

The University of Nairobi through the office of chief Medical Officer has Organized a five day counseling and testing in the campus starting on 18th march 2015 HIV counseling and testing is an important part of HIV prevention. counseling and testing is one of the main times when a comprehensive individual risk assessment is taken, making it the best opportunity for accurate referrals to more intensive services. Counseling and testing is also one of the primary entry points into prevention and other services. Counseling and testing uses short, client-centered counseling that can be effective in increasing condom use and preventing sexually transmitted Infections Knowing one's HIV status, whether HIV- or HIV+, is key to preventing the spread of HIV and accessing counseling and medical care. This exercise entails three distinct components - risk assessment and counseling before the blood is taken, testing of the sample, and counseling and referral with the test results if necessary.