

Die Generierung einer kulturspezifischen Symptomskala zur Depressionsmessung

Abstract:

Abstract: Sixty-four patients attending the Kenyatta National Hospital psychiatric clinic with minor psychiatric disorders were assessed using the Enugu Somatization Scale with a view of eliciting the nature and types of somatic complaints they had. A control group of 66, 5th year medical student, was used. The average scores for the head and body symptoms were 10.9 and 22.1 for the neurotics and 0.9 and 1.5 for the controls respectively. Overall the commonest complaints among the patients were vague, the highest positive scores in order of frequency being: "What worries me is not steady." (3.7%), "parts of my body are out of order" (87.3%), "my whole body is not all right" (87.3%), "feeling various parts of the body shiver" (85.7%) and "feeling dizzy" (84.1%). The complaints were not related to age, sex, education, occupation or psychiatric diagnosis. The average scores for the Kenyan neurotic, were higher than that obtained from the Nigerian (head: 8.14; body: 15.2) and Indian neurotics (head: 8.75; body: 11.78) in previous studies. On the other hand the Kenyan controls had lower scores compared to the other 2 groups. The implication of these findings is discussed.