

The Department of Human Anatomy teaching and non-teaching staff climbs Mt. Longonot for a Team Building Retreat

Members of staff of the department participated in a two day team building retreat at Naivasha. During [this retreat](#), members of staff engaged in various activities aimed at building the culture of positive Channeling of energy, setting targets, keeping Focus, accommodating variant opinions, creating a culture of sharing, appreciating individual differences, humility, adopting a culture of excellence, delegation with responsibility, building trust, winning confidence, creating market loyalty and effective communication.