

WORKSHOP ON HIV/AIDS, ALCOHOL AND DRUG ABUSE

On the 28th of February 2015 the College of Health Sciences undertook through its performance contract targets to carry an awareness activity aimed at reducing the prevalence of alcohol and drug abuse as well as mitigate HIV/AIDS infections. In attendance during the event were College students and staff members of the University of Nairobi.

Key presenters during were Prof. Muthoni Mathai, a senior lecturer from the Department of Psychiatry, Dr. Doreen Asimba from the College of Health Sciences and Dr. Carol Odula-Obonyo a fellow at the department of Obstetrics and Gynaecology and doctor at the University Health Services. Others present during were counselors from the University Health Services.

Prof. Mathai made a presentation on "Social Media and Web based intervention for Alcohol and Drug use prevention". Her main agenda was to narrow the gap that existed in the provision of information, assessment and management of problems related to the harmful use of Alcohol and other psychoactive substances at the College of health Sciences. This was to be accomplished by developing a concept on the use of the web and social media in the intervention of drug use as a virtual prevention unit.

Dr. Doreen Asimba from the College of Health Sciences made a detailed presentation on HIV and AIDS prevention. Her main talking points were on the behaviour changes and risk reduction; Antiretroviral Therapy; HCT: Early diagnosis and Really Rx; Post exposure Prophylaxis, PMTCT and VMMC.

Dr. Carol Odula-Obonyo a fellow at the department of Obstetrics and Gynaecology made a presentation on "Reproductive Health Challenges amongst the University of Nairobi youth". During her very interactive and lively session she highlighted on definitions of terms used in reproductive health; Susceptibility to sexual advances that lead to STI's, HIV and abortion; Youth friendly services and made a recap on take out points for students specifically.

The exercise was a success as both students and staff members were made aware of the prevalence of alcohol and drug abuse as well as ways to mitigate HIV/AIDS infections.

Below are detailed presentations in word, pdf and ppt format made during the event.

A photo gallery of the event can also be viewed [here](#).