

## **Occupational First Aid Course Training**

Funded by Faculty of Arts, Faculty Welfare Committee planned for this training involving 24 students and 24 staff members from Faculty of Arts.

Trainers (Red Cross (Emergency Plus Medical Services):

- *Moses Muchoki*
- *Francis Mungatana*

Coordinator:

- *Dr. Masumi Odari (Literature Department)*

1<sup>st</sup> session: **Dates:** 16<sup>th</sup> to 17<sup>th</sup> May 2012

### **About Course**

This curriculum has been developed for the purpose of ensuring uniformity, consistence and standardization of the scope and content of the first aid training at workplaces.

Trainees are taught how to handle issues to do with:

1. Bleeding emergencies and Treatment of minor injuries like Nose bleeding, Arterial bleeding, Bleeding from injured veins and Internal bleeding
2. Management of amputated Fingers, Hand, Arm, Toes, Foot and Leg
3. Management of fractures e.g Neck and skull fracture, Jaw fracture, Limbs fractures, Rib fractures and Vertebral column fractures
4. Eye Injuries pertaining Foreign object in the eye, Perforation of the eye, Cut on the eye, Allergies from contact with chemicals, Contact with corrosive chemicals, Injuries due to radiation, Heat burn and Injury from a blow
5. Ear Injuries
6. Burns and Scalds including Chemical burns from corrosive chemicals, Direct burns from flame, Burns from contact with hot objects, Scalds from hot liquids and Electrical burns
7. Unconsciousness (Causes and treatment)
8. Cardio -Pulmonary Resuscitation
9. Gassing emergencies

10. First Aid to people with special problems like Asthmatic persons, Epileptic persons, Diabetic person, Hypertensive stroke and Obstetrical emergencies
11. Ingestion of corrosive and toxic substances
12. Lifting and carrying casualties
13. Precautions to be taken against contracting HIV/AIDS while giving First Aid
14. Requirements under the First Aid Rules –LN 160/1977
15. Shock (Causes and treatment)
16. Animal and insect bites
17. Emergency preparedness and response

After the end of this course, Examination and testing both written and orals/practicals are given.

2<sup>nd</sup> session: **Dates:** 6<sup>th</sup> to 8<sup>th</sup> June, 2012