their frequent prescription for nonbacterial infections, such as viral infections, and unregulated use, resulting in sublethal doses, allowing resistance to spread quickly (Ventola, 2015). Therefore, the need for new medications with novel biochemical interactions to fight infections caused by resistant bacteria is critical. Phytochemicals have the potential to act as effective antimicrobial agents. They can equally improve the efficacy of conventional antibiotics when used in combination therapy.

2.2.3: Phytochemicals with Antibacterial Potentials

Plant-derived compounds can interact with the pathogenic processes, thereby decreasing the bacteria's ability to develop resistance. These compounds, including flavonoids (especially prenylated), terpenoids, alkaloids, and essential oils, have proven efficacy against drug-resistant bacteria (Savoia, 2012; Barbieri *et al.*, 2017; Gorniak *et al.*, 2019). For example, 6,8-diprenyleriodictyol (**40**), isobavachalcone (**41**) and 4-hydroxylonchocarpin (**42**), isolated from

Dorstenia species, showed potency towards methicillin-resistant *S. aureus* strain, displaying MIC of $0.5 - 4.0 \mu$ g/mL (Dzoyem *et al.*, 2013).



42: R = Prenyl

Licoflavone C (**43**) and derrone (**44**) from *Retama raetam* manifested good activities against *E. coli* (MIC = 7.81 µg/mL) (Edziri *et al.*, 2012). Neocyclomorusin (**45**), candidone (**46**), and neobavaisoflavone (**47**) were evaluated by Mbaveng *et al.* (2015) for their potency towards *E. coli* and *K. pneumoniae*. The compounds' MIC ranged between 4 to 8 µg/mL. 3'-O-methyldiplacol (**48**) and mimulone (**49**) were isolated from *P. tomentosa* fruits and screened against five MRSA strains (1903, 3202, 62097, 67755, 1679). The compounds' MICs (2 – 8 µg/mL) confirmed their strong activity (Navrátilová *et al.*, 2016).





46: R = Prenyl



47: R = Prenyl



2.3: Bacteria and Cancer

Bacterial and viral inflammatory microenvironments have been proven to cause carcinogenesis. The interaction of immune systems with some microorganisms leads to the generation of persistent inflammation that aids in cancer development (Mager, 2006). Previous research has shown an important link between gastric cancer and infection caused by H. pylori (Wroblewski et al., 2010). Furthermore, B. fragilis and E. coli play an integral part in colon cancer development by causing chronic inflammation. Due to their poisons and metabolites, among others, bacteria can also cause cancer (Nokhandani et al., 2021). Chronic activation of reactive oxygen species (ROS), interleukin-8 (IL-8), cyclooxygenase-2 (COX-2) and nitric oxide (NO), as well as environmental variables, has been demonstrated to contribute considerably to the carcinogenesis process (Sears and Garrett, 2014).

2.4: The Family Euphorbiaceae

With approximately 300 genera and 7,500 species, Euphorbiaceae (the spurge family) is a well known flowering family that includes a wide variety of plants, from simple weeds to woody trees. Most of the members of this family inhabit tropical climates, while others occur as rainforest trees and herbs (Rahman and Akter, 2013). The family includes economically important species such as castor oil plants, rubber trees, and poisonous weeds like *Euphorbia esula* and *Euphorbia maculata*. As a result, Euphorbiaceae is considered a complex family with great research potential (Mwine and van Damme, 2011).

2.4.1: The Genus Macaranga

Macaranga genus consists of over 300 species, with about 200 species found in tropical Asia and New Guinea (Siregar and Sambas, 2000). It belongs to the Euphorbiaceae family, and it's a soft-wooded tree that rapidly grows to about 15 - 30 m tall (Zakaria *et al.*, 2008; Magadula, 2014; Koter et al., 2019). Macaranga species are known to form symbioses with ants. While the provide herbivore protection to the trees, the trees serve as nesting space and provide ants nutrients to the ants (Feldhaar et al., 2000). Some Macaranga species are features of secondary forests and are regarded as index species for the extent of forest intrusion (Slik et al., 2003). Seven species of *Macaranga* were reported to be native to the East African forests. *Macaranga* conglomerata, Macaranga capensis, Macaranga *kilimandscharica*, and *Macaranga* schweinfurthii are found in Kenya within 300-2100 m altitudes (Ngangao, Kakamega, and Kieni forests, Taita Hills) (Beentje, 1994; Zakaria et al., 2008; Dharani and Yenesew, 2022).

2.4.1.1: Macaranga conglomerata Brenan

Native to Kenya (Taita Hills) and Tanzania (West Usambara Mountain), *Macaranga conglomerata* (commonly called 'Dundu' by Taita people in Kenya) is a medium-sized tree (up to 32 m) with long-stalked inflorescence. Its leaves are slightly pulvinate at the base, held in
a drooping position with the margins incurved, and a leaf-blades ovate shape that is often broadly. The species is restricted to the mentioned montane forests within the elevation of 1400 -2000 m (Lovett *et al.*, 2005; Lovett and Clarke, 2020).

2.4.1.2: Macaranga capensis (Baill) Sim.

Macaranga capensis (commonly called 'Bwabwa' by Chichewa or 'Mbawa' (Swahili) in Kenya) is a deciduous tree with pale grey bark, spirally arranged, broadly ovate leaves, and short thorns on young stems. It has a densely yellowish-green dehiscent fruit and purplish-brown to blackish seeds. *M. capensis*, an habitant of evergreen forest (305 – 2133 m), is regarded as an indicator of forest invasion. It is found along the lake and stream banks of East Africa (Kenya, Ethiopia) to South Africa and can grow up to 30 meters long (Beentje, 1994; Grace *et al.*, 2003; Wursten *et al.*, 2017).

2.4.1.3: Macaranga kilimandscharica Pax

It is a semi-deciduous tree (4.5 - 27 m) with young branches pubescent. The stems are ascending when young but become a broad spreading crown as it grows old. *M. kilimandscharica* (commonly called 'Mukuhakuha' by Kikuyu in Kenya) is similar to *M. capensis* but with leaves blades rhombic-ovate and rounded or slightly cordate base, in addition to the absence of spines in its branches. The species inhabit mountainous evergreen forests (1300 - 3000 m) and vigorously regenerate in forest edges and disturbed places. The species is native to the East African region (Bussmann and Beck, 1995; Orwa *et al.*, 2009).

2.5: The Family Moraceae

Moraceae (mulberry) consists of 37 genera and about 1100 species, most of which are tropical trees characterized by milky and, in some instances, watery sap. Moraceae species have pinnately veined, simple, and alternate leaves. Both the inflorescences and the unisexual

blooms occur in various sizes and forms. A fleshy structure known as a syncarp surrounds the typically drupaceous fruits. The seeds are huge when there is no endosperm but are microscopi with it. The Moraceae family is found throughout the planet, from tropical to temperate climates. Species such as breadfruit and jackfruit (*Artocarpus*), African breadfruit (*Treculia*), and *Ficus carica* (*Ficus*) produce edible fruits that are not only beneficial to humankind but also the animals. *Morus* and *Maclura* genera from the Moraceae family are involved with silk production, whereas other species from *Broussonetia* and *Artocarpus* find applications in furniture (Berg and Corner, 2005; Zerega *et al.*, 2005; Tamokou *et al.*, 2017).

2.5.1: The Genus Ficus

Ficus genus (Moraceae) consists of over 850 species found worldwide in tropics and subtropics zones (Al-Musayeib et al., 2017). Regarding habits, *Ficus* is among the growth leading diversified plant genera. It includes creepers, climbers, and stranglers. It also has freestanding deciduous and evergreen trees. *Ficus* species are distinguished by their distinctive syconium-like inflorescence and symbiotic connection with Agaonidae wasps, which pollinate their species exclusively (Novotny et al., 2002; Ramírez-benavides, 2016; Khadivi et al., 2018; Teixeira et al., 2019; Salehi et al., 2021). About 511 and 132 species of *Ficus* are widely distributed in Indo-Australasian and Neotropical regions, respectively (Kumar et al., 2018). In the African region, 112 species of *Ficus* are recognized currently (Noort *et al.*, 2007), with 37 being distributed in Kenya within 0 – 2300 m altitude, including *Ficus thonningii* (Berg and Hijman, 1989; Maundu et al., 2005; Karangi, 2008).

2.5.1.1: Ficus thonningii

Ficus thonningii Blume (commonly called 'Mugumo' by Kikuyu in Kenya) has a dense, rounded to spreading crown, often epiphytically initially, and is multi-stemmed, evergreen, or short deciduous. The shiny green leaves of *F. thonningii* are alternate, oval (up to 12 cm) with

rounded tip and tapering base, whereas the young leaves are pale and finely hairy. The aerial roots are frequently present, and the bark is greyish. As a flowering tree, both sexual and asexual means of propagation are employed to grow *F. thonningii*, and wasps pollinate it through symbiotic relationships (Dangarembizi *et al.*, 2013, 2014). *F. thonningii* tree grows well in bright, deep, and well-drained soils and is mainly found in tropical and subtropical Africa's upland forests. In Kenya, it can be found in upland forests, dry forest remnants, open or forested grassland, and riverbanks within the altitudes of 300 - 2300 m (Danthu *et al.*, 2002; Maundu *et al.*, 2005).

2.6: Ethnomedicinal uses of *Macaranga* species

In Asia, Eastern and Southern Africa, *Macaranga* species are employed commonly as decoction to manage stomachache, bilharzia, coughing, swallowed poison, fever, dysentery, inflammation, and jaundice. Externally, leaves, resin, and red gum of species from the genus are used in wounds, sores, and boils healing (Kokwaro, 1993; Mahidol *et al.*, 2002; Khatun *et al.*, 2014; Qi *et al.*, 2017).

Traditionally, *M. capensis* stem bark has long been used in KwaZulu-Natal in treating different skin conditions (Grace *et al.*, 2003; Mhlongo and Van Wyk, 2019). Washambaa people of Tanzania utilize the *M. capensis* leaves to manage allergies (Lovett *et al.*, 2005). In Burundi, Ethiopia, and Zimbabwe, the roots (fresh, powdered, or boiled decoction) of *M. Capensis* are used to treat coughs and cold, male impotence, and bilharzia (Grace *et al.*, 2003; Maroyi, 2013). A decoction of *M. kilimandscharica*'s leaves is employed in Kenya and Tanzania to remedy stomach ailments, while its roots extract is used to treat cough, cold, and bilharzia (Kokwaro, 1993; Lovett *et al.*, 2005). Ethnomedicinal uses of some *Macaranga* species are highlighted in Table 2.1.

Macaranga Species	Part(s)	Uses	Country	Reference
M. aleuritoides	Fruit/Seed and bark	Treatment of abdominal pains, cough, boils, and breast abscesses	Papua New Guinea	Waruruai <i>et al.</i> , 2011
M. deheiculata	Leaves	Treatment of jaundice	China	Qi et al., 2017
M. denticulate	Stem and leaves decoction	Prevention of infections after childbirth.	Thailand	Sutthivaiyakit <i>et al.</i> , 2002
M. gigantean	Young shoot	Management of fungal infections	Indonesia	Grosvenor et al., 1995
M. indica	Redgum	Healing of wounds	India	Khatun <i>et al.</i> , 2014
M. pruinose	Leaves decoction	Treatment of stomach aches	Indonesia	Grosvenor et al., 1995
M. tanarius	Root decoction	Fever relief, suppress coughing, antipyretic, antitussive	Malaysia	Lim <i>et al.</i> , 2009
	Leaves extract	Healing of wounds, relieve inflammation	Thailand	Phommart et al., 2005
	Dried root	Emetic agent	Thailand	Mahidol et al., 2002

Table 2.1: Ethnomedicinal uses of some Macaranga species

2.7: Ethnomedicinal uses of *Ficus* species

Indigenous medicinal practices, including Ayurveda, traditionally utilized *Ficus* species. In addition to being used as anticancer, antioxidant, astringent, and carminative agents, *Ficus* species are employed in managing diabetes, ulcers, dysentery, diarrhoea, stomachaches, and haemorrhoids (Kokwaro, 1993; Joseph and Raj, 2010; Badgujar *et al.*, 2014).

Traditional healers have utilized macerated *F. thonningii* to cure diabetes mellitus, gonorrhoea and diarrhoea (Njoroge and Kibunga, 2007; Dangarembizi *et al.*, 2013). In Angola, wounds are treated using the leaves decoction of *F. thonningii*. In the case of gingivitis, the gums that are

bleeding are massaged with leaves while the sores are cleansed with leaf extract. Bronchitis, urinary tract infections, and jaundice are also treated with *F. thonningii*'s leaf extracts (Cousins and Huffman, 2002; Ahur and Madubunyi, 2012; Dangarembizi *et al.*, 2013). An infusion of crushed *F. thonningii*'s stem bark is employed in managing inflammation, arthritis, and sore throats, while the roots are utilised in the treatment of dental aches and malaria, as well as induce lactation (Kokwaro, 1993; Teklehaymanot and Giday, 2007; Ahur and adubunyi, 2012; Dangarembizi *et al.*, 2014). Table 2.2 highlights some of the *Ficus* species' traditional uses.

Ficus Species	Part(s)	Uses	Country	Reference(s)
F. abutilifolia	Leaves	Management of edema.	Nigeria	Dambatta and Aliyu, 2011
F. asperifolia	Dry fruit decoction	Treatment of sterility.	Cameroon	Ngadjui et al., 2013
	Leaf extract	Purgative agent.		Watcho <i>et al.</i> , 2009
	Stem bark	Management of diabetes.	Nigeria	Omoniwa et al., 2014
F. capensis	Root Bark	Remedy for cough Treatment of stomach upsets.	Kenya	Kokwaro, 1993
F. carica	Leaves decoction	Treatment blood deficiency	Nigeria	Nebedum et al., 2010
	Bark	Management of inflammation.	Iran	Ramazani et al., 2010
	Latex	Treatment of sore throat and diabetes.	South Africa	Masevhe et al., 2015
F. exasperate	Leaves	Treatment of inflammation, ulcers, and stomachache.	Nigeria	Ahmed <i>et al.</i> , 2012
F. natalensis	Bark	Bark is chewed and the juice swallowed to induce lactation.	Kenya	Kokwaro, 1993
F. platyphylla	Bark	Treatment of psychoses, depression, epilepsy, pain and inflammation.	Nigeria	Chindo <i>et al.</i> , 2010
F. racemose	Fruits	Relief of dysentery.	India	Bheemachari <i>et al.</i> , 2007
	Bark	Treatment of hematuria, menorrhagia, and hemoptysis.	Bangladesh	Mohiuddin and Lia, 2020
	Root	Chewed to treat tonsillitis.		

Table 2.2: Ethnomedicinal uses of some Ficus species

2.8: Phytochemistry of the genus *Macaranga*

Previous reports identify *Macaranga* species as rich sources of prenylated flavonoids and stilbenes, many of which have biological activities that encompass almost the entire pharmacological sciences (Magadula, 2014; Vu *et al.*, 2018). Other phytochemicals like

terpenes and tannins were also reported from the genus, even though few (< 10%) of the 300 species in the genus have been investigated phytochemically (Magadula, 2014).

2.8.1: Flavonoids of Macaranga genus

Flavonoids are a group of polyphenolic metabolites with a distinctive C6 - C3 - C6 structure (Alvarez, 2014). These flavonoids are found in different parts of plants, tea, and wine (Batra and Sharma, 2013). The genus *Macaranga* was found to include Flavonols (**I**), flavanones (**II**), flavanones (**IV**), and chalcones (**V**).



Figure 2.4: The basic skeleton of classes of flavonoids found in Macaranga species

2.8.1.1: Flavonols from Macaranga genus

Flavonols are subclass of flavonoids having α , β – unsaturated double bond in ring C with hydroxy group attached to C-3 of the same ring. Flavonols isolated from *Macaranga* species are characterized by prenyl, geranyl or farnesyl group or their modified unit attached to ring A at C-6 or C-8 position. Table 2.3 below summarizes the flavonols reported from the genus *Macaranga*.

Macaranga species	Compound	Plant part	Reference	
M. pruinose	Macapruinosin C (50)	Leaves	Syah and	
_	Papyriflavonol A (51)	1	Ghisalberti, 2010	
M. rhizinoids	Macarhizinoidin A (52)	Leaves	Tanjung et al.,	
	Macarhizinoidin B (53)	1	2010	
	Macafolia A (54)	Emaile	Dec. 1 2022	
M. hurifolia	Macafolia B (55)	Fruits	Pagna <i>et al.</i> , 2022	
M. pruinose	Macapruinosin F (56)	Leaves	Syah and	
	Glysperin A (57)	_	Ghisalberti, 2012	
M. kurzii	Izalpinin (58)	Leaves	Thanh <i>et al.</i> , 2012	
	Glepidotin A (59)	1		
	8-Prenylgalangin (60)	1		
	Galangin (61)	1		
M. recurvata	Broussoflavonol F (62)	Leaves	Tanjung <i>et al.</i> , 2012	
M. kurzii	Icaritin (63)	Twigs	Yang <i>et al.</i> , 2014	
	6,8-Diprenylgalangin (64)			
	Licoflavonol (65)			
M. hispida	5,7,3',4'-Tetrahydroxy-6-	Leaves	Megawati et al.,	
-	geranylflavonol (66)		2015	
	Kaemferol 7- O - β -glucoside (67)	1		
M. siamensis	Macasiamenol A (68)	Leaves and	Pailee et al.,	
	Macasiamenol B (69)	twigs	2015	
M. indica	Macarindicin A (70)	Twigs	Yang <i>et al.</i> , 2015a	
	Macarindicin B (71)			
M. denticulata	Denticulatin D (72)	fronds	Yang <i>et al.</i> ,	
	Denticulatin E (73)		2015b	
M. trichocarpa	4'-O-Methylmacagigantin (74)	Leaves	Tanjung <i>et al.,</i> 2018	
M. indica	Macarindicin D (75)	Leaves	Huonga et al.,	
	Macarindicin E (76)		2019	
	Macarindicin F (77)	_		
M. denticulata	3'-Dihydroxy-solophenol C (78)	Fruits	Le et al., 2021	
M. barteri	8-Prenylkaempferol (79)	Leaves	Segun et al., 2019	
	Isomacarangin (80)			
M. indica	Macarindicin I (81)	Leaves	Vu et al., 2021	
	Macarindicin II (82)]		
	Macarindicin III (83)]		
	Macarindicin IV (84)			

Table 2.3: Flavonols from Macaranga genus



	1						
	R ₁	R ₂	R_3	R_4	R_5	R ₆	R ₇
50	Prenyl	ОН	н	Geranyl	ОН	ОН	н
51	Prenyl	ОН	н	н	ОН	ОН	Prenyl
52	Geranyl	ОН	Н	Н	Н	OCH ₃	Н
53	Н	ОН	н	Geranyl	ОН	OCH ₃	Н
56	Geranyl	ОН	н	н	н	ОН	Prenyl
57	Prenyl	ОН	н	н	н	ОН	Prenyl
58	Н	OCH ₃	н	н	н	н	н
59	Prenyl	ОН	н	н	Н	н	Н
60	Н	ОН	Prenyl	н	н	н	н
61	Н	ОН	н	н	н	н	н
62	Н	ОН	Prenyl	н	н	ОН	Prenyl
63	Н	ОН	Prenyl	н	н	OCH ₃	н
64	Prenyl	ОН	Prenyl	н	н	н	н
65	Prenyl	ОН	н	н	н	ОН	н
66	Geranyl	ОН	н	н	н	ОН	ОН
68	Н	ОН	Prenyl	н	Н	OCH ₃	Prenyl
69	Н	ОН	Н	Н	Н	OCH ₃	Prenyl
70	Geranyl	ОН	Н	н	ОН	ОН	Prenyl
71	Farnesyl	ОН	Н	н	ОН	ОН	Н
73	Н	ОН	Н	Н	ОН	ОН	Geranyl
74	Farnesyl	ОН	Н	Н	Н	OCH ₃	Н
75	Prenyl	ОН	Н	Н	Н	ОН	СНО
79	Н	ОН	Prenyl	н	Н	ОН	Н
80	н	ОН	Geranyl	Н	Н	ОН	Н



54: R₁ = Prenyl R₂ = H R₃ = Prenyl **55:** R₁ = R₂ = R₃ = Prenyl













81: R = Prenyl



83: R = Prenyl



82: R = Prenyl



84: R = Prenyl

2.8.1.2: Flavanones from Macaranga genus

Flavanones belong to the subclass of flavonoids characterized by a saturated C ring. Prenylation at C-6 and/or C-8 of ring A is a common feature of flavanones reported from the genus. Flavanones isolated from the genus *Macaranga* are summarized in Table 2.4 below.

Macaranga species	Compound	Plant part	Reference
M. tribola	6-Prenyl-3'-methoxy-eriodictyol (85)	Flower	Zakaria <i>et al.</i> , 2010
	6-Farnesyl-3',4',5,7-		
	tetrahydroxy flavanone (86)		
	Nymphaeol B (87)		
	Nymphaeol C (88)		
M. lowii	4'-O- Methyl-8-	Leaves	Agustina et al.,
	isoprenylnaringenin (89)		2012
M. kurzii	5,7-Dihydroxy-6-	Leaves	Thanh <i>et al.</i> ,
	prenylflavanone (90)		2012
	Glabranin (91)		
M. tribola	Malaysianone A (92)	Inflorescences	Zakaria <i>et al.</i> , 2012
M. kurzii	Isosakuranetin (93)	Twigs	Yang et al., 2014
	8-Prenylnaringenin (94)		
M. tanarius	Epoxynymphaeol C (95)	Leaves	SyahandGhisalberti,2015
M. indica	Macarindicin C (96)	Twigs	Yang <i>et al.</i> , 2015a
M. denticulata	Bonannione A (97)	Twigs and leaves	Zhang <i>et al.</i> , 2016
M. hosei	4'-O-Methyl-8-isoprenyl	Leaves	Marliana et al.,
	eriodictyol (98)		2018
	6-Isoprenyl eriodictyol (99)		
M. tanarius	Propolin C (100)	Fruits	Lee et al., 2019
	Propolin D (101)		
	Propolin F (102)		
	Propolin G (103)		
	Propolin H (104)		
M. balansae	Propolin I (105)	Fruits	Mai et al., 2020
	6,8-Diprenyl-4'-		
	methylnaringenia (106)		
M. denticulata	8-Dimethlallylisosakuranetin (107)	Fruits	Le et al., 2021

Table 2.4: Flavanones from *Macaranga* genus



	R₁	R ₂	R₃	R₄	R_5	R ₆
85	Prenyl	H	Н	OCH ₃	OH	H
86	Farnesyl	н	н	ОН	ОН	Н
87	н	н	Generyl	ОН	ОН	Н
88	Prenyl	Н	Generyl	ОН	ОН	Н
89	н	Prenyl	н	Н	OCH ₃	Н
90	Prenyl	н	Н	Н	Н	Н
91	н	Prenyl	Н	Н	Н	Н
93	н	Н	Н	Н	OCH ₃	Н
94	н	Prenyl	Н	Н	ОН	Н
96	Farnesyl	Н	Н	Н	ОН	Н
97	Geranyl	Н	Н	Н	ОН	Н
98	н	Prenyl	Н	ОН	OCH ₃	Н
99	Prenyl	Н	Н	Н	ОН	ОН
100	Geranyl	Н	Н	ОН	ОН	Н
101	н	Н	Geranyl	ОН	ОН	Н
102	н	Н	Н	ОН	ОН	Н
103	Prenyl	Н	Geranyl	ОН	ОН	Н
104	н	Н	Н	Н	ОН	Geranyl
105	Farnesyl	Н	Н	ОН	Н	ОН
106	Prenyl	Prenyl	Н	Н	OCH ₃	Н
107	н	Prenyl	Н	Н	OCH_3	Н



ŅН

OH

2.8.1.3: Flavanonols from Macaranga genus

Flavanonols are flavonoids with a 3-hydroxy-2,3-dihydro-2-phenylchromen-4-one backbone.

Listed in Table 2.5 below are some flavanonols from the *Macaranga* genus.

Macaranga species	Compound	Plant part	Reference
M. lowii	Macalowiinin (108)	Leaves	Agustina et al.,
			2012
M. recurvata	Macarecurvatin A (109)	Leaves	Tanjung et al.,
	6,8-Diisoprenylaromadendrin		2012
	(110)		
M. kurzii	Kurzphenol B (111)	Twigs	Yang <i>et al.</i> , 2014
	Glepidotin B (112)		
M. denticulata	Bonanniol A (113)	Twigs and	Zhang <i>et al.</i> ,
		leaves	2016
M. balansae	4'-Methyl-8-prenyltaxifolin (114)	Fruits	Mai et al., 2020
	6,8-Diprenylaromadendrin (115)		
M. denticulata	Diplacol (116)	Fruits	Le et al., 2021

Table 2.5: Flavanonols from *Macaranga* genus



	R₁	R_2	R_3	R ₄	R ₅
108	н	Prenyl	н	OCH ₃	н
109	Prenyl	Prenyl	Н	ОН	ОН
110	Prenyl	Prenyl	Н	ОН	Н
111	Prenyl	Prenyl	Н	Н	Н
112	н	Prenyl	Н	Н	Н
113	Geranyl	Н	Н	ОН	Н
114	н	Prenyl	ОН	OCH ₃	Н
115	Prenyl	Prenyl	Н	ОН	Н
116	Geranyl	Н	Н	ОН	ОН

2.8.1.4: Flavones from Macaranga genus

Flavones are flavonoids with chromanone backbone, and a phenyl group attached to C-2. Table

2.6 below lists the flavones isolated from the genus.

Macaranga species	Compound	Plant part	Reference
M. lowii	4'-O- Methyl-5,7,4'-	Leaves	Agustina et al.,
	trihydroxyflavone (117)		2012
M. gigantifolia	5,7,3',4'- Tetrahydroxy-3,6-	Leaves	Darmawan <i>et al.</i> ,
	diprenylflavone (118)		2015
	Apigenin (119)		Fajriah, 2016
	Apigenin-8- <i>C</i> -glycoside (120)		Primahana and
			Darmawan, 2017
M. hosei	5-Hydroxy-6,7,4'-	Leaves	Salleh et al.,
	trimethoxyflavone (121)		2017
M. indica	Isovitex (122)	Leaves	Vu et al., 2021

Table 2.6: Flavones from Macaranga genus



	R ₁	R_2	R_3	R ₄	R_5
117	н	ОН	OCH ₃	н	н
118	Prenyl	ОН	ОН	ОН	Prenyl
119	н	ОН	ОН	Н	Н
121	OCH ₃	OCH ₃	OCH3	Н	Н





2.8.2: Chalcones from Macaranga genus

Chalcones are polyphenolic compounds characterized by α , β -unsaturated ketones. They serve as precursors for flavonoids biosynthesis in plants (Gaonkar and Vignesh, 2017). Table 2.7 below highlights examples of isolated chalcones from *Macaranga* genus.

Macaranga species	Compound	Plant part	Reference
M. trichocarpa	Oxymacatrichocarpin C (123)	Leaves	Fareza <i>et al.</i> ,
	Isomacatrichocarpin C (124)		2014
	Flavokawain C (125)		Tanjung et al.,
	Helichrysetin (126)		2018
M. denticulata	Dentichalcone A (127)	Twigs and	Zhang <i>et al.</i> ,
	Dentichalcone B (128)	leaves	2016
	Dentichalcone C (129)		

Table 2.7: Chalcone from Macaranga genu



	R ₁	R ₂	R_3
123	ОН	OCH ₃	ОН
124	OCH ₃	ОН	Н







2.8.3: Stilbenes from the genus Macaranga

Stilbenes are polyphenolic compounds that have two phenyl rings bridged by an ethylene. They are also described to contain C6-C2-C6 carbon skeleton or 1,2-diphenylethylene nucleus. Stilbenes are the second main type of metabolites isolated from *Macaranga* genus (Table 2.8).

Macaranga	Compound	Plant part	Reference
species			
M. schweinfuethii	Schweinfurthin J (130)	Leaves	Klausmeyer et al., 2010
M. ruinosa	Macapruinosin (131)	Leaves	Syah and Ghisalberti, 2010
M. javanica	Laevifolin A (132)	Leaves	Ilmiawati et al. 2015
M. denticulata	Denticulatain A (133)	Fronds	Yang et al., 2015b
M. siamensis	Macasiamenene L (134)	Leaves and	Pailee et al., 2015
	Macasiamenene M (135)	twigs	
M. rubiginosa	Macarubiginosin A (136)	Leaves	Tanjung et al., 2017
M. tanarius	Schweinfurthin K (137)	Fruits	Péresse et al., 2017
	Schweinfurthin L (138)		
M. trichocarpa	Macatrichocarpin H (139)	Leaves	Tanjung et al., 2018
M. barteri	Macabartebene A (140)	Leaves	Segun et al., 2019
	Macabartebene B (141)		
	Macabartebene C (142)		
M. heynei	Malayheyneiin D (143)	Leaves	Kamarozaman <i>et al.</i> , 2019
M. balansae	4'-Deprenyl-4-	Fruits	Mai et al., 2020
	methoxymappain (144)		
M. denticulata	4'-Deprenylmappain (145)	Fruits	Le et al., 2021
M. barteri	Schweinfurthin G (146)	Leaves	Segun et al., 2021
	Mappain (147)		

Table 2.8: Stilbenes from *Macaranga* genus









134: R₁ = H, R₂ = Prenyl **135:** R₁ = OH, R₂ = Prenyl



136: R = Prenyl







2.8.4: Terpenoids from the genus Macaranga

The genus *Macaranga* also yielded terpenoids such as taraxerol and its derivatives and cembranoids, in addition to the flavonoids and stilbenes (Yang *et al.*, 2015b; Qi *et al.*, 2017; Le *et al.*, 2021). Table 2.9 below highlights some of the terpenoids isolated from *Macaranga* genus.

Macaranga species	Compound	Plant part	Reference		
M. denticulata	3β-Hydroxy-7α-24β-	Fronds	Yang <i>et al.</i> ,		
	ethylcholest-5-ene (148)		2015b		
	$(24R)$ -6 β -Hydroxy-24-				
	ethylcholest-4-en-3-one (149)				
	Epitaraxerol (150)				
M. hosei	Lupenone (151)	Leaves	Salleh et al.,		
	β -Sitostenone (152)		2017		
M. constricta	Taraxerone (153)	Leaves			
	Taraxerol (154)				
	β-Amyrin (155)				
M. deheiculata	Deheiculatin J (156)	Leaves and	Qi et al., 2017		
	Deheiculatin K (157)	twigs			
	Deheiculatin L (158)				
M. pustulata	Deheiculatin M (159)	Twigs	Luo et al., 2018		
	Deheiculatin N (160)				
	Deheiculatin O (161)				
M. balansae	Stigmastane 3β , 5α , 6β -triol (162)	Stem	Thang <i>et al.</i> ,		
			2018		
M. denticulata	Poilaneic acid (163)	Fruits	Le et al., 2021		

Table 2.9: Terpenoids from	Macaranga genus
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156: $R_1 = COOH$, $R_2 = CH_3$, $R_3 = OCH_3$ **157:** $R_1 = COOH$, $R_2 = OCH_3$, $R_3 = CH_3$ **158:** $R1 = CH_2OH$, $R_2 = OH$, $R_3 = CH_3$













2.8.5: Coumarins, Ellagic acids and Phenanthrenes from the genus Macaranga

Other classes of compounds isolated from the genus *Macaranga* includes coumarins (Yang *et al.*, 2014), ellagic acids (Yang *et al.*, 2015a; Thang *et al.*, 2018), and phenanthrenes (Ilmiawati *et al.*, 2015) (Table 2.10).

Macaranga species	Compound	Plant part	Reference	
M. kurzii	Blumenol A (164)	Twigs	Yang et al., 2014	
	Scopeletin (165)			
	Salicylic acid (166)			
M. indica	Ellagic acid (167)	Twigs	Yang <i>et al.</i> , 2015a	
M. denticulate	α-Tocopherolquinone (168)	Fronds	Yang <i>et al.</i> ,	
	Boehmanan (169)		2015b	
M. javanica	Macajavanicin A (170)	Leaves	Ilmiawati et al.,	
	Macajavanicin B (171)		2015	
	Macajavanicin C (172)			
M. sampsonii	Maltol β - <i>D</i> -glucopyranoside	Fruits	Quynh et al.,	
_	(173)		2018	
	Methyl brevifolincarboxylate			
	(174)			
	3,5-Dihydroxy-4-methoxy			
	benzoic acid (175)			
	Gallic acid (176)			
M. balansae	Dehydroxycubebin (177)	Stems	Thang <i>et al.</i> , 2018	

Table 2.10: Other compounds from *Macaranga* genus









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170: R = Prenyl, R₁ = H **171:** R = R₂ = Prenyl





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2.9: Phytochemistry of the genus *Ficus*

Following the phytochemical analyses of various *Ficus* species parts, secondary metabolites including flavonoids, terpenoids, alkaloids, and coumarins were identified and characterized (Chaware *et al.*, 2020; Putra *et al.*, 2020; Murugesu *et al.*, 2021; Salehi *et al.*, 2021).

2.9.1: Flavonoids from the Ficus genus

Flavonoids are among the predominant phytoconstituents found in the *Ficus* genus. Flavones, isoflavones, flavanones, and flavanonols were isolated from the *Ficus* genus.

2.9.1.1: Flavones from the Ficus genus

Flavones isolated from the genus *Ficus* include luteolin (**178**), chrysoeriol (**179**), 5,6,7-trihydroxy-4'-methoxy-flavone (**180**) and 5,7,2',4'-tetrahydroxyflavone (**181**) from *F. tsiangii* (Wang *et al.*, 2014), ficubee A (**182**) and ficubee B (**183**) from *F. beecheyana* (Lee *et al.*, 2004), and carpachromene (**184**) from *F. nervosa* (Chen *et al.*, 2010).



2.9.1.2: Isoflavones from the Ficus genus

Isoflavones are the major class of flavonoids reported from *Ficus* species. Table 2.11 below summarizes the isoflavones isolated from the genus *Ficus*.

Ficus species	Compound	Plant part	Reference
F. auriculata	(<i>Z</i>)-5,7,4'-Trihydroxy-3'-[3-		
	hydroxy-3-methyl-1-		
	butenyl]isoflavone (185)		
	5,7,4'-Trihydroxy-3'-[7-		
	hydroxy-3,7-dimethyl-2(<i>E</i>)-		Shao <i>et al.</i> , 2022
	octenyl]isoflavone (186)		
	5,7,4'-Trihydroxy-3'-[6,7-		
	dihydroxy-3,7-dimethyl-2(<i>E</i>)-	Fruits	
	octenyl] isoflavone (187)		
	Isowigtheone (188)		
F. nervosa	Parvisoflavone B (189)	Roots	Chen et al., 2010
	Alpinumisoflavone (190)		
	2'-Hydroxygenistein (191)		
F. tikoua	Wighteone (192)	Stem bark	Wei et al., 2012
	Lupiwighteone (193)		
F. tsiangii	Genistein (194)	Leaves	Wang <i>et al.</i> ,
	Prunetin (195)		2014

Table 2.11: Isoflavones from the Ficus genus



2.9.1.3: Flavanones from the Ficus genus

Examples of flavanones reported from *Ficus* species include naringenin (**196**), eriodictyol (**197**), isocarthamidin (**198**) found in *F. tsiangii*'s stems (Wang *et al.*, 2014), and 6 – prenylnaringenin (**199**) from the *F. tikoua* (Wei *et al.*, 2012).



2.9.1.4: Flavanonols from the Ficus genus

Few flavanonols, including taxifolin (200) and dihydrokaempferol (201), were isolated from *F*.

tsiangii (Wang et al., 2014).



2.9.2: Terpenoids from the Ficus genus

Terpenoids are the major class of plant metabolites reported from the *Ficus* genus. Table 2.12 below summarizes the terpenoids isolated from the genus *Ficus*.

Ficus species	Compound	Plant part	Reference		
F. benjamina	Lupeol (202)	Leaves	Singh <i>et al.</i> ,		
	Ursolic acid (203)		2019		
F. sycomorus	Lupeol acetate (204)	Root	Muktar <i>et al.</i> ,		
			2018		
F. exasperata	Betulinic acid (205)	Stem bark	Tameye et al.,		
	β-Amyrin (206)		2021		
F. cordata	3β-Acetoxy-8,26-cyclo-ursan-				
	20β-ol (207)				
	8,26-Cyclo-urs-21-en-3β,20β-	Stem bark	Poumale et al.,		
	diol (208)		2008		
	Oleanolic acid (209)				
	α-Amyrin (210)				
F. nervosa	Friedelinol (211)	Leaves	Ragasa et al.,		
	Squalene (212)		2014		
	Cycloeucalenol (213)				
F. pandurata	β -Amyrone (214)	Stem bark	Ramadan et al.,		
	α-Amyrin acetate (215)		2009		
F. retusa	Moretenone (216)	Aerial	Sarg et al., 2011		

Table 2.12: To	erpenoids fr	om Ficus genus
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2.9.3: Alkaloids from the Ficus genus

Alkaloids are organic compounds containing at least one nitrogen atom in an amine-type structure. Alkaloids isolated from the genus *Ficus* include ficushispimines A (**217**), B (**218**) and C (**219**), ficushispidine (**220**) and ficuhismines C (**221**) and D (**222**) (Shi *et al.*, 2016; Jia *et al.*, 2020). 1-methyl-1,2,3,4-tetrahydro- β -carboline-3-carboxylic acid (**223**) and methyl 1-methyl-1,2,3,4-tetrahydro- β -carboline-3-carboxylic acid (**224**) were reported from *F. hirta* (Wan *et al.*, 2017).



2.9.4: Coumarins from the Ficus genus

Coumarins are chromenones with a keto group located at the 2-position. They are an essential class of C6 – C3 plant metabolites with various pharmacological potentials. Coumarins isolated from the genus *Ficus* include bergapten (**225**) and oxypeucedanin hydrate (**226**) from *F. exasperata* (Amponsah *et al.*, 2013), psoralen (**227**) from *F. carica* (Chunyan *et al.*, 2009), 5-*O*-[β -*D*-apiofuranosyl-(1 \rightarrow 2)- β -*D*-glucopyranosyl]-bergaptol (**228**) from *F. hitra* (Dai *et al.*, 2018), nodakenetin (**229**), 4'-O-b-glucopyranosyl-3'-hydroxy-nodakenetin (**230**), and isoangenomalin (**231**) from *F. tsiangii* (Wang *et al.*, 2014). 3-hydroxyxanthyletin (**232**), 3methoxyxanthyletin (233) and xanthyletin (234) were also reported from *F. nervosa* (Chen *et al.*, 2010).



2.9.5: Miscellaneous compounds from the Ficus genus

Cinnamic acid derivatives, including ficusanolides A (235) and B (236) and ficusanol (237), were reported from *F. exasperata* (Tameye *et al.*, 2021). Among the sphingolipids that have been identified from various species of *Ficus* include gynuramide II (238) (Mbougnia *et al.*, 2021), mucusamide (239) (Bankeu *et al.*, 2010), mucusoside (240) (Hassan *et al.*, 2020), and lutaoside (241) (Poumale *et al.*, 2011).



Anthraquinones such as emodin (242) was reported from *F. natalensis* stem bark (Mbougnia *et al.*, 2021). Benzofurans isolated from the genus *Ficus* include 6-carboxyethyl -5hydroxybenzofuran 5-*O*- β -*D*-glucopyranoside (243) and 6-carboxyethyl-7-methoxyl-5hydroxy-benzofuran 5-*O*- β -*D*-glucopyranoside (244) reported from the *F. tikoua* stem bark (Wei *et al.*, 2011).



2.10: Pharmacological Activities of Phytochemicals from Macaranga species

Different researchers have exploited the phytochemicals from *Macaranga* species for various biological applications. The isolated bioactive compounds from the genus *Macaranga* displayed a spectrum of pharmacological properties, including antimalaria (Zakaria *et al.*, 2012), antioxidant (Pailee *et al.*, 2015), antimicrobial (Lee *et al.*, 2019), and cytotoxicity (Doan *et al.*, 2019; Mai *et al.*, 2020). Anticancer and antibacterial properties of the genus's phytoconstituents are highlighted below.

2.10.1: Anti-cancer and Antibacterial Activities of Phytochemicals from Macaranga species Macarhizinoidin A (52), a flavonol, was reported from *M. denticulata* and showed strong cytotoxic effects on MCF-7, Lu-1, HepG-2, and KB cancerous cells ($IC_{50} = 0.60 - 1.30 \mu M$) (Le *et al.*, 2021). Laevifolin A (132), a dihydrostilbene, was found to be active ($IC_{50} = 4.3 \mu M$) when evaluated for cytotoxic potential towards murine leukaemia (P-388) cells (Tanjung et al., 2017). Macasiamenene L (134) (IC₅₀ = $0.66 \,\mu$ M) and Macasiamenene M (135) $(IC_{50} = 1.22)$ µM) reported from *M. siamensis* were strongly active against acute lymphoblastic leukaemia (MOLT-3) cell line (Pailee *et al.*, 2015). Macabartebenes A (140), B (141), and C (142) were isolated from *M. barteri*'s leaves and exhibited significant anticancer potential ($IC_{50} = 0.60 - 0.60$) 1.81 µM) against A549, MCF-7, HeLa, and PC3 cancerous cells (Segun et al., 2019). Schweinfurthin G (146) reported from *M. tanarius*'s fruits demonstrated a strong cytotoxicity against KB cells (IC₅₀ = $0.06 \,\mu$ M) (Huong *et al.*, 2020).

Macafolias A (54) and B (55) isolated from *M. hurifolia*'s fruits were evaluated for inhibitory potential towards different bacterial strains. With the MIC value range of $24.03 - 27.67 \mu$ M, the compounds moderately inhibit the growth of *K. pneumoniae*, *P. aeruginosa*, *S. typhi*, and *E. coli*. Lonchocarpol A (101) showed significant antibacterial potential towards *K. pneumoniae* (MIC = 7.65 μ M) and *S. typhi* (MIC = 0.18 μ M) (Pagna *et al.*, 2022).

2.11: Pharmacological Activities of Phytochemicals from Ficus species

Several researchers have investigated the potential of phytochemicals from *Ficus* species for different biological uses. Antiplasmodial (Singh *et al.*, 2019), antifungal (Wan *et al.*, 2017), antioxidant (Wei *et al.*, 2011), inflammation inhibition (Jia *et al.*, 2020), cytotoxicity (Tameye *et al.*, 2021), and antibacterial (Rusli *et al.*, 2019) effects were shown in isolated bioactive compounds from the genus *Ficus*.

2.11.1: Anti-cancer and Antibacterial Activities of Phytochemicals from Ficus species

Ursolic acid (**203**) isolated from *F. exasperata* displayed a moderate cytotoxic potential on colon (HT-29) and cervix (KB-3-1) cancerous cells with IC_{50s} of 34.4 and 50.9 μ M respectively (Tameye *et al.*, 2021). Oleanolic acid (**209**) and friedelin (**211**) isolated from *F. drupacea*'s stem bark were cytotoxic against MCF-7 and HeLa cells (IC₅₀ = 16.26 – 22.81 μ g/mL) (Yessoufou *et al.*, 2015).

An isoflavone, 5,7,4'-trihydroxy- 3' -[6,7-dihydroxy- 3,7-dimethyl-2(E)-octenyl]isoflavone (187) (MIC = 1.25 - 20.00 µg/mL), reported from F. aurata significantly inhibit the development of B. cereus, S. albus, E. coli P. aeruginosa, and S. epidermidis (Shao et al., 2022). Naringenin (196) isolated from the roots of F. nervosa displayed potent activity (MIC = $2.8 \,\mu g/mL$) against (Chen et al., 2010). The root bark of F. *Mycobaterium* tuberculosis sycomorus was examined phytochemically, and lupeol acetate (204) was isolated. The compound was effective (MIC = $12.5 \,\mu$ g/mL) in the inhibition of S. typhi, S. aureus and B. subtilis growth (Muktar et al., 2018).

2.12: Gaps in Knowledge

Despite the wide-range of ethnomedicinal applications and potential pharmacological activities of secondary metabolites from *Macaranga* species reported in the literature, the

phytochemical investigations (isolation of secondary metabolites) and biological activities such as anticancer and antibacterial efficacy of compounds from the selected species of *Macaranga* have not been reported in the literature. Additionally, the systematic phytochemical study of *F. thonningii* from East Africa has hitherto not been reported in the literature.

CHAPTER 3: MATERIALS AND METHODS

3.1: Plants Materials

Macaranga conglomerata (Figure 3.1) and *Macaranga capensis* (Figure 3.2) were collected in March 2019 (Ngangao forest), while *Macaranga kilimandscharica* (Figure 3.3) and *Ficus thonningii* (Figure 3.4) were harvested in February (Kieni forest) and August (Riverside Drive, Nairobi) 2020, respectively. Each plant material was identified by Taxonomist from the Department of Biology, Faculty of Science and Technology (FST), University of Nairobi, where a voucher specimen of each sample was deposited (Table 3.1). Samples of each plant were air-dried under shade, powdered, weighed, and stored for subsequent use.



Figure 3.1: Leaves of *Macaranga conglomerata* (Photo taken by Ibrahim, March 2019)



Figure 3.2: Stem bark of *Macaranga capensis* (Photo taken by Ibrahim, March 2020)



Figure 3.3: Leaves of *Macaranga kilimandscharica* (Photo taken by Ibrahim, March 2020)



Figure 3.4: Stem barks of *Ficus thonningii* (Photo taken by Ibrahim, October 2021)

Table 3.1:	Plant sa	ample	voucher	number	and	collection	location
		1					

Plant Name	Voucher Number	GPRS	Collection location
Macaranga	HIUON 2019/001	3°25′ S, 38°20′ E	Ngangao forest
conglomerata			
Macaranga	HIUON 2020/002	0°85′ S, 36°67′ E	Kieni forest
kilimandscharica			
Macaranga capensis	HIUON 2020/003	3°25′ S, 38°20′ E	Ngangao forest
Ficus thonningii	HIUON 2021/004	1°16′ 19.2″ S, 36°48′	Riverside Drive,
		07.6″ E	Nairobi

3.2: Chromatography

Silica gel 60-120, 100-200, 70-230, and 230-400 meshes as solid phases for column chromatography (CC), and Sephadex LH–20 (25 – 100 μ m, Sigma Aldrich) were used. Thin Layer Chromatography (TLC) was carried out on pre-coated silica gel 60 plates (0.25 mm;
Merck, Darmstadt, Germany). Compounds were visualized under UV light and further by spraying with H_2SO_4 – H_2O (5 %, v/v).

3.3: Spectroscopy and Spectrometry

NMR spectra were performed on Bruker 400 MHz spectrometer and Bruker Avance III 600 MHz spectrometer using standard pulse sequences and referenced to residual solvent signals. Bruker-Alpha FT-IR spectrometer (SN 100964) with single reflection ATR (cricket, Harrick Scientific) was used in performing the IR analysis. UV absorbance was obtained on Shimadzu UV-1800 UV/Visible Scanning Spectrophotometer (UV-1800 240V). A Waters Synapt G2 Quadrupole time-of-flight (qTOF) mass spectrometer (MS) connected to a Waters Acquity ultra-performance liquid chromatograph (UPLC) (Waters, Milford, MA, USA) was used for direct infusion high-resolution MS analysis. Specific rotation was recorded on ADP410 Polarimeter (Bellingham Stanley Ltd).

3.4: Extraction and Isolation of Compounds

3.4.1: Isolated compounds from the Leaves of Macaranga conglomerata

Extensive extraction with CH₃OH/CH₂Cl₂ (1:1, 6 L) was done on 1.8 kg of air-dried powdered leaves at room temperature for three days. The solvents were concentrated under a vacuum usin g a rotary evaporator to yield 200.3 g of leaves crude extract. The crude extract (200.0 g) was fra ctionated in a chromatographic column (CC) using silica gel (60 – 120) as an adsorbent eluting with CH₂Cl₂/*n*-hexane (0:10, 1:1 and 10:0) followed by EtOAc/*n*-hexane (1:1 and 10:0) and finally, CH₂Cl₂/CH₃OH (1:1 and 0:10) to yield seven fractions (F_{A-G}). Size exclusion chromatography on fraction D (20.0 g) with CH₃OH/CH₂Cl₂ (1:1) eluting solvent yielded five s ubfractions (Fr_{D1-5}). Subfraction Fr_{D4} (2.4 g) was purified in CC using silica gel (100 – 200 mesh) eluting with a gradient of EtOAc/*n*-hexane (0.5:19.5 to 10:0) to provide conglomeratin **245** (11.2 mg) and macarangin **246** (3.6 mg).

Fraction E (15.0 g) was subjected to silica gel CC (100 – 200) eluting with *n*-hexane/EtOAc (10:0 to 0:10), resulting in 334 fractions of 100 mL each. Based on their TLC profiles, the fracti ons were combined into four main subfractions (Fr_{E1-4}). Subfraction Fr_{E2} (81.9 mg) was purified by silica gel CC (70 – 230) eluting with EtOAc/*n*-hexane (10:0 to 0:10) to afford quercetin **247** (5.3 mg). 3,3',4'-Trimethoxyellagic acid **248** (6.0 mg) was obtained when subfraction Fr_{E3} (67.8 mg) was subjected to silica gel (100 – 200) CC eluting with EtOAc/*n*-hexane (1.5:8.5) isocratically. Fr_{E4} (201.4 mg) was purified in Sephadex LH-20 CC using CH₃OH/CH₂Cl₂ (1:1) as mobile phase to yield 3,3'-trimethoxyellagic acid **249** (7.3 mg).

3.4.2: Isolated compounds from the Stem bark of Macaranga conglomerata

Thorough extraction of the dried powdered stem (3.9 kg) using CH₃OH/CH₂Cl₂ (1:1, 9 L, 24 h \times 3) produced 450.9 g of crude extract at room temperature. 200.0 g of stem's crude extract was subjected to silica gel (60 – 120) CC eluting with EtOAc/*n*-hexane (0:10 to 10:0), resulting in 645 fractions of 500 mL each. These fractions were, however, combined based on their TLC pr ofiles into nine fractions (F_{H-P}). Fraction I (470.0 mg) was loaded onto a silica gel column (70 – 230) and eluted with a binary system of CH₂Cl₂/*n*-hexane (2:8) to afford 3-acetylaleuritolic acid **250** (12.4 mg).

3.4.3: Isolated compounds from the Stem of Macaranga capensis

The maceration extraction technique was used to obtain 65.9 g of crude extract from *Macaranga capensis*'s stem bark (0.6 Kg). The process was carried out at room temperature using CH₃OH/CH₂Cl₂(1:1, 3L, 24 h × 3). 60.0 g of stem bark crude extract was subjected to silica gel (60 – 120) CC eluting with EtOAc/*n*-hexane (0:10 to 10:0), resulting in 350 fractions of 100 mL each. These fractions were, however, combined based on their TLC profiles into six fractions (F_{A-F}). Isocratic system of EtOAc/*n*-hexane (3:7) was used to elute

fraction C (580.5 mg), which yielded betulin **251** (18.7mg) and three sub-fractions coded Fr_{C1-3}, after being chromatographed on silica gel (100 – 200) CC. Scopoletin **252** (1.5 mg), 3-hexyl-8-hydroxy-6-methoxy-1*H*-isochromen-1-one **253** (4.0 mg), and 3,3'-di-*O*-methyl ellagic acid-4'-*O*- α -*L*-rhamnopyranoside **254** (2.5 mg) were isolated when Fr_{C2} (83.2 mg) was purified in a chromatotron (EtOAc/*n*-hexane (1:9 to 10.0)). Repeated chromatotron of sub-fraction Fr_{C3} (43.2 mg) using ternary system of CH₃OH/EtOAc/*n*-hexane (0.5:2.5:7) led to the isolation of chrysoeriol **255** (2.3 mg) and a mixture (1.9 mg) of isorhamnetin **256** and kaempferol **257**.

3.4.4: Isolated compounds from the Roots of Macaranga capensis

Maceration technique was employed at room temperature using CH₃OH/CH₂Cl₂(1:1, 3 L, 24 h \times 3) to obtain 50.7 g of crude extract from dried powdered roots (0.8 Kg) of *Macaranga capensi* s. 40 g of root's crude extract was subjected to silica gel (60 – 120) CC eluting with EtOAc/*n*-hexane (0:10 to 10:0), resulting in 432 fractions of 100 mL each. These fractions were, however, combined based on their TLC profiles into eight fractions (F_{G-N}). A binary system of EtOAc/*n*-hexane (2:8) was used when fraction J (47 mg) was subjected to silica gel (70 – 230) CC to afford β-sitosterol **258** (13.8 mg). Purification of fraction U (89 mg) using silica gel (100 – 200) CC eluting with EtOAc/*n*-hexane (1:20 to 10:0) yielded 2,2'-(((propane-2,2-diylbis(4,1-phenylene))bis(oxy))bis(methylene))bis(oxirane) **259** (40.5 mg).

3.4.5: Isolated compounds from the Stem bark of Ficus thonningii

Dried powdered stem bark of *Ficus thonningii* (1.7 Kg) was extracted at room temperature with CH_2Cl_2/CH_3OH (1:1, 6 L, 24 h × 3) by maceration to afford 85.7 g of crude extract. 80 g of the stem bark crude extract was fractionated in a chromatographic column using silica gel (60 – 120) as an adsorbent eluting with EtOAc/*n*-hexane (0:10, 1:9, 1.5:8.5, 2:8, 3:7, 3.5:6.5, 4:6, 4.5:5.5, 1:1 and 10:0) followed by CH₃OH/EtOAc (1:9 and 2:8) to yield twelve fractions (HIF_A-

L). Fraction HIF₁ (2.8 g) was subjected to silica gel (70 – 230) CC eluting with EtOAc/*n*-hexane (1:9 to 10:0), resulting in the isolation of yukovanol **260** (5.1 mg) and 5,7,4'-trihydroxy-3'-(2-hydroxy-3-methyl-3-butenyl) isoflavone **261** (3.0 mg). Purification of fraction HIF_J (2.81 g) using silica gel (70 – 230) CC eluting with a gradient of EtOAc/*n*-hexane (0.5:9.5 to 10:0), resulted in 85 fractions of 30 mL each. The fractions were pooled based on their TLC profiles in to two main subfractions (HIF_{J1-2}).

Subfraction HIF_{J1} (700 mg) was subjected to silica gel (230 – 400) CC eluting with a gradient polarity of EtOAc/*n*-hexane (0:10 to 1.5:8.5) to afford a semi-pure compound. The semi-pure compound was purified on a chromatotron using a gradient EtOAc/*n*-hexane (2:8 to 10:0) to yield cajanin **262** (13.41 mg). Subfraction HIF_{J2} (900 mg) was also purified using silica gel (230 – 400) CC eluting with a gradient of EtOAc/*n*-hexane (1:9 to 6:4) to afford taxifolin **263** (1.06 mg) and protocatechuic acid **264** (2.82 mg). Fraction HIF_L (3.5 g) afforded brown crystals which, after filtration and recrystallization in CH₃OH, saccharose **265** (43.2 mg) was obtained. Similarly, stigmasterol **266** (33.6 mg) was crystallized in fraction HIF_F (1.02 g), and the crystals were repeatedly washed with *n*-hexane to obtain the compound.

3.5: Biological Activities

3.5.1: Cytotoxicity Assay by MTT technique

The MTT test looks at cellular metabolic activity to assess the cytotoxicity, cell viability, and cell growth. In this colourimetricassay, metabolically active cells convert the yellow tetrazolium salt (methyl thiazol tetrazolium or MTT) into purple formazan crystals. NAD(P)H-dependent oxidoreductase enzymes in live cells convert MTT to formazan. The formazan crystals are dissolved, and the solution is measured at 500 - 600 nm with a multi-well spectrophotometer (Ndlovu *et al.*, 2021).

3.5.1.1: Cell culture and Stock Preparation

In a complete culture medium (CCM) made up of Eagle's Minimum Essential Medium (EMEM) supplemented with 10 % foetal calf serum, 1 % penicillin-streptomycin-fungizone, and 1 % L-glutamine, MCF-7 and HepG2 cells were each cultured in a monolayer (106 cells per 25 cm³ culture flask) until they were about 60 % confluent. Dimethyl Sulphoxide (DMSO; 1 % v/v benchmark DMSO) was used to prepare a stock solution of 50 mM of each sample and reference drug (doxorubicin), and diluted in CCM to achieve the concentrations used in subsequent experiments (Ndlovu *et al.*, 2021).

3.5.1.2: Cell viability Assay

The Methyl Thiazol Tetrazolium (MTT) test was used to assess each compound's effect on MCF-7 and HepG2 cells viability, and the IC_{50} was calculated in accordance to published protocols (Ndlovu *et al.*, 2021).

3.5.2: In-vitro Antibacterial Assay

Antibacterial activities of nine crude extracts from *Macaranga conglomerata*, *Macaranga kilimandscharica* and *Macaranga capensis*, and the isolated compounds were determined again st 13 bacterial strains expressing multidrug resistance (MDR) phenotypes.

3.5.2.1: Culture media and microbial strains for susceptibility assays

The studied micro-organisms were cultured overnight on Mueller Hinton Agar for 24 hrs before assaying. Mueller Hinton Broth (MHB) was used as liquid culture medium for susceptibility ass ays. A panel of six pathogenic microbes, sensitive and multidrug resistant Gramnegative (*Escherichia coli*, *Enterobacter aerogenes*, *Klebsiella pneumoniae*, *Pseudomonas aeruginosa* and *Providencia stuartii*) and Gram-positive (*Staphylococcus aureus*) bacterial strains expressing efflux pumps were provided by the American Type Culture Collection

(ATCC). Their bacterial features are depicted in Table 3.2.

Bacterial	Types	Relevant features	
species			
Escherichia coli			
	ATTC	Reference strain (Kuete et al., 2010)	
	10536		
	AG102	AG 100 over-expression of pumps AcrAB (Chevalier et al., 2000)	
Enterobacter	r aerogene	28	
	ATCC	Reference strain (Kuete et al., 2010)	
	13048		
	EA27	Clinical strain present efflux energy-dependant of chloramphenicol	
		norfloxacin and KAN ^r , AMP ^r , NAL ^r , STR ^r , TET ^r (Ghisalberti <i>et al.</i> ,	
		2005)	
Klebsiella pr	eumoniae	2	
	ATCC	Reference strain (Kuete et al., 2010)	
	11296		
	Kp55	Clinical MDR isolate: TET ^r , AMP ^r , ATM ^r , CEF ^r (Kuete <i>et al.</i> , 2010)	
Providencia	stuartii		
	PS2636	AcrAB-TolcC associate of porines of types OMPF and OMPC	
		(Kuete <i>et al.</i> , 2010)	
	NEA16	Clinical isolate of <i>P. stuartii AcrAB-TolC</i> (Kuete et al., 2010)	
Pseudomona	is aerugin	osa	
	PA01	Reference strain (Kuete <i>et al.</i> , 2010)	
	PA124	Clinical strain multi-resistant MexAB-OprM (Lorenzi et al., 2009)	
Staphylococcus aureus			
	ATCC	Reference strain	
	25923		
	MRSA	Clinical isolate: Ofxa ^r , Kan ^r , Tet ^r , Erm ^r (Paudel <i>et al.</i> , 2012)	
	3		
	MRSA	Clinical isolate: Ofxa ^r , Flx ^r , Kan ^r , Tet ^r , Cyp ^r , IM/Cs ^r , Chl ^r , Gen ^r , Nis ^r	
	6	, Amp ^r (Paudel et al., 2012; Dzoyem et al., 2013)	

Table 3.2: Characteristics of bacterial strains and features

AMP^r, ATM^r, CEF^r, CHL^r, KAN^r, NAL^r, NOR^r, STR^r and TET^r: resistant (r) to ampicillin, aztreonam, cefepime, chloramphenicol, kanamycin, nalidixic acid, norfloxin, streptomycin and tetracycline, respectively; *AcrAB-TolC, MexAB-OprM*: Efflux pump; Ofxa^r, Kan^r, Tet^r, Flx^r, Cyp^r, IM/Cs^r, Chl^r, Gen^r, Nis^r, Amp^r and Erm^r: resistant (r) to Ofloxacine, Kanamycin, Tetracy

clin, Flomoxef, Cyprofloxacin, Imipenem/Cilastatin sodium, chloramphenicol, Gentamicin, Ampicillin, Nisin, and Erythromycin, respectively.

3.5.2.2: Determination of bacterial susceptibility of crude extracts and Isolated compounds

Iodonitrotetrazolium (INT) colourimetric assay (Eloff, 1998; Mativandlela *et al.*, 2006) was performed to assess the minimal inhibitory concentrations (MICs) of crude extracts, isolated compounds and ciprofloxacin against a panel of 13 Gram-negative and Gram-positive bacteria. Briefly, each crude extract and isolated compound (1 mg/mL each) was first dissolved in DMSO/MHB mixture. The solution obtained was then added to MHB and serially diluted twofold in triplicate to different concentratios (in a 96-well microplate). One hundred microlitres $(100 \,\mu\text{L})$ of inoculum $(1.5 \times 106 \,\text{CFU/mL})$ prepared in MHB was then added. The plates were covered with a sterile plate sealer, then agitated to mix the contents of the wells using a shaker and incubated at 37 °C for 18 h. The final concentration of DMSO was lower than 2.5% and did not affect microbial growth. Wells containing MHB, 100 µL of inoculum, and DMSO at a final concentration of 2.5 % served as a negative control. Ciprofloxacin was used as a reference extracts were determined after antibiotic. The MICs of crude 18 h of incubation at 37 °C, following the addition of $(40 \,\mu\text{L})$ of 0.2 mg/mL INT and incubation at 37 °C for 30 minutes (Kuete et al., 2008). Viable bacteria reduced the colourless dye to pink. MIC was defined as the lowest sample concentration that prevented this change and exhibited complete inhibition of microbial growth. All assays were performed in triplicate as described by Kuete et al. (2008).

For the minimal bactericidal concentrations (MBCs) determination, a volume of 150 μ L of MHB was introduced in a new 96-well microplate, following addition of 50 μ L of the previous well microplate contents where no microbial growth was observed, and which did not receive an INT (during the reading of MICs). After an incubation period of 48 hrs at 37 °C, the MBC of each crude extract was determined and defined by adding 40 μ L of 0.2 mg/mL INT as previously described (Kuete *et al.*, 2010).

CHAPTER 4: RESULTS AND DISCUSSION

Phytochemical investigation of the selected *Macaranga* and *Ficus* species resulted in isolating twenty-twoisecondary metabolites, one of which was novel. Furthermore, this is the first time the phytochemicals from the studied *Macaranga* species (*M. conglomerata* and *M. capensis*) have been reported. Ultraviolet (UV), Nuclear Magnetic Resonance (NMR), Infrared radiation (IR), Polarimeter, and Mass Spectrometry (MS) analyses were employed for structure elucidation of the isolated compounds. The MTT technique was utilized to evaluate the anti-cancer activities of the isolated compounds. INT colourimetric test was used to assess the antibacterial efficacy of isolated compounds and crude extracts (to determine the MICs). In the following sections, the findings of this investigation will be discussed.

4.1: Compounds from Macaranga conglomerata's leaves

One novel compound: 6-[(2(E),7(E))-6-isopropy]-3,9-dimethyldeca-2,7,9-trienyl] kaempferol (trivially named as conglomeratin) (245) along with four other reported compounds known as macarangin (246), quercetin (247), 3,3',4-trimethoxyellagic acid (248), and 3,3'dimethoxyellagic acid (249) were isolated and identified.

4.1.1: Conglomeratin (245)

Compound **245** was obtained as a yellow solid with $[\alpha]_D^{25} = +55.8 (c \ 0.53, MeOH)$ optical rotation. Its molecular formula, C₃₀H₃₄O₆ (fourteen indices of hydrogen deficiency), was deduced from the deprotonated ion peak observed in the (–)-HRESIMS at m/z 489.2271 [M - H]⁻ (calcd. for C₃₀H₃₃O₆⁻, 489.2277). Its IR spectrum displayed absorption bands attributable to hydroxyl groups (3317 cm⁻¹) and α , β -unsaturated ketone moiety (1655 cm⁻¹). The UV λ_{max} (370 nm) and ¹³C NMR (δ_C 147.8 (C-2), 135.7 (C-3) and 178.3 (C-4) spectra of compound **245** exhibited signature of C-ring of flavonol framework (Le *et al.*, 2021; Nchiozem-Ngnitedem *et*

al., 2021). The NMR data (Table 4.1, Appendix 1) also displayed three signals in the aromatic region attributable to that of C-6 ($\delta_{\rm C}$ 112.3) substituted kaempferol moiety similar to 3'dehydroxy-solophenol C (Le et al., 2021) and denticulatain D (Yang et al., 2015b) isolated the ¹H and ¹³C NMR from *M. denticulata*. Besides signals observed for the kaempferol core, also showed 15 carbons assigned to a modified geranyl [$\delta_{\rm H}$ 3.21 (2H, m, H-1"), 5.10 (1H, t, J = 7.3 Hz, H-2''), 1.79 (2H, m, H-4''), 1.48 (2H, m, H-5''),1.69 (1H, m, H-6"), 1.44 (1H, m, H-7"), 0.70 (3H, *d*, *J* = 6.8 Hz, H-8"), 0.73 (3H, *d*, *J* = 6.8 Hz, H-9") and 1.65 (3H, *s*, H-10"): δc 22.1 (C-1"), 123.9 (C-2"), 135.6 (C-3"), 38.6 (C-4"), 31.4 (C-5"), 49.8 (C-6"), 33.3 (C-7"), 19.5 (C-8"), 21.2 (C-9") and 16.1 (C-10")] and isoprenyl [$\delta_{\rm H}$ 5.24 (1H, dd, J = 15.9, 9.5 Hz, H-1^{'''}), 5.82 (1H, d, J = 15.9 Hz, H-2^{'''}), 4.65 and 4.60 (2H, brs, H-4") and 1.68 (3H, s, H-5"); $\delta_{\rm C}$ 133.7 (C-1'''), 135.4 (C-2'''), 143.3 (C-3'''), 114.5 (C-4''') and 18.9 (C-5''')] units. These signals are typical of a highly prenylated flavonol from the genus *Macaranga*. The large $({}^{3}J_{\text{H}-1''',\text{H}-2'''} = 15.9 \text{ Hz})$ indicate the *trans* orientation of the $\Delta^{1'''(2''')}$ olefinic coupling constant bond. The ¹³C NMR, HSQC and DEPT spectra (Appendix 1) showed 30 carbons with different 20 sp^2 and 9 sp^3 hybrid carbons. functionalities including 1 α , β -unsaturated carbonyl group, The interconnectivity of the two aliphatic chains was established from the HMBC cross-peaks (Appendix 1) observed from H-2''' (δ_{H} 5.82) to C-3''' (δ_{C} 143.3), C-4''' (δ_{C} 114.5), C-5''' (δ_{C} 18.9) and C-6" ($\delta_{\rm C}$ 49.8). The location of the isoprenyl substituent at the said position was further confirmed based on ¹H-¹H COSY between H-1^{'''}/H-2^{'''} and H-1^{'''}/H-6^{''}. The transoid conformation of the isoprenyl unit was established as observed in the NOESY spectrum (Appendix 1) between H-1" and H-5". Based on these spectral data and by comparison with prenylated flavonoids reported in the literature, compound 245 was systematically named as 6-[(2(E),7(E))-6-isopropyl-3,9-dimethyldeca-2,7,9-trienyl]kaempferol (trivially named as conglomeratin).



Table 4.1: Compound 245 NMR data (CD₃OD, 400 MHz)

Position	δc	$\delta_{\rm H \ Mult} (J \ {\rm in} \ Hz)$	HMBC (H \rightarrow C)
2	147.8	-	-
3	135.7	-	-
4	178.3	-	-
4a	104.4	-	-
5	158.2	-	-
6	112.3	-	-
7	163.6	-	-
8	93.6	6.33 <i>s</i>	C-4a, C-6, C-8a
8a	156.3	-	-
1'	124.1	-	-
2'/6'	130.6	7.98 <i>d</i> (8.4)	C-2, C-2'/6', C-4'
3'/5'	116.3	6.79 <i>d</i> (8.4)	C-1', C-3'/5', C-4'
4'	160.3	-	-
1″	22.1	3.21 <i>m</i>	-
2"	123.9	5.10 <i>t</i> (7.3)	-
3"	135.6	-	-
4''	38.6	1.79 <i>m</i>	-
5″	31.4	1.48 <i>m</i>	-
6''	49.8	1.69 <i>m</i>	-
7''	33.3	1.44 <i>m</i>	-
8″	19.5	0.70 <i>d</i> (6.8)	C-6", C-7", C-9"
9″	21.2	0.73 <i>d</i> (6.8)	C-6", C-7", C-8"
10''	16.1	1.65 <i>s</i>	C-2", C-3", C-4"
1‴	133.7	5.24 dd (15.9, 9.5)	C-3'''
2‴	135.4	5.82 <i>d</i> (15.9)	C-3''', C-4''', C-5''', C-6''
3‴	143.3	-	-
4'''	114.5	4.65 and 4.60 brs	-
5‴	18.9	1.68, <i>s</i>	C-3''', C-4'''

4.1.2: Macarangin (246)

Compound **246** was obtained as a yellow solid. The ¹H NMR spectrum (Table 4.2.Appendix 2) revealed a pair of doublets at $\delta_{\rm H}$ 7.98 (2H, d, J = 8.5 Hz) for 2'/6' and 6.81 (2H, d, J = 8. 5 Hz) for 3'/5' and a singlet at $\delta_{\rm H}$ 6.34 (1H, *s*). The signals are attributable to that of C-6 ($\delta_{\rm C}$ 112.4) substituted kaempferol moiety. The ¹H NMR also displayed two olefinic signals at $\delta_{\rm H}$ 5.15 (1H, *t*, *J* = 7.3 Hz) for H-2" and 4.96 (1H, m) for H-6", an allylic proton signal at $\delta_{\rm H}$ 3.21 (2H, *brs*) for H-1", a pair of multiplets at $\delta_{\rm H}$ 1.86 (2H, *m*) for H-4" and 1.95 (2H, *m*) for H-5", and three methyl group signals at $\delta_{\rm H}$ 1.50 (3H, *s*) for H-8", 1.46 (3H, *s*) for H-9" and 1.69 (3H, *s*) for H-10", indicating the presence a geranyl group. Based on the HMBC correlation of H-1" ($\delta_{\rm H}$ 3.21) to C-5 ($\delta_{\rm C}$ 159.6), C-6 ($\delta_{\rm C}$ 112.4), C-7 ($\delta_{\rm C}$ 163.7), C-2" ($\delta_{\rm C}$ 123.8) and (Appendix 2), the geranyl group was assigned to C-6. Using the NMR (1D and 2D) data and in comparison, with the available literature (Sutthivaiyakit *et al.*, 2002), compound **246** was identified as macarangin.



C-		246	
position	δ _C	$\delta_{\rm H \ Mult} (J \text{ in } Hz)$	HMBC (H→C)
2	147.7	-	-
3	135.1	-	-
4	178.1	-	-
4a	105.1	-	-
5	159.6	-	-
6	112.4	-	-
7	163.7	-	-
8	93.6	6.34 <i>s</i>	C-4a, C-6, C-7, C-8a
8a	156.2	-	-
1'	124.5	-	-
2'/6'	130.6	7.98 d (8.5)	C-4'
3'/5'	116.3	6.81 <i>d</i> (8.5)	C-1'
4′	161.2	-	-
1″	22.2	3.21 brs	C-5, C-6, C-7, C-2", C-
			3″
2″	123.8	5.15 <i>t</i> (7.3)	-
3″	135.6	-	-
4″	40.9	1.86 <i>m</i>	-
5″	27.4	1.95 m	-
6″	125.4	4.96 <i>m</i>	-
7″	132.2	-	-
8″	25.8	1.50 <i>s</i>	C-6", C-7", C-9"
9″	17.7	1.46 <i>s</i>	C-6", C-7", C-8"
10″	16.3	1.69 <i>s</i>	C-2", C-3", C-4"

Table 4.2: Compound **246** NMR data (CD₃OD, 400 MHz)

4.1.3: 3,3',4',5,7-Pentahydroxyflavone (Quercetin) (247)

Compound **247** was obtained as a yellow solid. The ¹H NMR spectrum (Table 4.3. Appendix 3) revealed a pair of doublet signals that are meta-coupled at $\delta_{\rm H}$ 6.19 (1H, d, J = 2.0 Hz) for H-6 and 6.39 (1H, d, J = 2.0 Hz) for H-8, with an AX spin system. An ABX spin system was observed at $\delta_{\rm H}$ 7.74 (1H, d, J = 2.2 Hz) for H-2', 6.89 (1H, d, J = 8.5 Hz) for H-5', and 7.64 (1H, dd, J = 8.5, 2.2 Hz) for H-6'. The ¹³C NMR (Table 4.3) revealed a total of fifteen carbon signals, five of which were methines and ten of which were quaternary carbons. The HMBC correlation between C-2 (C 148.8) and H-2' (Appendix 3) led the placement of the AX protons in ring A and the ABX system in ring B. The NMR data (1D and 2D) of

compound **247** were comparable with a similar compound known as quercetin previously isolated from *Lagerstroemia speciosa* (Saraswathi *et al.*, 2017).



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Table 4.3: Compound 247 NMR data (CD₃OD, 600 MHz)

C-		247	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H→C)
2	148.8	-	-
3	137.2	-	-
4	177.3	-	-
4a	104.5	-	-
5	162.5	-	-
6	99.3	6.19 <i>d</i> (2.0)	C-4a, C-5, C-7, C-8
7	165.8	-	-
8	94.4	6.39 d (2.0)	C-4a, C-6, C-7, C-8a
8a	158.3	-	-
1'	124.2	-	-
2'	116.0	7.74 d (2.2)	C-2, C-4', C-5'
3'	146.2	-	-
4'	148.0	-	-
5'	116.2	6.89 <i>d</i> (8.5)	C-1', C-3'
6'	121.7	7.64 dd (8.5, 2.2)	C-1′, C-4′

4.1.4: 3,3',4-Trimethoxyellagic acid (248)

The ¹H NMR data (Table 4.4, Appendix 4) of compound **248** (an amorphous white solid) displayed two signals at $\delta_{\rm H}$ 8.21 and 7.63 (1H, *s* each), typical for ellagic acid derivatives. Furthermore, three methoxy signals were observed at $\delta_{\rm H}$ 4.10, 4.03, and 3.99 (3H, *s* each). Table 4.4 revealed 17 carbons signals found in the ¹³C NMR spectrum, among which are two carbonyl groups of an α , β unsaturated lactones at $\delta_{\rm C}$ 158.5 (C-7) and 158.4 (C-7'). Spectra from HSQC together with HMBC (Appendix 4) were used in assigning the three methoxy groups to C-3 ($\delta_{\rm C}$ 140.9), C-4 ($\delta_{\rm C}$ 154.4), and C-3' ($\delta_{\rm C}$ 143.3), respectively. The two methoxy

groups at $\delta_{\rm C}$ 61.4 and 61.5 (Table 4.4) were downfield shifted, indicating that they were diortho substituted. This agrees with their placement at $\delta_{\rm C}$ 140.9 and 143.3, respectively. The NMR data (1D and 2D) were comparable with a similar compound known as 3,3',4trimethoxyellagic acid previously isolated from *Dipentodon sinicus* (Ye *et al.*, 2007).



Table 4.4: Compound **248** NMR data (CD₂Cl₂, 500 MHz)

C-		248	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H→C)
1	112.9	-	-
2	111.6	-	-
3	140.9	-	-
4	154.4	-	-
5	107.5	7.63 s	C-1, C-3, C-4, C-6, C-7
6	113.0	-	-
7	158.5	-	-
1'	114.2	-	-
2'	111.6	-	-
3'	143.3	-	-
4'	147.6	-	-
5'	117.6	8.21 <i>s</i>	C-1', C-3', C-4', C-6', C-
			7'
6'	141.4	-	-
7'	158.4	-	-
CH ₃ O-3	61.5	4.03 s	C-3
CH ₃ O-3′	61.4	4.10 <i>s</i>	C-3'
CH ₃ O-4	56.8	3.99 s	C-4

4.1.5: 3,3'-Dimethoxyellagic acid (249)

The ¹H and ¹³C NMR spectra of compound **249** (a whitish solid) (Table 4.5, Appendix 5) are comparable to those of compound **248**, with the molecular formula of **249** having 30 amu (atomic mass unit) less than **248** indicating the neutral loss of formaldehyde (CH₂O) group

in **249** to form its 3,3'-dimethoxy derivative. The above findings were further supported as a pair of methoxy signals that were di-*ortho* by being downfield shifted were observed in the spectra. On the basis of the NMR (1D and 2D) results together with the published literature, compound **249** was identified as 3,3'-dimethoxyellagic acid (Nkainsa *et al.*, 2020).



 Table 4.5: Compound 249 NMR data (CD₂Cl₂, 500 MHz)

C-		249	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H→C)
1	114.2	-	-
2	141.1	-	-
3	141.7	-	-
4	150.2	-	-
5	112.0	7.77 s	C-3, C-4, C-6, C-7
6	112.8	-	-
7	158.5	-	-
1'	114.2	-	-
2'	141.1	-	-
3'	141.9	-	-
4'	140.3	-	-
5'	111.7	7.49 <i>s</i>	C-4', C-6', C-7'
6'	112.8	-	-
7'	158.4	-	-
CH ₃ O-3	61.7	4.04 <i>s</i>	C-3
CH ₃ O-3′	61.0	4.03 s	C-3′

4.2: Compounds from Macaranga conglomerata's stem bark

One compound identified as 3-acetylaleuritolic acid (**250**) was isolated from *M*. *conglomerata*'s stem bark.

4.2.1: 3-Acetylaleuritolic acid (250)

Compound **250** was found to be an amorphous white solid. Its ¹H NMR data (Table 4.6) revealed a doublet of a doublet signal be attributed to the olefinic proton H-15 at $\delta_{\rm H}$ 5.52 (1H, dd, J = 8.1, 3.5 Hz). A singlet signal of an acetoxy group at $\delta_{\rm H}$ 2.04 (3H, s) was observed. The 1 H NMR spectrum (Appendix 6) also displayed a doublet of a doublet signal for bearing acetoxy group (Hproton on the carbon atom the 3) at $\delta_{\rm H}$ 4.47 (1H, *dd*, *J* = 10.4, 5.6 Hz). Additionally, a characteristic methine signal at $\delta_{\rm H}$ 2.27 (1H, m) for H-18 was also observed. Furthermore, seven signals attributable methyl groups were observed at $\delta_H 0.85$, to tertiary 0.88, 0.91, 0.92, 0.93, 0.95, and 1.63 (3H, s, each) for H-23, H-24, H-30, H-27, H-29, H-25, and H-26, respectively. ¹³C NMR spectrum displayed signals at $\delta_{\rm C}$ 183.7 and 171.2, which were assigned to the carboxylic acid (C-28) and acetoxy groups (-C(=O)-O-), respectively. On the basis the NMR (1D and 2D) together of results with the published literature (Rumzhum et al., 2012), compound **250** was found to be 3-acetyl aleuritolic acid.



C	250			
C-	ion	$\delta_{\rm C}$	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H→C)
1	1011	27.9	1.04	<u>C 2 C 5 C 10 C 25</u>
1		37.8 22.6	1.04	C-2, C-3, C-10, C-23
2		25.0	1.03	C = 1, C = 3, C = 4
3		81.0	4.47 <i>aa</i> (10.4, 5.0)	C-1, C-2, C-3, C-4, C-24, C-24, C-004
Λ		37 5		24, 00011
+ 5		57.5	- 0.80 m	-
5		18.0	1.09 m	- C 24
7		10.9	1.49 m, $1.00 m1.07 m$ $1.30 m$	C-24 C-5
/ 8		40.9	1.97 m, 1.30 m	C-5
0		39.2 40.2	- 1 / 3 m	
2 10		49.2	1.4 <i>5 m</i>	0-8, 0-10, 0-11, 0-23, 0-20
10		36.1 17 5	- 1 18 m	-
11		17.5	1.40 m 1.61 m $1.78 m$	C - 9, C - 12 C - 11 - C - 12 - C - 27
12		33.5	1.01 <i>m</i> , 1.76 <i>m</i>	C-11, C-15, C-27
13		37.3 160 7	-	-
14		116.0	-	-
15		21.5	3.32 uu (0.0, 3.3)	C = 0, C = 13, C = 10, C = 17
10		51.5	1.95 <i>m</i> , 2.57 <i>m</i>	C-14, C-21, C-28
1/ 10		31.7 41.6	-	- C 12 C 16 C 17 C 10 C
10		41.0	2.27 m	C = 13, C = 10, C = 17, C = 19, C = 20, C = 27, C = 28
10		25 4	1 10 1 24	20, C-27, C-28
19		55.4 20.4	1.10 m, 1.24 m	C-17, C-18, C-20
20		29.4	- 1 42 1 70	-
21		30.8 22.8	1.42 m, 1.70 m	C = 17, C = 23, C = 30
22	Ма	22.0 28.1	1.10 m, $1.00 m$	C-20, C-21
23	Me	28.1 16.7	$0.83 \ s$	C-3, C-4, C-3, C-24
24 25	Me	10./	0.88 \$	C-5, C-4, C-25
25	Me	15.8	0.95 \$	C-5, C-9
26	Me	26.3	1.03 \$	$C_{-7}, C_{-8}, C_{-9}, C_{-14}$
27	Me	22.0	0.92 s	C-13, C-14, C-18
2ð 20	Ма	185.7	- 0.02 a	-
29 20	Ne	32.1	0.93 <i>S</i>	C = 19, C = 22
3U		28.8 171.2	0.91 <i>S</i>	C-19, C-20, C-29
-U(=	(0)-0-	1/1.2	-	
COU	JCH ₃	21.5	2.04 <i>s</i>	C-3, -C(=O)-O-

Table 4.6: Compound 250 NMR data (CDCl₃, 500 MHz)

4.3: Compounds from *Macaranga capensis*'s stem bark

Seven compounds identified as: betulin (251), scopoletin (252), 3-hexyl-8-hydroxy-6methoxy-1*H*-isochromen-1-one (253), 3,3'-di-*O*-methylellagic acid-4'-*O*- α -*L*rhamnopyranoside (254), chrysoeriol (255), isorhamnetin (256), and kaempferol (257) were isolated from *M. capensis*'s stem bark.

4.3.1: Betulin (251)

The ¹H NMR spectrum (Appendix 7) of compound **251** (a whitish crytal) displayed the existence of diastereotopic protons signals for a methylene group at $\delta_{\rm H}$ 3.33 (1H, d, J = 10.8 Hz) and 3.79 (1H, dd, J = 10.9, 2.0 Hz) for H_a-28 and H_b-28, respectively. Six methyl group signals were also observed at $\delta_{\rm H}$ 0.75, 0.82, 0.96, 0.97, 1.01, and 1.67 (each 3H, *s*) for H-29, H-27, H-20, H-30, H-28, and H-25, respectively. Additionally, two exocyclic methylene protons at $\delta_{\rm H}$ 4.57 (1H, *m*) for H_a-29 and 4.64 (1H, *d*, *J* = 2.3 Hz) for H_b-29 were observed. These signals are typical for a lupane skeleton (Ayatollahi *et al.*, 2009). ¹³C NMR spectrum displayed 30 carbon signals comprising 1 exomethylene, 6 quaternary, 6 methine, 11 methylene, and 6 methyl carbons (Table 4.7). An isopropenyl moiety was implied by the existence of an exocyclic olefinic carbon. On the basis of the NMR (1D and 2D) results together with the published literature (Kaur *et al.*, 2022), compound **251** was identified as betulin.



C-			251	
posi	tion	δ_{C}	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H \rightarrow C)
1		38.8	1.67 <i>m</i>	C-3, C-5
2		27.5	1.63 <i>m</i>	C-3, C-4, C-5, C-10
3		79.1	3.18 <i>dd</i> (11.2, 4.9)	C-4, C-23, C-24
4		39.0	-	-
5		55.4	0.68 <i>m</i>	C-3, C-6, C-9, C-
				23, C-24
6		18.4	1.52 <i>m</i>	C-10
7		34.4	1.38 <i>m</i>	C-8, C-27
8		41.0	-	-
9		50.5	1.25 <i>m</i>	C-5, C-7, C-10, C-
				11, C-12, C-27
10		37.4	-	-
11		21.0	1.38 <i>m</i>	C-8
12		25.3	1.62 <i>m</i>	C-14, C-18
13		37.3	1.63 <i>m</i>	C-15
14		42.8	-	-
15		27.2	1.02 <i>m</i>	C-8, C-14
16		29.3	1.22 <i>m</i>	C-15, C-28
17		56.4	-	-
18		48.9	1.58 m	C-13, C-16, C-19, C-
				20, C-28
19		47.9	2.36 td (10.8, 5.8)	C-13, C-18, C-20, C-
				21, C-29
20		150.6	-	-
21		29.9	1.93 <i>m</i> , 1.49 <i>m</i>	C-18, C-19
22		34.1	1.86 <i>m</i> , 1.01 <i>m</i>	C-18, C-21, C-28
23	Me	28.1	0.96 s	C-3, C-4, C-5, C-24
24	Me	15.5	0.75 s	C-3, C-5, C-23
25	Me	16.2	0.82 s	C-5, C-9, C-10
26	Me	16.1	1.02 s	C-7, C-8, C-9, C-14
27	Me	14.9	0.97 s	C-8, C-14, C-15
28		60.7	3.79 <i>dd</i> (10.9, 2.0), 3.33 <i>d</i> (10.8)	C-16, C-22
29		109.8	4.64 s, 4.57 s	C-19, C-30
30	Me	19.2	1.67 <i>s</i>	C-19, C-20, C-29

Table 4.7: Compound 251 NMR data (CDCl₃, 500 MHz)

4.3.2: Scopoletin (252)

Compound **252** was isolated as a white solid. Its ¹H NMR data (Table 4.8; Appendix 8) showed signals that were typical of a 6,7-dioxygenated coumarin. Two doublets at $\delta_{\rm H}$ 6.27 (1H, *d*, *J* = 9.5 Hz) and $\delta_{\rm H}$ 7.60 (1H, *d*, *J* = 9.5 Hz), corresponding to H-4 and H-3 of a coumarin's pyrone ring, respectively, were observed (Darmawan *et al.*, 2012; Khan and

Hossain, 2015). A methoxy group at $\delta_{\rm H}$ 3.95 (3H, *s*) and two aromatic proton singlets at $\delta_{\rm H}$ 6.85 for H-5 and 6.92 for H-8, were also noted in the proton spectrum. There were ten signals in the ¹³C NMR spectrum, including a phenolic hydroxyl group, 1 methoxy group, 4 methines, and 5 quaternary carbons. The NMR data (1D and 2D) were comparable with a similar compound known as 7-hydroxy-6-methoxy coumarin (scopoletin) previously isolated from *Ipomoea digitata* (Khan and Hossain, 2015).



C-		252	
position	δ_{C}	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H→C)
2	161.6	-	-
3	143.4	7.60 d (9.5)	C-1, C-10, C-5
4	113.6	6.27 d (9.5)	C-1, C-9
5	107.6	6.85 s	C-6, C-7
6	144.1	-	-
7	150.4	-	-
8	103.4	6.92 s	C-6, C-7, C-9, C-10
9	111.7	-	-
10	149.8	-	-
6-OCH ₃	56.6	3.95 s	C-6

Table 4.8: Compound 252 NMR data (CDCl₃, 600 MHz)

4.3.3: 8-Hydroxy-6-methoxy-3-pentyl-1H-isochromen-1-one (253)

The ¹H NMR data (Table 4.9, Appendix 9) of compound **253** (an amorphous white solid) showed a methyl signal at $\delta_{\rm H}$ 0.91 (3H, s) for H-13, four methylene signals at $\delta_{\rm H}$ 2.48, 1.69, 1.34, and 1.35 (2H, *m* each) for H-9, H-10, H-12, and H-13, respectively. An olefinic singlet signal together with two aromatic doublet signals typical for isocoumarin were observed at $\delta_{\rm H}$ 6.17 (1H, s) for H-4, 6.31 (1H, d, J = 2.3 Hz) for H-5, and 6.46 (1H, H-7, respectively (Araújo et al., 2017). A methoxy group d, J = 2.3Hz) for (3H, *s*) signal at $\delta_{\rm H}$ 3.87 was also noted in the ¹H NMR spectrum. Three methines (δ_{C} 104.1, 101.2, and 100.3), five

methylenes (δ_{C} 33.4, 31.3, 26.7, and 22.5), two methyls (δ_{C} 55.8 and 14.1), and six quaternary carbons (δ_{C} 166.9, 166.7, 163.8, 158.2, and 100.1), were seen in compound **253**'s ¹³C NMR spectrum. The presence of a polysubstituted phenyl moiety was revealed by the aromatic signals (δ_{C} 100.1 – 166.9) (Gao *et al.*, 2021). The HSQC spectrum was used in assigning each proton to the relevant carbon atom. The interconnectivity of the aliphatic chain was established from the HMBC (Appendix 9) cross-peaks observed from H-9 (δ_{H} 2.48) to C-3 (δ_{C} 158.2), C-4 (δ_{C} 104.1), C-10 (δ_{C} 26.7) and C-11 (δ_{C} 31.3). Furthermore, the presence of a methoxy group at the C-6 position was established by the long-range correlation between the proton at δ_{H} 3.87 and C-6 (δ_{C} 166.9). Based on these spectral data and by comparison with isocoumarins reported in the literature (Kihampa *et al.*, 2009), compound **253** was identified as 8-Hydroxy-6-methoxy-3-pentyl-1*H*-isochromen-1-one.



253

C-		253	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H→C)
1	166.7	-	-
3	158.2	-	-
4	104.1	6.17 <i>s</i>	C-3, C-8a, C-9
4a	139.6	-	-
5	101.2	6.31 <i>d</i> (2.3)	C-4, C-7, C-8a
6	166.9	-	-
7	100.3	6.46 d (2.3)	C-5
8	163.8	-	-
8a	100.1	-	-
9	33.4	2.48 m	C-3, C-4, C-10, C-11
10	26.7	1.69 <i>m</i>	C-11, C-12
11	31.3	1.34 <i>m</i>	C-12
12	22.5	1.35 <i>m</i>	C-11
13	14.1	0.91 <i>m</i>	C-12
6-OCH ₃	55.8	3.87 <i>s</i>	C-6

Table 4.9: Compound 253 NMR data (CDCl₃, 600 MHz)

4.3.4: 3,3'-Di-O-methylellagic acid-4'-O-a-L-rhamnopyranoside (254)

solid. The ¹H NMR data (Table 4.10, Compound 254 was isolated as a white amorphous Appendix 10) displayed in the aromatic region two singlets at $\delta_{\rm H}$ 7.78 and 7.50 attributable to H-5' and H-5, respectively of ellagic acid derivatives (Nkainsa et al., 2020). Furthermore, signals 4.03 (3H, s) and 4.02 (3H, s), and one glycosyl at $\delta_{\rm H}$ 5.55 of two methoxy groups at δ_H (1H, d, J = 1.8 Hz) were observed. The ¹³C NMR spectrum revealed 22 carbons signals (Table 4.10), among which were two carbonyl groups of an α , β unsaturated lactones at $\delta_{\rm C}$ 158.6 (C-7) and 158.4 (C-7'), which are characteristics of ellagic acid (Nkainsa et al., 2020). Spectra from HSQC and HMBC (Appendix 10) were used in assigning the two methoxy groups to C- $3 (\delta_{\rm C} 141.9)$ and C-3' ($\delta_{\rm C} 140.3$), respectively. The two methoxy groups at $\delta_{\rm C}$ 61.7 and 61.0 (Table 4.10) were downfield shifted, indicating that they were di-ortho substituted. This is consistent with their positioning at $\delta_{\rm C}$ 141.9 and 140.3, respectively. The anomeric proton of the sugar at $\delta_{\rm H}$ 5.55, for H-1" in the HMBC spectrum of 254 also revealed a correlation between C-4' (δ_C 152.6) of ellagic acid which established the glycosidic linkage. These results clearly demonstrated that compound **254** is 3,3'-di-*O*-methylellagic acid-4'-*O*- α -*L*-rhamnopyranoside by comparison with literature (Ye *et al.*, 2007).



C-		254	
position _	δ _C	$\frac{254}{\delta_{\text{H Mult}} (J \text{ in } Hz)}$	HMBC (H→C)
1	112.0	-	-
2	141.1	-	-
3	141.9	-	-
4	150.2	-	-
5	111.7	7.78 s	C-1, C-3, C-4, C-
			6, C-7
6	114.2	-	-
7	158.6	-	-
1'	112.8	-	-
2'	141.1	-	-
3'	140.3	-	-
4′	141.7	-	-
5'	111.8	7.50 <i>s</i>	C-3′, C-7′
6'	114.2	-	-
7'	158.4	-	-
CH ₃ O-3	61.7	4.03 s	C-3
CH ₃ O-3′	61.0	4.02 s	C-3′
1″	99.8	5.55 d (1.8)	C-4, C-3", C-5"
2''	71.6	3.33	
3"	70.1	3.93 d (2.7)	
4''	70.5	3.68 dd (9.2, 3.5)	
5''	70.3	3.49 dd (9.4, 6.2)	
6''	17.9	1.11 <i>d</i> (6.2)	

Table 4.10: Compound 254 NMR data (CD₂Cl₂, 600 MHz)

4.3.5: Chrysoeriol (255)

The aromatic proton signals at $\delta_{\rm H}$ 7.53 (1H, s) for H-2', 6.90 (1H, d, J = 8.8) for H-5', and 7.52 (1H, d, J = 1.6 Hz) for H-6' in the ¹H NMR spectrum of compound **255** (a yellowish solid) suggest the 3',4'-disubstitution pattern for the B ring (Table 4.11; Appendix 11) (Sahin et al., 2004). With a coupling constant of 2.1 Hz, two aromatic signals occurred as meta-coupled (1H, d, J = 2.1 Hz) for H-6 and 6.48 doublets at $\delta_{\rm H}$ 6.16 (1H, d, J = 2.1 Hz)for H-8, respectively. This indicated that positions 5 and 7 of ring A contained substituents (Sahin et al., 2004). The characteristic proton signal of H-3 ($\delta_{\rm H}$ 6.86) for a flavone was also observed. Six methines (δ_C 120.4, 115.8, 110.2, 103.2, 98.9, and 94.1), one methoxy $(\delta_{\rm C} 56.0)$, and nine quaternary carbons (δ_C 181.8, 164.2, 163.7, 161.5, 157.4, 150.8, 148.1, 121.5, and 103.7), were observed in the ¹³C NMR spectrum of compound 255. The methoxy group was assigned to C-3' due to the HMBC cross-peak (Appendix 11) observed from H-7' ($\delta_{\rm H}$ 3.90) to C-3' (C 148.6). These results clearly demonstrated that compound 255 is chrysoeriol by comparison with literature (Vestena et al., 2019).



C-		255	
position	δ _C	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H→C)
2	163.7	-	-
3	103.2	6.86 <i>s</i>	C-2, C-4, C-4a, C-1'
4	181.8	-	-
4a	103.7	-	-
5	161.5	-	-
6	98.9	6.16 <i>d</i> (2.1)	C-4a, C-5, C-7, C-8
7	164.2	-	-
8	94.1	6.48 <i>d</i> (2.1)	C-4a, C-6, C-7, C-8a
8a	157.4	-	-
1'	121.5	-	-
2'	110.2	7.53 <i>s</i>	C-2, C-3', C-4', C-6'
3'	148.1	-	-
4'	150.8	-	-
5'	115.8	6.90 <i>d</i> (8.8)	C-1', C-3', C-4'
6'	120.4	7.52 d (1.6)	C-2, C-2', C-4'
3'-OCH ₃	56.0	3.86 <i>s</i>	C-3'

Table 4.11: Compound 255 NMR data (CDCl₃, 600 MHz)

4.3.6: Isorhamnetin (256)

The yellowish solid compound **256**'s ¹H-NMR data (Table 4.12, Appendix 12) exhibited aromatic proton signals at $\delta_{\rm H}$ 7.72 (1H, d, J = 2.2 Hz) for H-2', 6.89 (1H, d, J = 9.0 Hz) for H-5', and 7.65 (1H, dd, J = 2.2, 9.0 Hz) for H-6' due to ring B's 3',4'-disubstitution (Su *et al.*, 2008). A typical meta-coupled pattern signals for ring A were also observed for H-6 and H-8 protons at $\delta_{\rm H} 6.14$ and $6.39 (1 {\rm H}, d, J = 2.0 {\rm Hz \, each})$, respectively. A methoxy group (3 {\rm H}, s) signal at $\delta_{\rm H}$ 3.81 was also noted in the ¹H NMR spectrum. Five methines ($\delta_{\rm C}$ 121.7, 115.5, 111.7 , 98.3, and 93.5), one methyl (δ_{C} 55.8), and ten quaternary carbons (δ_{C} 175.9, 164.1, 160.7, 156. 2, 148.8, 147.4, 146.8, 135.7, 122.0, and 103.0), were observed in the ¹³C NMR spectrum of compound **256**. The methoxy group was assigned to C-3' due to the HMBC cross-peaks (Appendix 12) observed from $\delta_{\rm H}$ 3.81 C-3' ($\delta_{\rm C}$ 147.4). These results clearly to demonstrated that compound 256 is isorhamnetin by comparison with literature (Su et al., 2008 ; Rajvaidhya et al., 2014).



4.3.7: Kaempferol (257)

Compound **257**'s ¹H and ¹³C NMR spectra (Table 4.12; Appendix 12) were strikingly similar to those of compound **256**. The two compounds were isolated as a mixture. The key distinction was that compound **257** lacked the methoxy signal at δ_H 3.86 (3H, *s*) and δ_C 55.8 (C-3") which is observed in compound **256**. Also, the existence of the 1',4'-disubstituted ring B in compound **257** was evident, where the protons at 2' and 6' were in the same chemical environment as well as the protons at 3' and 5' (Table 4.12). These resonances were consistent with that of kaempferol reported from *Tapinanthus globiferus* (Tukur *et al.*, 2022).



C-		256			257	
position	δ_{C}	$\delta_{\rm H\ Mult}$ (J in Hz)	HMBC (H→C)	$\delta_{\rm C}$	$\delta_{\text{H Mult}}$ (J in Hz)	HMBC (H→C)
2	146.8	-	-	146.8	-	-
3	135.7	-	-	135.7	-	-
4	175.9	-	-	175.9	-	-
4a	103.0	-	-	103.0	-	-
5	160.7	-	-	160.7	-	-
6	98.3	6.14 <i>d</i> (2.1)	C-4a, C-5, C-7, C-8	98.3	6.14 <i>d</i> (2.1)	C-4a, C-5, C-7, C-8
7	164.1	-	-	164.1	-	-
8	93.5	6.39 <i>d</i> (2.1)	C-4a, C-6, C-7, C-	93.5	6.39 <i>d</i> (2.1)	C-4a, C-6, C-7, C-
			8a			8a
8a	156.2	-	-	156.2	-	-
1'/1'	122.0	-	-	122.0	-	-
2'/6'	-	-	-	129.5	8.00 d (9.0)	C-2, C-4′
3'/5'	-	-	-	115.5	6.89 d (9.0)	C-1', C-4'
4'	-	-	-	159.2	-	-
2'	111.7	7.72 d (2.2)	C-1', C-3', C-6'	-	-	-
3'	147.4	-	-	-	-	-
4'	148.8	-	-	-	-	-
5'	115.5	6.89 <i>d</i> (9.0)	C-3′, C-6′	-	-	-
6'	121.7	7.65 dd (9.0, 2.2)	C-2, C-2', C-4'	-	-	-
3'-OCH ₃	55.8	3.81 s	C-3′	-	-	-

Table 4.12: Compounds **256** and **257** NMR data (DMSO, 600 MHz)

4.4: Compounds from Macaranga capensis's roots

Two compounds identified as β -sitosterol (**258**) and 2,2'-(((propane-2,2-diylbis(4,1-phenylene))bis(oxy))bis(methylene))bis(oxirane) (**259**) were obtained from *M. capensis*'s roots extract.

4.4.1: β-Sitosterol (258)

The ¹H NMR data of compound **258** (a whitish powder) (Table 4.13, Appendix 13) indicated a hydroxymethine proton signal at $\delta_{\rm H}$ 3.53 (1H, m) for H-3 and olefinic proton signal at $\delta_{\rm H}$ 5.35 (1H, dt, J = 4.9, 2.5 Hz) for H-6. Additionally, six methyl group signals at $\delta_{\rm H}$ 0.67 (3H, *s*), 1.01 (3H, *s*), 0.82 (3H, *m*), 0.92 (3H, *s*), 0.81 (3H, *s*), and 0.84 (3H, *s*) for H-18, H-19, H-21, H-26, H-27, and H-29, respectively, were observed. From the ¹³C NMR data (Table 4.13), 29 signals were identified. Carbon oxymetic and olefinic carbon signals were observed at $\delta_{\rm c}$ 72.0 (C-3), and 140.9 (C-5) and 121.9 (C-6), respectively. These results indicated that compound **258** is βsitosterol by comparison with literature (Erwin *et al.*, 2020).



C-			258	
posi	tion	δ _C	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H→C)
1		37.4	1.84 m, 1.07 m	C-3, C-5, C-10
2		31.8	1.84 m, 1.48 m	C-3
3		72.0	3.53 m	-
4		42.5	2.27 m	C-3, C-5, C-6, C-10
5		140.9	-	-
6		121.9	5.35 dd (4.9, 2.5)	C-4, C-7, C-10
7		31.8	1.84 <i>m</i>	C-5, C-6, C-14
8		32.1	1.99 m	C-9, C-13
9		50.3	0.92 m	-
10		36.7	-	-
11		21.2	1.50 <i>m</i>	C-10, C-13
12		39.9	1.99 m, 1.14 m	C-9, C-13, C-14
13		42.5	-	-
14		56.9	1.01 <i>m</i>	C-17
15		24.5	1.56 <i>m</i>	C-14, C-17
16		29.9	1.25 m	C-13, C-17
17		56.2	1.11 m	C-13, C-18, C-21, C-
				22
18	Me	12.1	0.67 s	C-13, C-14, C-17
19	Me	19.5	1.01 s	C-5, C-9, C-10
20		36.3	1.35 <i>m</i>	-
21	Me	20.0	0.82 <i>m</i>	C-14, C-20, C-23
22		34.1	1.35 <i>m</i>	C-17, C-21, C-23, C-
				24
23		26.2	1.15 <i>m</i>	C-20, C-22, C-24, C-
				25
24		46.0	0.92 <i>m</i>	C-23, C-25
25		29.3	1.66 <i>m</i>	C-23, C-24, C-27, C-
				28
26	Me	18.9	0.92 s	C-24, C-25
27	Me	19.2	0.81 <i>s</i>	C-24, C-25, C-26
28		23.2	1.25 <i>m</i>	C-24, C-25
29	Me	12.0	0.84 <i>s</i>	C-28

Table 4.13: Compound **258** NMR data (CDCl₃, 500 MHz)

4.4.2: 2,2'-(((Propane-2,2-diylbis(4,1-phenylene))bis(oxy))bis(methylene))bis(oxirane) (259)

Compound **259** was isolated as light brown paste. Compound **259**'s ¹H NMR data (Table 4.14; Appendix 14) showed characteristic aromatic signals of bisphenol moiety at $\delta_{\rm H}$ 6.82 (4H, d, J = 8.5 Hz) and 7.13 (4H, d, J = 8.5 Hz) for H-5/5' and H-6/6', respectively (Perrin *et ai.*, 2006). A methyl proton signal at $\delta_{\rm H}$ 1.63 for H-9/9' was also observed. Resonance peaks at $\delta_{\rm H}$ 4.17 (2H, *dd*, *J* = 11.0, 3.3 Hz) and 3.95 (2H, *dd*, *J* = 11.0, 5.6 Hz), 3.34 (2H, *m*), 2.74 (2H, *dd*, *J* = 5.3, 2.6 Hz) and 2.89 (2H, *t*, *J* = 4.6 Hz), for H-3/3', H-2/2', and H-1/1', respectively, were typical of glycidyl terminal group protons (Teh *et al.*, 2009). In ¹³C NMR (Table 4.14), a quaternary carbon of bisphenol A moiety was observed at $\delta_{\rm C}$ 41.9. Glycidyl terminal groups carbons were indicated by the signals displayed at $\delta_{\rm C}$ 44.9 (C-1), 50.3 (C-2), and 68.9 (C-3). Compound **259** was identified as 2,2'-(((propane-2,2-diylbis(4,1-phenylene)))bis(oxy)))bis(methylene))bis(oxirane) by comparing the results with the published literature (Teh *et al.*, 2009). This compound has not been isolated from nature before now.



Table 4.14: Compound 259 NMR data (CDCl₃, 600 MHz)

C-		259	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}}$ (J in Hz)	HMBC (H→C)
1/1′	44.9	2.74 dd (5.3, 2.6)	C-2
		2.89 t (4.6)	C-2, C-3
2/2'	50.3	3.34 <i>m</i>	-
3/3'	68.9	3.95 dd (11.0, 5.6)	C-1, C-2, C-4
		4.17 dd (11.0, 3.3)	C-1, C-2, C-4
4/4'	156.5	-	-
5/5'	114.1	6.82 <i>d</i> (8.5)	C-4, C-7
6/6′	127.9	7.13 <i>d</i> (8.5)	C-4, C-8
7/7'	143.8	-	-
8	41.9	-	-
9/9'-CH ₃	31.2	1.63 s	C-7, C-8

4.5: Compounds from Ficus thonningii's stem bark

Eight compounds identified as yukovanol (**260**), 5,7,4'-trihydroxy-3'-(2-hydroxy-3-methyl-3butenyl) isoflavone (**261**), cajanin (**262**), taxifolin (**263**), protocatechuic acid (**264**), saccharose (**265**), and stigmasterol (**266**) were isolated from the stem bark of *F. thonningii*.

4.5.1: Yukovanol (260)

The ¹H NMR data of compound **260** (an amorphous yellow powder) (Table 4.15, Appendix 15) revealed the presence of a 1,2,3,4,5-penta-substituted benzene ring at $\delta_{\rm H}$ 5.91 (1H, s) for H-6, a 1,4-di-substituted benzene ring at $\delta_{\rm H}$ 7.37 (2H, d, J = 8.5 Hz) for H-2'/6' and 6.85 (2H, d, J = 8.5 Hz) for H-3'/5', and two oxygenated methines at $\delta_{\rm H}$ 5.02 (1H, d, J = 11.6 Hz) and 4.60 (1H, d, J = 11.6 Hz) for H-2 and H-3, respectively. Two doublet signals assignable to tertiary-methyl moieties were observed both at $\delta_{\rm H}$ 1.44 (6H, d, J = 2.4 Hz) for H-7" and H-8" and a pair of cis coupled olefinic doublets at $\delta_{\rm H}$ 6.62 (1H, d, J = 10.1 Hz) and 5.62 (1H, d, J = 10.1 Hz) for H-4" and H-5", respectively (Table 4.15). An oxygen-bearing quaternary sp³ carbon signal at $\delta_{\rm H}$ 79.5 was seen in ¹³C NMR (Table 4.15). Based on spectroscopic data, compoun **260** was recognized as a flavanonol derivative containing a 2,2-dimethyl-2*H*-pyran ring either at C-6, C-7 or C-7, C-8 (Zong et al., 2014). The B-ring's hydroxyl group was identified to be at C-4' because H-2'/6' and H-3'/5' of the B-ring had correlations with C-2 C-1' respectively, in the HMBC spectrum. Based on the HMBC correlations of H-4" and and H-5" with C-8a and C-8, respectively (Appendix 15), the 2,2-dimethyl-2*H*-pyran ring was attached to C-7 and C-8 of the A-ring. Based on the NMR (1D and 2D) results together with the reported literature (Sasaki et al., 2012), compound 260 found was to be yukovanol.



2	6	(
_	•	•

C-		260	
position	δc	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H→C)
2	85.1	5.02 d (11.6)	C-3, C-4, C-2'/6'
3	73.7	4.60 d (11.6)	C-2, C-4
4	199.2	-	-
4a	102.4	-	-
5	163.9	-	-
6	97.1	5.91 <i>s</i>	-
7	163.6	-	-
8	104.1	-	-
8a	159.2	-	-
1'	129.1	-	-
2'/6'	130.4	7.37 d (8.5)	C-2, C-4', C-2'/6'
3'/5'	116.2	6.85 <i>d</i> (8.5)	C-1', C-3'/5', C-4'
4′	159.3	-	-
4″	116.0	6.62 <i>d</i> (10.1)	C-8a, C-6″
5″	127.7	5.62 <i>d</i> (10.1)	C-8, C-6", C-7", C-8"
6″	79.5	-	-
7″	28.6	1.44 d (2.4)	C-4", C-6", C-8"
8″	28.5	1.44 d (2.4)	C-4", C-6", C-7"

Table 4.15: Compound 260 NMR data (CD₃OD, 500 MHz)

4.5.2: 5,7,4'-Trihydroxy-3'-(2-hydroxy-3-methyl-3-butenyl) isoflavone (261)

Compound **261** was found to be yellow powder. Its ¹H NMR spectrum (Table 4.16, Appendix 16) contained a characteristic signal at $\delta_{\rm H}$ 7.87 (1H, *s*) for H-2 of isoflavone. Two doublet signals of ring A were observed at $\delta_{\rm H}$ 6.37 (1H, *d*, *J* = 2.2 Hz) and 6.28 (1H, *d*, *J* = 2.2 Hz) for H-8 and H-6, respectively. Additionally, a pair of doublet signals at $\delta_{\rm H}$ 7.23 (1H, *d*, *J* = 2.3 Hz) for H-2' and 6.94 (1H, *d*, *J* = 8.3 Hz) for H-5', and a doublet of doublet signal at $\delta_{\rm H}$ 7.28 (1H, *dd*, *J* = 8.3, 2.3 Hz) for H-6' were observed. The correlations between H-2 and C-4, C-8a, and C-1', as observed in the HMBC spectrum, confirmed the isoflavone skeleton. Additional long-range correlations were found between H-8 and C-6, C-7, and C-4a. Additionally, signals at δ_{C} 18.4 (CH₃) (δ_{H} 1.83, (3H, *s*)), 38.4 (CH₂) (δ_{H} 2.86, 2.99, (2H, *dd*, *J* = 14.7, 8.8, 2.3)), 78.4 (CH-O) (δ_{H} 4.44 (1H, *m*), 111.2 (=CH₂) (δ_{H} 4.89 (2H, *s*)), and 147.2 (=C) indicated 2-hydroxy-3-methyl-3-butenyl as a side chain (Elsohly *et al.*, 2001; Li *et al.*, 2002). Using the HMBC spectrum, the side chain was attached to C-3' of the B-ring as the correlation between H-1'' and C-3' was observed. Compound **261** was found to be 5,7,4'-trihydroxy-3'-(2-hydroxy-3-methyl-3-butenyl) isoflavone on the basis of the NMR (1D and 2D) results together with the published literature (Li *et al.*, 2002).





C-		261	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}}$ (J in Hz)	HMBC (H→C)
2	153.0	7.87 s	C-4, C-8a, C-1′
3	123.5		-
4	180.9	-	-
4a	106.2	-	-
5	162.7	-	-
6	99.6	6.28 d (2.2)	C-5, C-7, C-8, C-4a
7	163.4	-	-
8	94.3	6.37 d (2.2)	C-6, C-7, C-4a
8a	158.2	-	-
1'	123.0	-	-
2'	132.5	7.23 d (2.3)	C-5', C-1', C-6', C-
			4′, C1″
3'	126.2	-	-
4'	156.7	-	-
5'	117.5	6.94 <i>d</i> (8.3)	C-1'
6'	129.4	7.28 dd (8.3, 2.3)	C-2'
1″	38.4	2.86 dd (14.7, 2.3)	C-2', C-3', C-2''
		2.99 dd (14.7, 8.8)	
2″	78.4	4.44 m	C-4", C-5"
3"	147.2	-	
4″	111.2	4.89 s	
5″	18.4	1.83 s	

Table 4.16: Compound 261 NMR data (CD₂Cl₂, 500 MHz)

4.5.3: Cajanin (262)

The ¹H NMR spectrum of compound **262** (a yellow solid) indicated the presence of six aromatic protons (Appendix 17). A characteristic signal at $\delta_{\rm H}$ 8.07 (1H, s) assignable to H-2 of isoflavone was observed. The spectrum also revealed a multiplet and doublet signals of ring A at $\delta_{\rm H}$ 6.38 (1H, m) and 6.57 (1H, d, J = 2.3 Hz) for H-6 and H-8, respectively. Additionally, a methoxy signal at $\delta_{\rm H}$ 3.89 (3H, s) was observed. A pair of multiplet signals at $\delta_{\rm H}$ 6.40 (1H, m) for H-3' and 6.36 (1H, m) for H-5', and a doublet signal at $\delta_{\rm H}$ 7.05 (1H, d, J = 8.2 Hz) for H-6' were also observed. In the HMBC spectrum (Appendix 17), the isoflavone skeleton was confirmed by the correlations of H-2 to C-3, C-4, C-8a, and C-1". The ¹³C NMR (Table 4.17) revealed a methoxy carbon signal in addition to fifteen carbon signals, six of which were methines and nine of which were quaternary carbons. The methoxy and hydroxy groups at C-7, 2' and 4' were confirmed based on the HMBC correlations. Compound 262 was identified as cajanin on the basis of the NMR (1D and 2D) results together with the published literature (Awouafack et al., 2011).



C-		262	
position	δ _C	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H \rightarrow C)
2	157.8	8.07 s	C-3, C-4, C-8a, C-1'
3	122.8	-	-
4	182.8	-	-
4a	107.1	-	-
5	163.5	-	-
6	99.3	6.38 <i>m</i>	C-5, C-7, C-8
7	167.3	-	-
8	93.2	6.57 d (2.3)	C-6, C-7, C-4a, C-8a
8a	159.7	-	-
OCH ₃	56.5	3.89 <i>s</i>	C-7
1'	110.6	-	-
2'	157.0	-	-
3'	104.2	6.40 <i>m</i>	C-1', C-4'
4'	160.3	-	-
5'	108.1	6.36 <i>m</i>	C-1′
6'	133.2	7.05 d (8.2)	C-3, C-4′

Table 4.17: Compound **262** NMR data (CD₃OD, 500 MHz)

4.5.4: Taxifolin (263)

The ¹H NMR spectrum of compound **263** (a yellow solid) (Appendix 18) indicated two meta coupled proton signals at $\delta_{\rm H}$ 5.92 (1H, d, J = 2.1 Hz) for H-6 and 5.88 (1H, d, J = 2.1 Hz) for H-8. The proton signals of ring C occurred at $\delta_{\rm H}$ 4.91 (1H, d, J = 11.5 Hz) and 4.50 (1H, d, J = 11.5 Hz) for H-2 and H-3, respectively. Ring B displayed three aromatic protons signals at $\delta_{\rm H}$ 6.85 (1H, dd, J = 8.1, 2.0 Hz) for H-2', 6.80 (1H, d, J = 8.1 Hz) for H-3' and 6.96 (1H, d, J = 2.0 Hz) for H-6' which was in the form of an ABX spin-system indicating a flavonol skeleton. The ¹³C spectrum (Table 4.18) revealed fifteen carbon signals, seven of which were methines and eight of which were quaternary carbons. Compound **263** was identified as taxifolin on the basis of the NMR (1D and 2D) results together with the published literature (Usman *et al.*, 2021).



C-		263	
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}} (J \text{ in } Hz)$	HMBC (H→C)
2	85.1	4.91 <i>d</i> (11.5)	C-3, C-4, C-1', C-2', C-
			6'
3	73.7	4.50 d (11.5)	C-2, C-4, C-1'
4	198.4	-	-
4a	101.8	-	-
5	164.5	-	-
6	97.4	5.92 d (2.1)	C-7, C-8, C-4a
7	165.3	-	-
8	96.3	5.88 d (2.1)	C-6, C-4a
8a	164.5	-	-
1′	129.9	-	-
2'	120.9	6.85 dd (8.1, 2.0)	C-6′
3'	116.1	6.80 d (8.1)	C-1', C-4', C-5'
4'	147.2	-	-
5'	146.3	-	-
6'	115.9	6.96 d (2.0)	C-1', C-2', C-4'

Table 4.18: Compound **263** NMR data (CD₃OD, 500 MHz)

4.5.5: Protocatechuic acid (264)

The ¹H NMR data (Table 4.19) of compound **264** (an amorphous whitish solid) displayed in the aromatic region, three signals at $\delta_{\rm H}$ 7.43 (1H, d, J = 1.9 Hz) for H-2, 6.77 (1H, d, J = 8.2 Hz) for H-5, and 7.41 (1H, dd, J = 8.2, 1.9 Hz) for H-6, suggesting a 1,3,4-substituted benzene ring. ¹³C NMR spectrum (Appendix 19) revealed signals at $\delta_{\rm C}$ 117.7 (CH, C-2), 145 (C, C-3), 150.9 (C, C-4), 115.6 (CH, C-5), and 123.7 (CH, C-6), corresponding to aromatic carbons. The HMBC spectrum of this compound (Appendix 19) displayed a clear correlation between the two meta-coupled protons with a signal at $\delta_{\rm C}$ 172.3, which is typical of the carbonyl group of carboxylic acid. Therefore, compound **264** was identified, on the basis of the NMR (1D and 2D) results together with the published literature (Erukainure *et al.*, 2017; Nurhamidah *et al.*, 2021) , as protocatechuic acid.


C-	264					
position	$\delta_{\rm C}$	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H→C)			
1	125.0	-	-			
2	117.7	7.43 d (1.9)	C-3, C-4, C-6, C-7			
3	145.9	-	-			
4	150.9	-	-			
5	115.6	6.77 d (8.2)	C-1, C-3, C-4			
6	123.7	7.41 dd (8.2, 1.9)	C-2, C-7			
CO	172.0	-	_			

Table 4.19: Compound 264 (CD₃OD, 500 MHz)

4.5.6: Saccharose (265)

Compound **265** was isolated as colorless crystals. The ¹H NMR (Table 4.20, Appendix 20) displayed an anomeric proton signal at $\delta_{\rm H}$ 5.40 (1H, d, J = 3.8 Hz) for H-1 which was a typical characteristic of α -*D*-glucopyranosyl moiety. Additionally, diagnostic signals typical for β -*D* fructofuranosyl moiety at $\delta_{\rm H}$ 4.20 (1H, d, J = 8.8 Hz) and 4.04 (1H, t, J = 8.6 Hz) for H-3' and H-4', respectively, were observed. Presence of α -*D*-glucopyranosyl and β -*D*-fructofuranosyl moieties were also indicated from the ¹³C NMR data by the characteristic resonances at $\delta_{\rm C}$ 92.1 (C-1) and 103.6 (C-2'), respectively (De Bruyn, 1991). The long-range correlation identified in the HMBC spectrum (Appendix 20) flanked by the signal at $\delta_{\rm H}$ 5.40 (H-1) with carbon at $\delta_{\rm C}$ 103.6 (C-2') indicated the inter-glycosidic linkage of the two monosaccharides as (1 \rightarrow 2'). Based on the foregoing data from 1D and 2D NMR, and in comparison, with the reported data, compound **265** was identified as saccharose, which was previously reported from *Echinophora platyloba* (Valizadeh *et al.*, 2014).



C-		265	
position	δ _C	$\delta_{\text{H Mult}} (J \text{ i } Hz)$	HMBC (H→C)
1	92.1	5.40 d (3.8)	C-3, C-5, C-2'
2	71.0	3.54 dd (10.0, 3.8)	C-3
3	72.5	3.75 dd (10.0, 9.1)	C-2, C-4
4	69.1	3.46 <i>t</i> (9.5)	C-3, C-5, C-6
5	72.3	3.83 m	C-6
6	60.0	3.80 <i>m</i>	C-4, C-5
1'	61.2	3.66 <i>s</i>	C-2′, C-3′
2'	103.6	-	
3'	76.3	4.20 d (8.8)	C-1', C-4', C-5'
4'	73.9	4.04 <i>t</i> (8.6)	C-3′, C-6′
5'	81.3	3.87 m	C-2', C-4', C-6'
6'	62.3	3.80 m	C-5′

Table 4.20: Compound 265 NMR data (D₂O, 500 MHz)

4.5.7: Stigmasterol (266)

The ¹H NMR data of compound **266** (a whitish powder) (Table 4.21, Appendix 21) revealed three doublet of doublets signals at $\delta_{\rm H}$ 5.34 (1H, *dd*, *J* = 5.5, 1.9 Hz) for H-6, 5.14 (1H, *dd*, *J* = 15.1, 8.6 Hz) for H-22, and 5.02 (1H, *dd*, *J* = 15.1, 8.6 Hz) for H-23, typical characteristics for steroidal skeleton and olefinic protons, respectively. The signal at $\delta_{\rm H}$ 3.52 (1H, *dd*, *J* = 11.6, 4.9 Hz) for H-3 indicated the presence of a hydroxymethine proton. Two singlet signals at 0.68 (3H, *s*) and 1.00(3H, *s*) for H-18 and H-19 were assigned to tertiary methyl groups. Two methyl doublets signals were also observed at $\delta_{\rm H}$ 1.02 (3H, *d*, *J* = 6.7 Hz) and 0.92 (3H, *d*, *J* = 6.4 Hz) for H-21 and H-26, respectively. The ¹³C NMR data (Table 4.21) data revealed 29 signals. The signals at $\delta_{\rm C}$ 140.9, 121.9, 138.5, and 129.4 corresponded to olefinic carbons at C-5, C-6, C-22, and C-23, respectively. The oxymethine carbon (C-sp³) signal for C-3 was observed at $\delta_{\rm C}$ 72.0. Based on the NMR (1D and 2D) results together with the reported literature (Ayele *et al.*, 2022), compound **266** was found to be stigmasterol.



Table 4.21: Compound 266 NMR data (CDCl₃, 500 MHz)

C-				266	
posi	tion	δ	С	$\delta_{\text{H Mult}}$ (<i>J</i> in <i>Hz</i>)	HMBC (H \rightarrow C)
1		37	'.4	1.84 <i>m</i> , 1.06 <i>m</i>	C-3, C-5, C-10
2		31	.8	1.99 m, 1.83 m	C-3
3		72	2.0	3.52 <i>tt</i> (11.6, 4.9)	C-1, C-2, C-4
4		42	2.4	2.28 m	C-3, C-5, C-6, C-10
5		140	0.9	-	-
6		12	1.9	5.34 <i>dt</i> (5.5, 1.9)	C-4, C-7, C-10
7		31	.8	1.50 <i>m</i>	C-5, C-6, C-19, C-14
8		32	2.1	1.43 m	C-9, C-13
9		50).3	0.92 <i>m</i>	-
10		36	5.6	-	-
11		21	.2	1.47 m, 1.02 m	C-10, C-13
12		39	9.9	2.01 m, 1.15 m	C-9, C-13, C-14, C-18
13		42	2.5	-	-
14		56	5.9	0.99 <i>m</i>	C-17
15		24	.4	1.84 m, 1.56 m	C-14, C-17
16		29	9.9	1.25 m	C-13, C-17
17		56	5.2	1.10 <i>m</i>	C-13, C-18, C-21, C-22
18	Me	12	2.0	0.68 <i>s</i>	C-12, C-13, C-14, C-17
19	Me	19	0.5	1.00 s	C-1, C-5, C-9, C-10
20		40).6	2.03 m	-
21	Me	21	.4	1.02 <i>d</i> (6.7)	C-14, C-20, C-23
22		13	8.5	5.14 <i>dd</i> (15.1, 8.6)	C-17, C-20, C-21, C-
•••		10	0.4		23, C-24
23		129	9.4	5.02 dd (15.1, 8.6)	C-20, C-22, C-24, C-
24		51	4	1.50	25, C-28
24		51	4	1.52 m	C-23, C-25
25	м	32	2.0	1.40 m	-
26	Me	18	5.9 N 2	0.92 d (0.4)	C-24, C-25
27	Me	19	2.2	0.81 a (8.3)	C-24, C-25, C-26
28	N	26). <i>2</i>	1.00 m	C-24, C-25
29	Me	12	2.1	0.84 <i>t</i> (8.3)	C-24

4.6: Cytotoxicity of Compounds from M. conglomerata and M. capensis

The toxicity of isolated compounds towards MCF-7 (human breast adenocarcinoma) and HepG2 (human liver cancer) cell lines was evaluated using the MTT test. These malignant cells were selected due to their prevalence and the demand for efficient and less toxic medications. For instance, the most common malignancy among women was breast cancer, responsible for 15.5 % of cancer fatalities among female patients in 2020 (Sung et al., 2021). Nevertheless, one of the most typical tumours among men is liver cancer. In 2020, it accounted for 10.4 % of overall cancer mortality in males (Ferlay *et al.*, 2021). An IC₅₀ threshold of ≤ 10 µM is considered a good cytotoxic activity for a pure compound. The activity is moderate, if $10 < IC_{50} < 50 \mu M$ (Kuete and Efferth, 2015). According to their IC₅₀ values (Table 4.22), the tested compounds showed different potency against the selected cancerous cells. Compounds 245 and 259 exhibited moderate cytotoxic potentials against the carcinoma cells under investigation with IC₅₀ values range of $13.1 - 28.2 \,\mu$ M, while compound **250** displayed activity moderately (IC₅₀ = 42.9 μ M) only against the HepG2 cell line. The IC₅₀ values for the reference drug doxorubicin were 0.69 µM (MCF-7) and 0.81 µM (HepG2). Compounds 245 and 246 are prenylated flavonoids; however, compound 245 showed the highest cytotoxicity, suggesting that its activity is enhanced by the modified geranyl group attached to ring A. All the tested compounds displayed lower cytotoxic effects on MCF-7 and HepG2 cancer cell lines compared with the reference drug (doxorubicin).

Compounds	Cytotoxicity (IC ₅₀ , µM)				
-	MCF -7	HepG2			
245	16.2	13.1			
246	81.4	56.2			
247	98.4	76.7			
248	52.6	76.7			
249	67.9	67.5			
250	89.9	42.9			
259	28.2	15.6			
Doxorubicin	0.69	0.81			

Table 4.22: Cytotoxicity of compounds isolated from M. conglomerata and M. capensis

4.7: Antibacterial Activity of Crude Extracts from Macaranga Species

The antibacterial activity of *M. conglomerata* (leaves, stem, and root), *M. Capensis* (leaves, stem, and root), and *M. kilimandscharica* (leaves, stem, and root) towards 13 micro-organisms including drug-sensitive and multidrug-resistant were evaluated (Table 4.23). All plant extracts displayed good activities with MIC values ranging from 4 to 128 µg/mL. Crude extracts from *M. capensis* showed potent activity against 13/13 bacteria tested. Most of the extracts from *M. conglomerata* and *M. Kilimandscharica* showed a large spectrum of activities against MDR phenotypes. Their inhibition potencies were observed against 12/13 (92.3%) bacterial strains. Ciprofloxacin, a standard antibiotic, was used as a reference and was effective against all bacterial strains with MICs values as low as 1 to 4 µg/mL. It is noteworthy that most of the extracts showed bactericidal effects against *E. coli, E. aerogenes, K. pneumoniae, P. stuartii, P. aeruginosa*, and *S. aureus*, with MBC/MIC ratio ≤ 4 .

When referring to crude extracts derived from plants, many authors defined the antibacterial activity to be strong when MIC is less than 100 μ g/mL, moderate when MIC is between 100 and 625 μ g/mL, and low when MIC is more than 625 μ g/mL (Kuete, 2010; Kuete and Efferth, 2010). Based on this cutoff point, all crude extracts (MIC = 4 – 128 μ g/mL) displayed strong

to moderate antibacterial activities against most bacterial strains, with the lowest MIC value recorded at 4 µg/mL. It is important to note that the activity of these plant extracts against bacterial strains was more or less the same. This led to the conclusion that the chemical compositions of all the plant materials are similar. The pronounced antibacterial activities of all the tested crude extracts could be attributed to the presence of flavonoids, stilbenes, terpenoids, and coumarins, which are the predominant phytochemicals reported from Macaranga species. These phytochemicals may be acting synergistically or additively to exert the noted strong antibacterial activities. Gram-negative bacteria of the species E. coli (ATTC10536 and AG102) and P. aeruginosa (PA01 and PA124), known for their multi-resistance to drugs, were less resistant to all crude extracts (MIC \leq 128 µg/mL). Previous reports identified Macaranga species as rich sources of prenylated flavonoids and stilbenes, many of which have biological activities (including antibacterial properties) that encompass almost the entire area of pharmacological sciences (Ngoumfo et al., 2008; Magadula, 2014).

Bacterial strains	MCPL		MCPS		MCP	R	MKL		MKS		MKR		MCL		M	CS	MCR		Ciprofl	oxacin
	MIC (MBC)	R	MIC (MBC)	R	MIC (MBC)	R	MIC (MBC)	R	MIC (MBC)	R	MIC (MBC)	R	MIC (MBC)	R	MIC (MB C)	R	MIC (MBC)	R	MIC (M BC)	R
E. coli																				
ATTC10536	16 (64)	4	16 (64)	2	4 (16)	4	32 (64)	2	32 (64)	2	16 (64)	4	128 (512)	4	8 (16)	2	16 (64)	4	1 (4)	4
AG102	32 (128)	4	32 (64)	2	4 (8)	2	128 (512)	4	16 (32)	2	16 (32)	2	16 (128)	8	8 (16)	2	64 (128)	2	1 (2)	2
E. aerogenes																				
ATCC13048	32 (128)	4	8 (64)	8	16 (32)	2	32 (64)	2	32 (128)	4	8 (32)	4	-	nd	32 (64)	2	64 (128)	2	1 (8)	8
EA27	128 (256)	2	8 (32)	4	4 (16)	4	64 (128)	2	32 (64)	2	16 (256)	16	128 (256)	2	8 (32)	4	64 (128)	2	1 (4)	4
K. pneumoniae																				
ATCC11296	32 (128)	2	32 (64)	2	8 (16)	2	16 (32)	2	8 (32)	4	8 (32)	4	32 (64)	2	8 (32)	4	128 (256)	2	2 (4)	2
KP55	32 (64)	2	16 (32)	2	8 (16)	2	64 (128)	2	32 (64)	2	8 (16)	2	16 (64)	4	16 (32)	2	-	nd	1 (1)	1
P. stuartii																				
PS2636	16 (32)	2	8 (32)	4	32 (64)	2	64 (128)	2	32 (64)	2	8 (64)	8	32 (128)	4	32 (64)	2	32 (64)	2	2 (8)	4
NEA16	16 (32)	2	16 (64)	4	8 (32)	4	-	nd	32 (64)	2	32 (64)	2	32 (128)	4	16 (64)	4	64 (128)	2	1 (4)	4
P. aeruginosa																				
PA01	32 (64)	2	32 (128)	4	32 (64)	2	128 (256)	2	16 (64)	4	16 (64)	4	128 (512)	4	32 (64)	2	64 (128)	2	4 (16)	4
PA124	64 (128)	2	32 (128)	4	32 (64)	2	128 (256)	2	32 (64)	2	16 (32)	2	32 (128)	4	16 (64)	4	64 (256)	4	2 (16)	8
S. aureus																				
ATCC25923	8 (32)	4	4 (16)	4	8 (16)	2	16 (32)	2	8 (16)	2	4 (32)	8	8 (32)	4	8 (32)	4	8 (16)	2	1 (1)	1
MRSA3	4 (16)	4	8 (32)	4	8 (64)	8	8 (16)	2	8 (16)	2	16 (32)	2	16 (64)	4	16 (32)	2	16 (32)	2	1 (4)	4
MRSA6	4 (16)	4	4 (16)	4	4 (16)	4	16 (32)	2	8 (16)	2	8 (32)	4	16 (64)	4	8 (32)	4	16 (32)	2	2 (16)	8

Table 4.23: MIC and MBC (in µg/mL) of crude extracts from Macaranga species and ciprofloxacin against a panel of 13 bacteria strains

MIC: minimal inhibitory concentration; MBC: minimal bactericidal concentration; R: MBC/MIC ratio (a sample is considered as bacteriostatic or bactericidal when R >4 or ≤ 4 respectively); (-): MIC or MBC > 512 µg/mL for crude extract; nd : not determined (as no MIC and MBC values were not observed till 512 µg/mL). MCPL: *M. capensis* leaves; MCPS: *M. capensis* stem; MCP R: *M. capensis* root; MKL: *M. kilimandscharica* leaves; MKS: *M. kilimandscharica* stem; MKR: *M. kilimandscharica* root; MCL: *M. conglomerata* leaves; MCS: *M. conglomerata* stem; MCR: *M. conglomerata* root

4.8: Antibacterial Activity of Compounds from Macaranga conglomerata

The isolated compounds from Macaranga conglomerata's stem and leaves were evaluated for their antibacterial activities against 4 bacteria, that is Staphylococcus aureus ATCC 25923, *Escherichia coli* ATCC 25922, *Pseudomonas* aeruginosa ATCC 27853 and Klebsiella pneumoniae ATCC 31488. Ciprofloxacin was used as a reference drug (Table 4.24). Compound 245 – 247 (flavonol derivatives) demonstrated broad-spectrum activities against all the tested bacteria strains (MIC = $1.0 - 500 \,\mu \text{g/mL}$), while compounds 248 - 250 only showed varying degrees of inhibitory activities against K. pneumoniae ATCC 31488 (MIC = 7.8 - 500 µg/mL) (Table 4.22). Among the isolates, compound 245 was mostly active, exhibiting potent and moderate activities (MIC = $7.8 - 62.5 \,\mu g/mL$) against all tested bacteria. Moreover, compounds 245 (MIC = $7.8 \,\mu$ g/mL) and 246 $(MIC = 1.0 \mu g/mL)$ were 2 and 16-folds more active, respectively than ciprofloxacin (MIC = $15.6 \mu g/mL$) against Gram-negative Р. aeruginosa ATCC 27853. The strong activities of compounds 245 and 246 could be attributed to their prenylated nature. It has been reported that prenylation improves lipophilic the properties of the phenolic compounds, which may be important in structure-activity relation, thereby increasing their antibacterial activities (Botta et al., 2005; Fukai et al., 2005; Eerdunbay aer et al., 2014; Kirmizibekmez et al., 2015).

The influence of prenylation can be observed when comparing the MICs values of compounds 245 - 247, all with flavonol nuclei. Compound 247 (which lacks prenylation) was found to have relatively weak/low antibacterial activity (MIC = $500 \mu g/mL$) against all the tested bacteria; therefore, it was considered inactive (Jepkoech *et al.*, 2021). Additionally, Gramnegative *K. pneumoniae* has long been recognized as a possible cause of community-acquired pneumonia. Compound **248** (MIC = $7.8 \mu g/mL$) displayed strong activity against *K. pneumoniae* ATCC 31488.

	Antibacterial Activity MIC (µg/mL)							
Compounds	<i>S. a.</i>	<i>E. c.</i>	<i>P. a.</i>	К. р.				
245	62.5	62.5	7.8	62.5				
246	250.0	125.0	1.0	500.0				
247	500.0	500.0	500.0	500.0				
248	NA	NA	NA	7.8				
249	NA	NA	NA	500.0				
250	NA	NA	NA	500.0				
Ciprofloxacin	15.6	1.0	15.6	2.0				

Table 4.24: Antibacterial activity of compounds isolated from Macaranga conglomerata

S. a. = *Staphylococcus aureus* ATCC 25923; *E. c.* = *Escherichia coli* ATCC 25922; *P. a.* = *Pseudomonas aeruginosa* ATCC 27853; *K. p.* = *Klebsiella pneumoniae* ATCC 31488; NA: Not active

CHAPTER 5: CONCLUSIONS AND RECOMMENDATIONS

5.1: Conclusions

Three *Macaranga* species (*Macaranga conglomerata*, *Macaranga capensis*, and *Macaranga kilimandscharica*) and *Ficus thonningii* were explored phytochemically in this study. The anticancer and antibacterial properties of the crude extracts and isolated compounds were investigated. The study's findings are summarized in this section.

Fifteen compounds were isolated from the three *Macaranga* species (leaves, stem/bark and roots) and characterized, among which 6 - [(2(E),7(E))-6-isopropyl-3,9-dimethyldeca-2,7,9-trienyl] kaempferol (trivially named as conglomeratin) (**245**) is novel, while 2,2'-(((propane-2,2-diylbis(4,1-phenylene))bis(oxy))bis(methylene))bis(oxirane) (**259**) has not been isolated from nature before now. Seven compounds were isolated from *Ficus thonningii*'s stem bark and characterized in which saccharose (**265**) is reported from the genus *Ficus* for the first time.

In the anticancer assay, among the evaluated compounds, compounds **245** and **259** showed the most potent cytotoxic activities against liver (HepG2) and breast (MCF-7) cancer cell lines with IC₅₀ values range of 13.1 and 28.2 μ M. When compared to the reference drug, doxorubicin, all of the compounds tested had lower cytotoxic effects on MCF-7 and HepG2 cancer cell lines.

Crude extracts from different parts of the three *Macaranga* species exhibited good antibacterial activities with MIC values ranging from $4 - 128 \mu g/mL$ against Gram-positive and Gram-negative compared with ciprofloxacin. Among the compounds evaluated, compound **245** was significantly active against *P. aeruginosa* (MIC = 7.8 $\mu g/mL$) and moderately active towards *S. aureus*, *E. coli* and *K. pneumoniae* (MIC = 62.5 μ/mL). Compound **246** showed potency against *P. aeruginosa* (MIC = 1.0 $\mu g/mL$) while **248** was selective towards *K. pneumoniae* (MIC = 7.8 $\mu g/mL$).

5.2: Recommendations

Based on the results obtained, the study suggests that:

- i. Phytochemical investigation of other parts of the studied plants should be explored, as this work resulted in isolating structurally unique compounds with potent anticancer and antibacterial properties.
- ii. To enhance the anticancer and antibacterial potency of the active metabolites, particularly the novel compound, their diverse analogues should be prepared and tested.
- iii. The isolated phytochemicals should be further evaluated for synergisms.

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APPENDICES

Appendix 1: Spectra of conglomeratin (245)

Compound 245 HRESIMS

🔀 Elemental Composition	
<u>Eile Edit View Process H</u> elp	
- BBP - M - X	
Single Mass Analysis Tolerance = 100.0 PPM / DBE: min = -1.5, max = 100.0 Element prediction: Off Number of isotope peaks used for i-FIT = 3 Monoisotopic Mass, Even Electron Ions 309 formula(e) evaluated with 38 results within limits (up to 100 closest results for each mass)	
Elements Used:	✓
Mass Calc. Mass mDa PPM DBE Formula i-FIT i-FIT Norm Fit Conf % C	н N O СІ
489.2271 489.2277 -0.6 -1.2 14.5 C30 H33 O6 47.1 4.388 1.24 30 489.2255 1.6 3.3 5.5 C24 H38 0.6 52.2 9.483 0.01 24 489.2237 3.4 6.9 10.5 C25 H33 N2 08 48.9 6.190 0.20 25 489.2207 -3.8 -7.8 14.5 C30 H34 N2 02 51.6 8.906 0.01 30 489.2309 -3.8 -7.8 14.5 C30 H34 N2 02 51.6 8.906 0.01 30 489.2316 5.3 10.8 23.5 C37 H29 0 44.6 1.937 14.41 37 489.2331 -6.0 -12.3 23.5 C36 H29 N2 44.9 2.196 11.13 36 489.2196 7.5 15.3 14.5 C35 H34	33 6 38 8 34 2 29 1 29 2 34 3 34 1 29 2
HCO 06 MS_Direct_210813_4 25 (0.143) Cm (25:31) 489	1: TOF MS ES- 3.2271 2.94e+004
%- 437.1582 453.1553 453.1553 454.1554 454.1554 454.1554 459.1549 455.1689 455.1689	490.2282 505.2214 491.2265 506.2293 506.2293 521.2106 537.2253 557.2192 601.2291 m2
370 380 390 400 410 420 430 440 450 460 470 480 For Help, press E1	490 500 510 520 530 540 550 560 570 580 590 600
r or neip, press r r	



Compound **245** ¹H NMR spectrum (CD₃OD, 400 MHz)



Compound **245** ¹³C NMR spectrum (CD₃OD, 100 MHz)

Compound **245** DEPT spectrum (CD₃OD)






f1 (ppm)

Compound **245** ¹H-¹H COSY spectrum (CD₃OD)

Compound 245 NOESY spectrum (CD₃OD)





Jun01-2021-RK-Hashim,57.ser HCO-05 • • • 0 . 10 · · 20 ,@ 30 . • **Ö**Ö 40 ۰. -9 Ó 50 • 0. <mark>،</mark>۹ ۰. 60 • • · • f1 (ppm) 70 1.1 80 6 2.14 90 **.**09 100 0 •• - 110 1. _____ ႝၜၟႜႎႝၘႜၟ 01 • 6 149 Å. 120 (· · · · · • 130 r**é** ø 140 • 0 . hund 150 8.5 7.5 7.0 6.5 4.5 2.0 1.5 0.0 8.0 6.0 5.5 5.0 4.0 3.5 3.0 2.5 1.0 0.5 f2 (ppm)

Compound 245 HSQC spectrum (CD₃OD)



Compound 245 HMBC spectrum (CD₃OD)



IR spectrum of compound **245**

UV spectrum of compound **245**



Appendix 2: Spectra of macarangin (246)

Compound 246 ¹H NMR spectrum (CD₃OD, 400 MHz)





Compound 246¹³C NMR spectrum (CD₃OD, 100 MHz)

Compound **246** ¹H-¹H COSY spectrum (CD₃OD)







Compound 246 HSQC spectrum (CD₃OD)





Appendix 3: Spectra of quercetin (247)

Compound 247 ¹H NMR spectrum (CD₃OD, 600 MHz)





Compound 247 ¹³C NMR spectrum (CD₃OD, 150 MHz)



Compound **247** ¹H-¹H COSY spectrum (CD₃OD)



Compound 247 HSQC spectrum (CD₃OD)



Compound 247 HMBC spectrum (CD₃OD)



Appendix 4: Spectra of 3,3',4-trimethoxyellagic acid (248)







Compound **248** HSQC spectrum (DMSO)



Appendix 5: Spectra of 3,3'-dimethoxyellagic acid (249)







Compound **249** ¹³C NMR spectrum (DMSO, 125 MHz)



Compound **249** ¹H-¹H COSY spectrum (DMSO)



Compound **249** HSQC spectrum (DMSO)



Compound 249 HMBC spectrum (DMSO)

Appendix 6: Spectra of 3-acetyaleuritolic acid (**250**)

Compound **250** ¹H NMR spectrum (CDCl₃, 500 MHz)



Compound **250**¹³C NMR spectrum (CDCl₃, 125 MHz)







Compound **250** ¹H-¹H COSY spectrum (CDCl₃)



Compound **250** HSQC spectrum (CDCl₃)



Compound **250** HMBC spectrum (CDCl₃)

Appendix 7: Spectra of betulin (251)

Compound 251 ¹H NMR spectrum (CDCl₃, 400 MHz)



Compound **251** ¹C NMR spectrum (CDCl₃, 100 MHz)





Compound **251** ¹H-¹H COSY spectrum (CDCl₃)





Compound **251** HMBC spectrum (CDCl₃)


Appendix 8: Spectra of scopoletin (252)

Compound 252 ¹H NMR spectrum (CDCl₃, 600 MHz)

3.2



Compound **252**¹³C NMR spectrum (CDCl₃, 150 MHz)



Compound **252** ¹H-¹H COSY spectrum (CDCl₃)

Compound **252** HSQC spectrum (CDCl₃)





Compound **252** HMBC spectrum (CDCl₃)



Appendix 9: Spectra of 8-Hydroxy-6-methoxy-3-pentyl-1*H*-isochromen-1-one (253)







Compound **253** ¹H-¹H COSY spectrum (CDCl₃)





Compound **253** HMBC spectrum (CDCl₃)



Appendix 10: Spectra of 3,3'-Di-O-methylellagic acid-4'-O-α-L-rhamnopyranoside (254)





Compound **254** ¹H-¹H COSY spectrum (DMSO)



Compound 254 HSQC spectrum (DMSO)



Compound 254 HMBC spectrum (DMSO)















Compound 255 HSQC spectrum (DMSO)



Compound 255 HMBC spectrum (DMSO)









Compounds 256 and 257 ¹³C NMR spectrum (DMSO, 150 MHz)







Compounds 256 and 257 HMBC spectrum (DMSO)

Compound 258 ¹H NMR spectrum (CDCl₃, 400 MHz)

 7.26
 COCI

 7.26
 COCI

 1.199
 3.51

 1.199
 2.02

 1.199
 2.199

 1.199
 1.199

85 8 83 83 83 82 82 69 68 67 8 8.0 7.5 5.0 4.5 4.0 3.5 3.0 f1 (ppm) Nov13-2020-MKL.12.fid — IMKR 35A IN CDCL3 2.5 0.0 7.0 6.5 5.5 3.0 2.0 1.5 1.0 0.5 6.0 5.0

Appendix 13: Spectra of β -sitosterol (**258**)

Compound **258**¹³C NMR spectrum (CDCl₃, 100 MHz)





Compound 258 ¹H-¹H COSY spectrum (CDCl₃)







Compound **259** ¹H NMR spectrum (CDCl₃, 400 MHz)









Compound **259** ¹H-¹H COSY spectrum (CDCl₃)


















Compound **260** HMBC spectrum (CD₃OD)



Appendix 16: Spectra of 5,7,4'-trihydroxy-3'-(2-hydroxy-3-methoxy-3butenyl)isoflavone (261)

















Compound 262 ¹H NMR spectrum (CD₃OD, 500 MHz)





Compound 262 ¹³C NMR spectrum (CD₃OD, 125 MHz)















Compound **263** ¹H-¹H COSY spectrum (CD₃OD)



Compound 263 HSQC spectrum (CD₃OD)

MANAN -40 Ô7 -50 -60 -70 03 -80 3 : 0 Ó 를 -90 00 -100 ÖÖ -110 6 (i) f1 (ppm) -120 0 ÔÔ O 03 -130 00 -140 ¢ 000 -150 -160 00 and a second and a second a second as a second s -170 1 -180 -190 00 -200 -210 7.1 7.0 6.9 6.8 6.7 6.6 6.5 6.4 6.3 6.2 6.1 6.0 5.9 5.8 5.7 5.6 5.5 5.4 5.3 5.2 5.1 5.0 4.9 4.8 4.7 4.6 4.5 4.4 4.3 4.2 4.1 4.0 f2 (ppm) NEO500_2022-0223_lko.163.ser — HIF 17 * 1.06mg i. 0.25ml CD3OD * HMBC * NEO500

Compound **263** HMBC spectrum (CD₃OD)





Compound 264 ¹³C NMR spectrum (CD₃OD, 125 MHz)





Compound **264** ¹H-¹H COSY spectrum (CD₃OD)





Appendix 20: Spectra of saccharose (265)

Compound 265 ¹H NMR spectrum (D₂O, 500 MHz)





104 102 100 98 96 94 92 90 88 86 84 82 80 78 76 74 72 70 68 66 64 62 60 58 f1 (ppm) NEO500_2022-0223_lko.24.fid — HIF 2 * 10mg i. 0.65ml D2O * 13C * NEO500



Compound **265** ¹H-¹H COSY spectrum (D₂O)

Mulli - 58 - 60 - 62 - 64 - 66 - 68 \bigcirc (60) \bigcirc - 70 - 72 - 74 - 76 - 78 - 80 (O) (O) 0 - 82 - 84 - 86 - 88 - 90 0 - 92 - 94 5.0 4.9 4.8 4.7 4.6 4.5 4.4 4.3 4.2 4.1 4.0 3.9 f2 (ppm) NEO500_2022-0223_lko.22.ser — HIF 2 * 10mg i. 0.65ml D2O * ed. HSQC * NEO500 3.8 5.5 5.4 3.7 5.3 5.2 5.1 5.0 3.6 3.5 3.4

Compound **265** HSQC spectrum (D₂O)



Compound **265** HMBC spectrum (D₂O)

Appendix 21: Spectra of stigmasterol (266)

Compound **266** ¹H NMR spectrum (CDCl₃, 500 MHz)



Compound **266**¹³C NMR spectrum (CDCl₃, 125 MHz)





Compound **266** ¹H-¹H COSY spectrum (CDCl₃)



Compound **266** HSQC spectrum (CDCl₃)



Appendix 22: Excerpt from the first page of publications from this thesis

Pharmacogn. Commn. 2021;11(2):119-126. A multifaceted peer reviewed journal in the field of Pharmacognosy and Natural Products

Original Article

Antibacterial Activities and Phytochemical Screening of Crude Extracts from Kenyan *Macaranga* Species Towards MDR Phenotypes Expressing Efflux Pumps

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ABSTRACT

Introduction: Macaranga species are traditionally used for the treatment and management of coughing, fungal infection, and wounds. In this study, the phytochemical screening and antibacterial activities of nine crude extracts from Macaranga conglomerata, Macaranga kilimandscharica and Macaranga capensis were determined against 13 bacterial strains expressing multi-drug resistance (MDR) phenotypes. Methods: Phytochemical screening of the extracts were carried out according to the standard methods, while the iodonitrotetrazolium chloride (INT) colorimetric assay was used to determine the minimal inhibitory concentration (MIC) and minimal bactericidal concentration (MBC) of the plants extracts. Results: Flavonoids, terpenoids, saponins and coumarins were the major secondary metabolites found in all the plant extracts. The results of antibacterial studies revealed that all the plant extracts displayed good activities with MIC values ranging from 4 - 128 µg/mL against the tested micro-organisms. Most of the extracts exhibited a bactericidal effect against E. coli, E. aerogenes, K. pneumoniae, P. stuartii, P. aeruginosa, and S. aureus with MBC/MIC ratio \leq 4. In the presence of efflux pump inhibitor (Pa β N), the inhibition potency of all the crude extracts against the tested bacterial strains were substantially enhanced. It is worth noting that the activities of MKL, MCL, and MCR towards *P. stuartii* (NEA16), *E. aerogenes* (ATCC13048), and *K. pneumoniae* (KP55), respectively were improved by more than 8-fold in the presence of PAβN. **Conclusion**: The findings of this study indicated the possibility of using all the tested plant extracts as a source of therapeutic agents in the fight against multi-drug resistant bacteria.

Key words: Macaranga capensis, Macaranga kilimandscharica, Macaranga conglomerata, Euphorbiaceae, Pathogenic microbes, Multidrug resistance.

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INTRODUCTION

The emergence and spread of multi-drug resistant (MDR) microorganisms (bacteria, fungi, viruses and protozoans) have compromised the management and/or treatment of common infections such as malaria, pneumonia, tuberculosis, measles and HIV/AIDS.¹² As a result, the costs of treatment, hospitalization time, morbidity and mortality rate are all in the rise. A high poverty index, limited access to modern health care facilities, clean water and affordable medicines as well as the gross misuse and overuse of antimicrobials, particularly in developing nations, are the contributing factors accelerating the development and spread of multi-drug resistant micro-organisms.³

The prevalence of multi-drug resistant bacteria constitutes a very big burden to both the developed and developing nations with respect to public health. These bacteria cause different classes of antibiotics to lose their effectiveness in the treatment of infectious diseases.^{4-s} thereby, resulting in high morbidity and mortality rate, in addition to the negative impact on the World's economy.^{9,10}

Due to the presence of diverse phytochemicals with multiple pharmacological potentials, medicinal plant extracts present a very good prospect in combating effectively the multi-drug resistant bacteria and potentially restore the efficacy in the management of infectious diseases using antibiotics.¹¹ There is an urgent need therefore, to continue to search for better antimicrobial agents especially of natural origin, which are not only available, but also affordable.

Macaranga genus consist of over 300 species mainly found in tropical

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Asia and New Guinea.¹² It belongs to the Euphorbiaceae family and it's a soft-wooded tree that rapidly grows to about 15 – 20 m tall.^{13,14} Seven species of *Macaranga* were reported to be native of East African forest of which *M. kilimandscharica*, *M. capensis*, *M. schweinfurthii* and *Macaranga conglomerata* are found in Kenya.¹²⁻¹⁴

The species in this genus are used traditionally in the treatments of several ailments in different parts of the world. For instance, the roots and leaves decoction of M. kilimandscharica are used, in Kenya for the treatment of bilharzia and cough, as well as stomach problems.15 M. tanarius root decoctions are used for fever relief and to suppress coughing;16 leaf extract is used for healing of wounds and relieve inflammation;17 dried root is used as an emetic agent.18 Stem and leaf decoctions of M. denticulate are used in the prevention of infections after childbirth.¹⁹ Red gum of M. indica, leaves of M. deheiculata, and young shoot of M. gigantean are used for healing wounds,20 treating jaundice,21 and treating fungal infection.²² Besides the traditional uses, crude extracts obtained from Macaranga species have been reported for diverse biological activities including anticancer,23 antibacterial,16 antiplasmodial,24 antifungal,25 and anti-inflammatory activity.26 Phytochemical studies indicated prenylated flavonoids and stilbenes as the main secondary metabolites found in the genus.14,27 Other phytochemicals including diterpenes and tannins were also reported from the genus, although few (< 10%) of the 300 species in the genus have been investigated phytochemically.14

Despite the wide-range of ethnomedicinal applications and potential pharmacological activities of *Macaranga* species reported in the



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Conglomeratin: a new antibacterial flavonol derivative from *Macaranga conglomerata* Brenan (Euphorbiaceae)

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ABSTRACT

A new prenylated kaempferol, conglomeratin (1), alongside 7 known compounds including flavonoids (2 and 3), ellagic acid derivatives (4 and 5), triterpenoids (6 and 7), and a coumarin (8) were isolated from the leaves (1 - 5) and stem bark (6 - 8) of Macaranga conglomerata. Their structures were elucidated using spectroscopic and spectrometric techniques. The antibacterial assay was performed using disc diffusion method Gram-positive against and Gram-negative microorganisms. Compound 1 was significantly active against Pseudomonas aeruginosa ATCC 27853 (MIC = $7.8 \,\mu$ g/mL) and moderately active towards Staphylococcus aureus ATCC 25923, Escherichia coli ATCC 25922 and Klebsiella pneumoniae ATCC 31488 (MIC = 62.5 µg/mL). Compound 2 showed potency against P. aeruginosa ATCC 27853 (MIC = $1.0 \,\mu\text{g/mL}$) while **4** and **7** were selective towards K. pneumoniae ATCC 31488 (MIC = 7.8 and $1.0 \,\mu$ g/mL, respectively). These findings suggest that prenylation of flavonoids may contribute to improving their broad-spectrum antimicrobial activities.



ARTICLE HISTORY

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KEYWORDS

Macaranga conglomerata; Euphorbiaceae; flavonol; antibacterial

1. Introduction

The World Health Organization has identified the rising prevalence of microbial infections, combined with increased antibiotic drug resistance, as one of the most serious

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Chemical Constituents from the Stem Bark of *Ficus thonningii* and their Chemotaxonomic Significance

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Authors' contributions

This work was carried out in collaboration among all authors. Author IH collected samples and wrote the original draft of the manuscript. Authors IH and JM carried out the experiment. Authors IH and JM performed the structure elucidation. Authors LKO, JMO and SMM managed experimental design and supervised the study. All authors read and approved the final manuscript.

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ABSTRACT

Background of the Study: Tropical plants of the *Ficus* genus (Moraceae) are among the earliest fruit trees that humans have cultivated. Since ancient times, many folk medicines have used species of this genus to treat a variety of ailments. Evidence from earlier investigations has shown these plants contain abundant secondary metabolites with a variety of structural properties and biological functions.

Place and Duration of Study: The research was carried out at the University of Nairobi (Faculty of Science and Technology, Department of Chemistry) from January to June 2022.

Aim: The study focuses on isolating and identifying secondary metabolites from the stem bark of *Ficus thonningii* Blume found in Kenya and their chemotaxonomic significance.

Methodology: Dried powdered stem bark of *Ficus thonningii* was extracted by maceration at room temperature using CH_2CI_2/CH_3OH (1:1) to yield a crude extract which was fractionated in a chromatographic column (CC) using silica gel (60 – 120 mesh) as an adsorbent eluting with

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