

COMMUNITY OUTREACH PROGRAMME SCHOOL OF PUBLIC HEALTH,  
UNIVERSITY OF NAIROBI



A community outreach was carried out by MBCHB Level IV students rotating in Community Health on 15<sup>th</sup> August 2014 at Ndeiya Chiefs Camp and Rwacumari Primary school both in Ndeiya sub location both in Limuru District. The event was a culmination of General Programme exercise carried out by the students in the area the previous 2 weeks. More than 100 students participated in the exercise in the two areas. The students were accompanied by their supervisors Dr Ayah, Prof Olenja, Dr Njoroge, Mr Nyabola as well as the Director of the School Dr Ongore.

The outreach was organized into two main part namely; a feedback on the outcome of the survey on various areas of public health including environmental health, morbidity, nutrition and maternal child health. This was accompanied by health education addressing gaps encountered in the same areas. The culmination of the exercise was to provide free medical services and consultation to the villagers.

At Ndeiya Chiefs Camp, the total number of people seen and attended to was 95. At Rwacumari Primary School total number of People seen and attended to was 129.

In conclusion, the outreach was able to raise awareness on the basic medical issues, hygienic and unhygienic behavior and preventative health care. The villagers responded positively to the discussions and expressed their appreciation that an effort was being made to bring attention to such issues. All in all the medical camp according to one of the chiefs was quite successful and the turnout was quite good.