

## HIV/AIDS management and reproductive health services at the University of Nairobi Health Services

**T**HE UNIVERSITY HEALTH SERVICES (UHS), PROVIDES HIV AND AIDS PREVENTIVE, care and treatment services for students, staff and staff dependants. The UHS also provides treatment for sexually transmitted infections and other reproductive health services.

Speaking to Varsity Focus, the Chief Medical Officer, Dr Stephen Ochiel noted that it is important that everyone knows his or her HIV status so that those who test negative work towards protecting themselves. Those who test positive have the opportunity of being enrolled for care and treatment services early before the immune system is severely damaged by the HIV virus. In this regard, the UHS runs HIV testing and counseling (HTC). A further comprehensive care service for those living with AIDS is ongoing. Under the programme on comprehensive care, patients are provided with adherence counseling and support, medicines for prevention of opportunistic infections, antiretroviral treatment for those with AIDS and antiretroviral drugs

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for prevention of mother to child transmission.

Another service that UHS runs is condom use education and distribution. Condoms use education is provided during HIV sensitization programs in all campuses. Condoms are also available in all the campuses and efforts are being made to increase the number of condom dispensers in all the campuses.

The UHS has invested in screening for breast and cervical cancers. This has become a necessary and important service within the University community, such that, the service advises women and even men to regularly attend screening so that the problems are detected early enough.



← Bob Collymore, CEO Safaricom at Kabete Campus during the World Aids Day Celebrations.