Abstract:

OBJECTIVE: To establish an economical, safe and effective palliative mode of treatment in cases of advanced cancer of the oesophagus. DESIGN: A retrospective study on patients with carcinoma of the oesophagus treated with endoscopic pulsion intubation. SETTING: Out-patient treatment at the author's surgery at the Hurlingham Medicare Plaza, Nairobi. SUBJECTS: Seventy three patients with a histologically confirmed diagnosis of carcinoma of oesophagus. INTERVENTION: Endoscopic pulsion intubation with endoprosthesis placement to relieve dysphagia. RESULTS: Marked improvement in dysphagia by at least two grades within six hours of intubation. No major complication or procedure associated mortality. CONCLUSION: Endoscopic pulsion intubation and very effective palliative mode of treatment in advanced cases of cancer of the oesophagus.